

**DAKOTA COUNTY SOCIAL SERVICES  
RESOURCE DIRECTORY  
2010**



**Table of Contents**

| <b><u>Category</u></b>   | <b><u>Page</u></b> |
|--|--------------------|
| Help Lines & Hotlines.....   | 2                  |
| Advocacy.....  | 2                  |
| ABE/GED/GEL.....   | 2                  |
| Chemical Dependency/Gambling information.....                                  | 2                  |
| Childcare.....   | 3                  |
| Children’s Safety Center.....  | 3                  |
| Clothing.....  | 3                  |
| Community Organizations.....   | 4                  |
| Culturally Diverse Organizations.....  | 5                  |
| County Services.....   | 6                  |
| Child Protection.....  | 6                  |
| Chrysalis Center for Women.....  | 6                  |
| Disability Services.....   | 7                  |
| Divorce Education & Support.....   | 7                  |
| Domestic Violence Intervention and Treatment.....                              | 7                  |
| Anger Management Groups.....   | 7                  |
| ECFE & ECSE.....   | 8                  |
| Education/Vocation Job/Skills.....   | 8                  |
| Colleges & Technical Colleges.....   | 8                  |
| Energy Assistance.....   | 9                  |
| Fetal Alcohol.....   | 9                  |
| Father’s Resources.....  | 9                  |
| Financial (Funding Sources & Budgeting Classes).....                           | 9                  |
| Furniture.....   | 9                  |
| Food/Meals/Nutrition Education.....  | 10                 |
| GLBT.....  | 10                 |
| HeadStart.....   | 10                 |
| Housing.....   | 10                 |
| Homeless Shelters.....   | 11                 |
| Health Care (Family planning clinics, MA Clinics, Dental Options).....         | 11                 |
| Hospitals.....   | 12                 |
| Immigration Websites.....  | 13                 |
| Information and Referral.....  | 13                 |
| Legal Resources.....   | 13                 |
| Mental Health Resources (Counseling, Treatment, Websites, Support Groups)..... | 13                 |
| Mentor Programs.....   | 15                 |
| Parenting Classes, Groups, In –Home.....                                       | 15                 |
| Recreation & Enrichment.....   | 16                 |
| Sex Offender Treatment.....  | 17                 |
| Senior Services.....   | 17                 |
| State of Minnesota & Social Security.....                                      | 17                 |
| Transportation and Car Repair.....   | 17                 |

## HELP LINES & HOTLINES

|   |              |
|---|--------------|
| AA (Intergroup) <a href="http://www.aaminneapolis.org">www.aaminneapolis.org</a> .....                | 952-922-0880 |
| Al anon <a href="http://www.alanon.org/">http://www.alanon.org/</a> .....                             | 952-920-3961 |
| Emotions Anonymous <a href="http://www.emotionsanonymous.org">www.emotionsanonymous.org</a> .....     | 651-647-9712 |
| Debtors Anonymous <a href="http://www.debtorsanonymous.org">http://www.debtorsanonymous.org</a> ..... | 952-953-8438 |
| Gamblers Anonymous <a href="http://www.minnesotaga.org">minnesotaga.org</a> .....                     | 952-922-3956 |
| Gamblers Hotline <a href="http://www.miph.org/gambling">www.miph.org/gambling</a> .....               | 800-333-HOPE |
| NAMI Minnesota <a href="http://www.namihelps.org">www.namihelps.org</a> .....                         | 651-645-2948 |
| National Runaway Hotline <a href="http://www.1800runaway.org">www.1800runaway.org</a> .....           | 800-Runaway  |
| Overeaters Anonymous <a href="http://www.overeaters.org">www.overeaters.org</a> .....                 | 612-377-1600 |
| Tobacco Quit plan Helpline .....  | 888-354-7526 |

