If you or a loved one is facing a crisis, health challenges or housing needs, we can help. **Dakota County and** community resources are available for you.



Crisis Response Unit 952-891-7171

Call 911 for life-threatening emergencies.

The Crisis Response Unit is a 24-hour crisis hotline available to all people in Dakota County. We can help you with:

- Mental health crisis support
- Family education and support
- Referrals to community resources
- Access to urgent psychiatry and therapy

Community Resources

Dakota County Public Assistance 651-554-5611

Provides food, medical, cash and emergency assistance, and child care information. Get forms at www.dakotacountv.us. search Public Assistance.

Day One Crisis Hotline

1-866-223-1111 www.dayoneservices.org

Helps people experiencing domestic violence, sexual assault or sexual violence. or human trafficking.

Southern Minnesota Regional Legal Services

1-888-575-2954 www.smrls.org

Provides free, high-quality legal help to low-income people in civil matters.

Senior Linkage Line

1-800-333-2433 www.minnesotahelp.info

Free service connecting older Minnesotans and their families with the help they need.

Disability Hub MN

1-866-333-2466 www.disabilityhubmn.org

Free service for the disabled that provides resources to help manage health, benefits, housing and more.

Veterans Linkage Line

1-888-546-5838 www.minnesotahelp.info

Free service that assists military veterans and their families in receiving state and federal benefits, and provides veterans programs such as higher education, claims and burial.



Dakota County Social Services

1 Mendota Road W. Suite 300 West St. Paul. MN 55118

Walk-in hours 8 a.m.-4 p.m. Monday-Friday





Adult Services

Crisis Support Mental Health Chemical Health Adult Protection Housing



Here to help.



Adult Services Intake

651-554-6424

Call us for information and resources about health and wellness.



Mental Health Services 651-554-6424

Adult mental health is a voluntary service available to those who qualify. We:

- Gather basic information about what you need and talk with you about your options and next steps.
- Want to hear directly from the person who needs help. If preferred, you can call or walk in with a relative or friend to support you.
- Determine your eligibility and find resources and options available to you.

Chemical Health Services

651-554-6424

Fax: 651-554-6043

For an application, visit www.dakotacounty.us, search chemical assessment.

We can help you with a chemical health assessment and treatment if you:

- Live in Dakota County
- Don't have health insurance that covers chemical dependency treatment, or your insurance plan has denied coverage
- Meet state guidelines for income and household size

An assessment includes:

- A chemical dependency/drug evaluation
- A determination of the need for chemical dependency or drug treatment

Housing

Housing Resource Line 651-554-5751

housingresource@co.dakota.mn.us

Dakota County residents can call the Housing Resource Line for information about emergency shelter, eviction prevention services, domestic violence or sexual assault resources, or community housing resources.

You may receive help to:

- Resolve the crisis
 - Prevent an eviction
 - Access emergency shelter
 - Find alternative resources
- Complete an assessment
 - If you are homeless (including living on the street or in a car) or reside in an emergency shelter, we'll help determine your ongoing needs.
- Connect to a housing opportunity
 - If you are eligible for Coordinated Entry, you will be considered for supportive housing when there is availability.

Dakota County Community Development Agency 651-675-4400

Provides housing and rental assistance programs for eligible residents.

Housing Link www.housinglink.org

Offers a way to search for affordable housing in Dakota County.



Protection

Minnesota Adult **Abuse Report Center** 1-844-880-1574

To report abuse online, visit www.dakotacounty.us, search adult protection.

Maltreatment of vulnerable adults

We protect vulnerable adults from abuse and maltreatment. Social Services investigates abuse, neglect and exploitation of vulnerable adults.

Vulnerable adults are age 18 or older and live in licensed facilities (nursing home. hospital or residential facility), receive health services at home or need help caring for themselves.

Adult maltreatment includes:

- Any harmful physical or emotional act, words or gestures
- Forced services that benefit someone else
- · Withheld food, shelter or care
- Unauthorized use of money or property

Report abuse

If you suspect a vulnerable adult has been abused or maltreated, call the Minnesota Adult Abuse Reporter Center at 1-844-880-1574.

- As the reporter, your name will be kept confidential.
- You will be asked to provide as much information as you know about the vulnerable adult, the person causing harm and the incident.

