

Dakota County Programs and Resources

2022



Dakota County Public Health Department
1 Mendota Road West, West St. Paul, MN 55118
651.554.6100 • www.dakotacounty.us

The Dakota County Public Health Department (DCPH) provides a broad range of services to individuals, families and communities to promote and protect the health of the residents of Dakota County. Through home visits and public health clinics, we offer prevention, early intervention and case management services to individuals and families. Population-based prevention services are available to youth and communities to promote healthy behaviors. Programs and resources highlighted below illustrate the range of the services available for individuals and families.

A [Dakota County Community Resource Guide](#) is available online.

Asthma Program

The Dakota County Asthma Program is free for children ages 0-18 who live in Dakota County and have been diagnosed with asthma. It includes up to three visits from a public health nurse. Families may be eligible to receive equipment to decrease asthma triggers.

- For information visit [Asthma Consultations | Dakota County](#) or contact Public Health Intake: 651-554-6115/ PHIntake@co.dakota.mn.us
To refer online at [Home Visits | Dakota County](#)

Child and Teen Checkups

The Child and Teen Checkups program works with families, community partners and health professionals to increase access to regular, high quality preventive medical and dental care for youth birth to age 21 who receive Medical Assistance. Staff can help find a doctor or dentist, make an appointment, find transportation, or an interpreter.

- For additional information contact the Child and Teen Checkups program at 952-891-7500 or [Child and Teen Checkups | Dakota County](#)

Family Home Visiting

The Family Health programs focus on promoting the health and well-being of families by providing home visits to support families during pregnancy, after delivery, and the first years of a child's life. Staff can provide growth and development checks for infants and children, and resources for children with special needs.

- For more information visit our [Dakota Home Visits | Dakota County](#) webpage.
To make a referral visit our website at [Home Visits | Dakota County](#)
contact Public Health Intake PHIntake@co.dakota.mn.us or call 651-554-6115

Safe and Healthy Start

Safe and Healthy Start is a Dakota County Community Services program designed to support pregnant women who are using drugs or alcohol. A team of social workers, public health nurses, mental health and chemical dependency specialists work to connect pregnant women to resources and offer support that assists them in being sober and drug-free for the safety of their unborn child.

- To make a referral contact Dakota County Children and Family Intake 952-891-7459. For additional information on the program, please contact Janell Schilman Janell.schilman@co.dakota.mn.us

Mental Health Services for Children

The Help Me Grow Program offers free evaluation, assessment and services for children with developmental concerns from birth to five years old. Services are delivered through the local school district. Automatic eligibility exists for many conditions known to hinder development. For more information or to refer visit [Refer a Child - Help Me Grow MN](#)

For questions or assistance for mental health services for children ages birth to five years with emotional or behavioral problems, please contact Cynthia Fashaw Dakota County Social Services
Cynthia.Fashaw@CO.DAKOTA.MN.US

Disease Prevention

Immunization Clinics: Free or low-cost immunizations are available for eligible children and adults at walk-in clinics and by appointment.
[Immunization Clinics | Dakota County](#)

For COVID 19 Vaccination appointments
[Prepare for Disasters & Disease Outbreaks | Dakota County](#)

Tuberculosis Testing: Mantoux (Tuberculin Skin Testing) is available at our public health clinic for a flat fee of \$20. Appointments available M-W-F mornings. Call 952-891-7999.

Radon Testing: Two out of five homes in Dakota County have radon levels above acceptable EPA guidelines. Radon test kits are available at no cost for county residents at our Western Service Center. Call 952-891-7500 to get more information on radon kit availability.
[Your Health and the Environment | Dakota County](#)

STD Resources: Visit our website for a low-cost clinic list. Knowing STD status is a critical step to stopping STD transmission.
[Sexually Transmitted Disease Testing | Dakota County](#)

Dakota County Follow Along Program

The Dakota County Follow Along Program is a free program for children age birth to 5 years. It is a great way for parents to learn how their child is talking, moving, growing, and developing. The program will assist parents in following their child's development through questionnaires completed in the home. Parents will also receive helpful information and fun activities to support their child's development. For more information and to sign up visit
[Dakota County Follow Along Program](#)

Women, Infants & Children (WIC) Program

WIC is a nutrition program that helps eligible families eat well and stay healthy. WIC offers:

- Nutrition information specific to your family's needs
- Breastfeeding education and support
- Healthy foods
- Referrals to other health and community programs

If you are pregnant, recently had a baby, or care for a child under age 5, you may qualify for WIC.

WIC eligibility is based on income level and/or participation in programs such as:

- Free or Reduced School Lunch
- SNAP (Food Stamps)
- MN Healthcare Programs-Medical Assistance, Minnesota Care
- Minnesota Family Investment Program (MFIP)
- SSI or TEFRA for the individual on these programs

For more information on Dakota County WIC visit [WIC \(Women, Infants and Children\) | Dakota County](#)
Call 952-891-7525 or
Text "dakotawic" to 85511

For more information on the WIC program, eligibility, and WIC allowed foods visit the Minnesota Department of Health WIC page at

[Women, Infants and Children \(WIC\) Program - Minnesota Dept. of Health \(state.mn.us\)](#)

Smoke Free Housing

Dakota County partners with the Association for Non-Smokers-Minnesota to increase the number of smoke-free multi-unit housing options. ANSR's Live Smoke Free program provides smoke-free housing assistance to residents, property managers and owners including presentations, resident surveys, sample policies, and promotional tools. Live Smoke Free Housing Directory: For information contact: Kjirsten Anderson 651-554-6135/ Kjirsten.Anderson@CO.DAKOTA.MN.US

[Home - Live Smoke Free \(mnsmokefreehousing.org\)](#)