## ADVOCACY

|  |              |
|--|--------------|
| ARC Great Rivers <a href="http://thearcofminnesota.org">thearcofminnesota.org</a> .....                                    | 952-890-3057 |
| PACER <a href="http://www.pacer.org">www.pacer.org</a> .....   | 952-838-9000 |
| Minnesota Children with Special Needs <a href="http://www.health.state.mn.us/mcshn">www.health.state.mn.us/mcshn</a> ..... | 800-728-5420 |
| Minnesota Attorney General <a href="http://www.ag.state.mn.us">http://www.ag.state.mn.us</a> .....                         | 651-296-3353 |
| Better Business Bureau <a href="http://www.mnd.bbb.org">www.mnd.bbb.org</a> .....  | 651-699-1111 |
| Ombudsman for MH & MR .....  | 651-757-1800 |
| National Alliance for the Mentally Ill <a href="http://www.nami.org/naminn">www.nami.org/naminn</a> .....                  | 651-645-2948 |



## ABE/GED/ESL

|   |                           |
|---|---------------------------|
| Apple Valley/Rosemount/Eagan <a href="http://www.district196.org">www.district196.org</a>   |                           |
| Rahncliff Learning Center .....   | 651-683-8585              |
| Grace Lutheran Church Apple Valley .....  | 952-431-8316              |
| Burnsville/Eagan/Savage <a href="http://www.communityed191.org">www.communityed191.org</a> .....                                      | 952-707-4125              |
| Farmington (Dakota Prairie ABE) <a href="http://www.farmington.k12.mn.us">www.farmington.k12.mn.us</a> .....                          | 651-463-5077              |
| Hastings ABE <a href="http://www.hastings.k12.mn.us">www.hastings.k12.mn.us</a> .....   | 651-438-0742              |
| Lakeville Area Learning Center <a href="http://www.ISD194.k12.mn.us">www.ISD194.k12.mn.us</a> .....                                   | 952-232-2096              |
| Randolph <a href="http://www.randolph.k12.mn.us">www.randolph.k12.mn.us</a> .....   | 507-645-4773/507-263-2151 |
| South Suburban ABE/GED (WSP/SSP/IGH) <a href="http://www.sspps.org/www.comed.isd197.org">www.sspps.org/www.comed.isd197.org</a> ..... | 651-457-9441              |

## CHEMICAL DEPENDENCY, GAMBLING TREATMENT CENTERS



### MA Health Plan CD SERVICES

|   |              |
|---|--------------|
| <i>Blue Plus (Behavioral Health at Blue Cross Blue Shield)</i> .....                                      | 651-662-5548 |
| <i>Health Partners</i> .....  | 952-883-5811 |
| <i>Medica (United Behavioral Health)</i> .....  | 800-848-8327 |
| <i>MHP (Behavioral Healthcare Providers)</i> .....  | 763-525-9919 |
| <i>UCARE (Behavioral Health Care Providers)</i> .....   | 763-525-9919 |
| African American Family Services <a href="http://www.aafs.net/index.asp">www.aafs.net/index.asp</a> ..... | 612-871-7878 |
| Anthony Lewis (Adolescent out-Patient) .....  | 952-890-8879 |
| Anthony Lewis Center – Burnsville (Day Treatment) .....   | 952-890-8879 |
| Associated Clinic of Psychology <a href="http://www.acp-mn.com">www.acp-mn.com</a> .....                  | 651-450-0860 |
| Avalon Programs .....   | 651-454-2833 |
| Chrysalis - Center for Women <a href="http://www.tubman.org">www.tubman.org</a> .....                     | 612-871-0118 |

