

# **Mendota Heights for a Lifetime, Agenda/Notes**

Mar. 6, 2014, 630pm at City Hall

## **1. Mendota Heights for a Lifetime**

### **-Welcome, overview**

-3 new people: Paula Carey and husband; Barb Platten, Dir. of MNET Transportation

-Others in attendance: Kevin R., Mark G., Jean K., Jess L.

### **-Dakota C. Communities for a Lifetime Initiative**

## **2. Updates from last meeting**

### **-Yelva's letters**

-Mayor responded to Yelva's letters and is looking into more trash cans and considering sidewalk concerns...(Yelva was not able to attend.)

### **-Plexiglas displays?**

-John was not present; we are not sure where things are at with the idea of plastic displays; displays could also be purchased at Skyline or Office Max; as of now, we are proceeding without them.

### **-Other updates? (None.)**

## **3. Resource directories**

### **-Distribution, tracking**

-See attached Tracking Doc.

\*Question from group: Is DARTS mailing directories to MH households? Probably not (Jess)

## **4. Possible new projects**

### **-Own Your Future MN initiative; distribute long-term care guides; host presentation?**

-The group likes the OYF guide; thinks it is a good resource and likes the idea of hosting an OYF pres. at City Hall (or a local church).

-Kevin mentioned offering pres. to MH Rotary.

-Discussed distributing OYF guides to same locations as DARTS directories; also, churches could be a good place to distribute OYF guides; to start with, some were dropped off at city hall.

-Jean talked about advertising OYF initiative, resources—and possible pres. in the next Heights Highlights.

### **-CFL City Profile document idea**

-The group liked the idea of using a CFL City Profile of MH to educate the city and the public; they would like to see a draft when it is ready.

### **-CFL Taskforce idea**

-The idea of having a time-limited taskforce to meet with the city to discuss preparing MH as an age-friendly city was a something the group would like to pursue further...

-Talk with city manager about concept once draft docs. are complete (Jess).

### **-MetLife Community Report Card; How prepared is your community?**

-How could we best use this report card/checklist?

-The group supported having individuals fill out the Community Report Card to the best of their knowledge and then meet as a group to discuss it and select grades for each area.

## **6. Other discussion Topics during the meeting**

-Does MH need a community center to serve its population? It would help but not an absolute; it would be too expensive and difficult to pursue. New Neighborhood Networks could connect residents.

-Kevin expressed wanting to sit down with the City/Council and ask: Where do you see this community headed in the next 10-20 years given the demographic changes? (This could be asked at a council meeting after an update from MH for a Lifetime on our work or during the taskforce process.)

-Transportation needs were discussed; this is going to be a huge issue; a volunteer driver program could help, like ITN America where drivers can bank their contributions for future use...

-What are other cities doing to prepare for an older population? Edina, for ex.?

## **7. Next Steps**

-Colleen/DARTS will help get more directories to those that need more guides

-Jess and Jean will work on a short blurb for Heights Highlights on OYF initiative, long-term care planning

-Further explore the idea of hosting an OYF pres. (or DARTS pres. on Resources)

-More OYF guides could be brought to the next meeting for people to help distribute

-Individuals should score the MetLife Community Report Card on their own and we will score it together when we meet next time.

-Jess will continue to work on the CFL City Profile doc. for MH and pursue the Taskforce idea

-We should think more about a short update to the City Council on what MH for a Lifetime has been up to...

## **Adjourn**

-Next meeting: meet in 2 months, early May??? (Jean, can you find a date with Lorri?)

Thanks everyone! Jess