

MOUSETAIL SNACK

Makes approximately 6 snacks

INGREDIENTS

- 6 graham crackers
- 4 oz. berry cream cheese
- 3 strawberries
- 2-3 pieces of string cheese
- 2 tablespoons sunflower seeds

SUPPLIES

- small plates
- table knives
- napkins



NOTE TO GROWN-UPS

This is a simple activity where the children can create a mouse with food ingredients including strawberries. Demonstrate how to make the snack for your child by making your own mousetail snack first and showing it to your child.

DIRECTIONS



1. Invite your child to wash their hands and join you for a cooking activity.
2. Wash strawberries under running water. Remove the stem and slice in half lengthwise. Put strawberry halves in serving container.
3. Give your child a plate, a knife and a napkin.
4. Give your child one graham cracker square and one string of string cheese.
5. Invite your child to spread the graham cracker with cream cheese.
6. Then place a strawberry half on the prepared graham cracker, add the string cheese for a tail and two sunflower seeds for the ears.
7. Once finished, admire, eat and enjoy!