|   |                           |
|---|---------------------------|
| CLUES (Chicanos, Latinos Unidos En Servicio) <a href="http://www.clues.org">www.clues.org</a> .....                     | 651-379-4200              |
| Dakota County Chemical Dependency Intake (Rule 25).....   | 651-554-6000              |
| <i>Walk-In Hours - M, T, Th, F at the NSC 8:00a.m.</i>  |                           |
| <i>First Come First Served</i>  |                           |
| <i>For persons with no insurance, straight MA, or low income</i>  |                           |
| Dakota Treatment Center <a href="http://www.methadonetreatment.com">www.methadonetreatment.com</a> .....                | 952-890-4480              |
| DARTS <a href="http://www.darts1.org">www.darts1.org</a> .....  | 651-455-1560              |
| Eagan Counseling Clinic <a href="http://www.eagancounseling.com">www.eagancounseling.com</a> .....                      | 651-454-0114              |
| Fairview Recovery Center –Burnsville <a href="http://www.fairview.org">www.fairview.org</a> .....                       | 952-892-2510              |
| Hazelden Center – Plymouth (youth tx) <a href="http://www.hazelden.org">www.hazelden.org</a> .....                      | 763-509-3800/800-257-7800 |
| Hispanos en Minnesota.....  | 651-227-0831              |
| Journey Counseling Services.....  | 651-460-8085              |
| Lao Family Community of MN <a href="http://www.laofamily.org">www.laofamily.org</a> .....                               | 651-221-0069              |
| Meth Support Network for Family & Friends (Neighbors, Inc.) .....   | 651-306-2153              |
| Minnesota Teen Challenge <a href="http://www.mntc.org">www.mntc.org</a> .....   | 612-373-3366              |
| New Connections (Hastings).....   | 651-480-1180              |
| Options, Community Drug and Alcohol Services, Inc.....  | 952-564-3000              |
| Sobriety High Dakota Campus <a href="http://www.sobrietyhigh.org/">http://www.sobrietyhigh.org/</a> .....               | 952-831-7138              |
| Ramsey County Detox (Dakota County uses this one) .....   | 651-266-4009              |
| River Ridge – Burnsville <a href="http://www.riverridgetreatmentcenter.com">www.riverridgetreatmentcenter.com</a> ..... | 952-894-7722              |
| Tapestry Treatment Center <a href="http://www.meridiannetwork.com">www.meridiannetwork.com</a> .....                    | 651-489-7740              |

**Gambling**

|  |              |
|--|--------------|
| Gamblers Alternatives (Associated Clinic of Psychology) <a href="http://www.acp-mn.com">www.acp-mn.com</a> ..... | 612-929-6115 |
| Gamblers Relief <a href="http://www.gamblersrelief.com">www.gamblersrelief.com</a> .....                         | 952-224-2990 |
| Susan Johnson .....  | 612-802-8500 |
| Minnesota Problem Gambling Helpline.....   | 800-333-HOPE |



**CHILD CARE**

|   |              |
|---|--------------|
| Dakota County Child Care Assistance (E&EA).....   | 651-554-5611 |
| <i>*Each School District often has School Age Care for before and after school (SAC)</i>      |              |
| Resources for Child Caring <a href="http://www.mnchildcare.org">www.mnchildcare.org</a> ..... | 651-641-0332 |

**CHILDREN’S SAFETY CENTERS**

|  |              |
|--|--------------|
| Children’s Safety Centers <a href="http://www.childrensafetycenters.org">www.childrensafetycenters.org</a> ..... | 651-774-4990 |
| <i>*Supervised Visitation &amp; Supervised drop off and pick up St. Paul &amp; Lakeville Locations</i>           |              |
| Children’s Home Society & Family Services.....   | 651-641-1300 |
| <i>*24 hour parent support and phone counseling</i>  |              |

**CLOTHING**

|   |                           |
|---|---------------------------|
| CAP Agency Thrift Store – Shakopee <a href="http://www.capagency.org/pages/thriftshop">www.capagency.org/pages/thriftshop</a> ..... | 952-402-9878              |
| CHAP Value Store – Burnsville <a href="http://www.chapvaluestore.com">www.chapvaluestore.com</a> .....                              | 952-890-8222              |
| Community Clothes Closet (Hosanna Church) <a href="http://www.hosannalc.org">www.hosannalc.org</a> .....                            | 952-435-3332              |
| Goodwill <a href="http://www.goodwilleasterseals.org">www.goodwilleasterseals.org</a> .....   | 952-953-4410/651-451-2014 |
| Hastings Family Service <a href="http://www.famserve.org">www.famserve.org</a> .....  | 651-437-7134              |
| Mission Outpost (Prince of Peace Church) <a href="http://www.princeofpeaceonline.org">www.princeofpeaceonline.org</a> .....         | 952-898-9311              |
| Neighbors Clothes Closet (South St. Paul) <a href="http://www.neighborsmn.org">http://www.neighborsmn.org</a> .....                 | 651-455-1508              |
| Once Upon a Child Burnsville (for profit consignment shop) <a href="http://www.ouac.com">www.ouac.com</a> .....                     | 952-432-8802              |

Ready for Success (Professional work clothes, need SW referral)..... 612-872-1509

## COMMUNITY ORGANIZATIONS

360 Communities (Formerly known as the Community Action Council)  
[www.communityactioncouncil.org](http://www.communityactioncouncil.org).....952- 985-5300

20730 Holyoke Ave.

PO Box 1256

Lakeville, MN 55044-1256

Open - 24 hours a day

Lewis House: 651-437-1291 (Hastings)

Fax: 952-985-4015 TTY: 952-985-4077

*\*Call 952-985-5300 - 24 hours a day – for services to help people in crisis get back on their feet, including:*

- *Emergency food shelves in Dakota County*
- *Lewis House – 24 hour domestic abuse safe shelters in Eagan and Hastings*
- *Partners for Success™ Family Support Workers in 36 schools in six Dakota County school districts*
- *Neighborhood-based family support services throughout Dakota County*
- *Domestic Violence outreach and education services*
- *Sexual Assault Services – 24 hour crisis service*
- *Family Mentoring*
- *Armful of Love – holiday meals and gifts to families in need – 952-985-4090x 5050*
- *Dakota Healthy Families – home visiting service to prevent child neglect and abuse for newborns*
- *Violence Prevention Education*
- *Volunteer opportunities*

CAP Agency Dakota County [www.capagency.org/](http://www.capagency.org/) .....651-322-3500

**\* Please note: Those programs in italics also serve families in Dakota County**

- |  |   |
|--|---|
| • <i>Head Start</i>                              | • WIC                                   |
| • <i>EAP (Energy Assistance Program)</i>         | • Emergency Food Shelf                  |
| • <i>Senior Dining</i>                           | • Holiday Project                       |
| • Emergency Services (other than food)           | • Thrift Shop (Clothing)                |
| • Furniture Donations/Referral                   | • <i>Housing Programs</i>               |
| • Child Care Resources & Referrals               | • Meals on Wheels                       |
| • <i>Weatherization</i>                          | • FAIM                                  |
| • <i>Getting There Program (Vehicle Program)</i> | • <i>Dakota County Healthy Families</i> |

Children’s Home Society & Family Services [www.chsfs.org](http://www.chsfs.org) .....651-641-1300

Financial Counseling and Homeownership Counseling  
 Domestic Violence and Anger Management Classes

Hastings Family Service [www.hastingsfamilyservice.org](http://www.hastingsfamilyservice.org) .....651-437-7134

108 East Second Street

Hastings, MN 55033

- |                          |  |
|--------------------------|--|
| • <i>Clothes Closet</i>  | • <i>Emergency Assistance Referrals</i>                          |
| • <i>Meals On Wheels</i> | • <i>School Assistance (School Supplies, Emergency Supplies)</i> |
| • <i>Furniture Bank</i>  | • <i>Holiday Assistance</i>                                      |
| • <i>Travelers Aid</i>   | • <i>Just Friends Volunteer Program</i>                          |
| • <i>Food Shelf*</i>     |  |

Neighbors Inc. [www.neighborsmn.org](http://www.neighborsmn.org) ..... 651-455-1508/651-455-0447  
 218-13<sup>th</sup> Avenue South

- South St Paul, MN 55075
  - Clothes Closet
  - Used Furniture
  - Emergency Food
  - Welcome Neighbor
  - Special Friends  
(Volunteers 1:1)
  - Come As You Are  
(services for disabled individuals)
  - Telephone Reassurance
  - Sharing and Caring (Support)
  - Youth Chore Service
  - Transportation
  - Love Your Neighbor (Holiday project)
  - MAC (Mothers and Children): S. St. Paul, W. St. Paul, Mendota Heights, Inver Grove Heights, Mendota, Mendota Heights, Lilydale or Sunfish Lake Phone: (651) 484-8241
- Salvation Army [www.thesalarmy.com](http://www.thesalarmy.com) .....651-322-3510  
 2496 - 145th Street West  
 Rosemount, MN 55068
  - Housing
  - Utility Payments
  - Groceries
  - Assistance for fire & disaster victims
  - Emergency Lodging
  - Diapers
  - Medications
  - Emergency Car Repair
  - School Supplies
  - Coats for Kids
  - Toy Shop
  - Transient Aid
  - Heat Share
  - MN Vision Project

**CULTURALLY DIVERSE SERVICES**

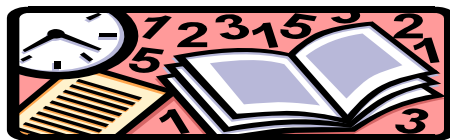
2008 Health Resources Directory for Diverse Cultural Communities  
[www.health.state.mn.us/divs/idepc/refugee/directory.html](http://www.health.state.mn.us/divs/idepc/refugee/directory.html)

- African American Family Service Inc [www.aafs.org](http://www.aafs.org) .....612-813-0782
- American Indian Family and Children Services [www.aifacs.org](http://www.aifacs.org) .....651-223-8526
- Ain Dah Yung Center (Native American Youth) [www.aindahyung.com](http://www.aindahyung.com) ..... 651-632-8923
- Asian Women United of Minnesota (Domestic Violence) [www.awum.org](http://www.awum.org)... .....612-724-8823
- Center for Asians and Pacific Islanders [www.capiusa.org](http://www.capiusa.org) .....612-721-0122
- Community-University Health Care Center (CUHCC) <http://www.ahc.umn.edu/CUHCC/>  
 ..... 612-638-0799
- CAC New Americans Program [www.communityactioncouncil.org](http://www.communityactioncouncil.org).....952-985-5300
- Casa de Esperanza [www.casadeesperanza.org](http://www.casadeesperanza.org) .....  
 Crisis: .....651-772-1611  
 Business: .....651-646-5553
- Centro Legal [www.centro-legal.org](http://www.centro-legal.org) ..... 651-642-1890
- CLUES [www.clues.org](http://www.clues.org) ..... 651-379-4200/612-746-3500
- Division of Indian Work [www.maicnet.org](http://www.maicnet.org).....612-879-1700
- Face to Face health and Counseling Service Inc. (GLBT) [www.face2face.org](http://www.face2face.org).....651-772-5555
- Eftin (Somali and Latino immigrant communities in Dakota county) [www.eftin.org](http://www.eftin.org) .. 952-435-7404
- Family and Children’s Services [www.fcsmn.org](http://www.fcsmn.org) .....612-728-2067
- Guadalupe Alternative Program [www.gapschool.org](http://www.gapschool.org).....651-222-0757
- Hmong American Partnership [www.hmong.org](http://www.hmong.org)... .....651-495-9160
- International Institute of MN [www.iimn.org](http://www.iimn.org). .....651-647-0191
- Lao Assistance Center (Laotian &SE Asian) [www.laocenter.org](http://www.laocenter.org).....612-374-4967
- Lao Family Community of Minnesota r (St. Paul) [www.laofamily.org](http://www.laofamily.org) (Hmong Resource)  
 ..... 651-221-0069
- La Familia [www.Lafamiliaguidance.org](http://www.Lafamiliaguidance.org) .....651-221-0913
- Life Long Mentoring Services ... .....612-821-2394
- La Oportunidad Inc. [www.oportunidad.org](http://www.oportunidad.org) .....612-872-6165
- Morning Start Home Health Care, Inc. (PCA agency with Multilingual staff)... .....651-209-2950
- Minneapolis American Indian Center [www.maicnet.org](http://www.maicnet.org) .....  
 MN Advocates for Human Rights [www.mnadvocates.org](http://www.mnadvocates.org) .....612-341-9845
- Neighborhood House [www.neighb.org](http://www.neighb.org).....651-789-2500

|   |              |
|---|--------------|
| Simply Good Eating Program (Extension Services).....  | 651-480-7735 |
| Southern MN Regional Legal Services (SMRLS) <a href="http://www.smrls.org">www.smrls.org</a> .....                                  | 952-402-9890 |
| Storefront Group (Mosaic Program) <a href="http://www.storefront.org">www.storefront.org</a> .....                                  | 612-861-1675 |
| Tarek ibn Ziyad Academy <a href="http://www.tizacademy.com">www.tizacademy.com</a> (Arabic Language charter school in IGH)<br>..... | 651-457-7072 |

**CHILD PROTECTION INTAKE**

|                 |                       |              |
|-----------------|-----------------------|--------------|
| Anoka.....      | Fax-763-422-6987..... | 763-422-7125 |
| Hennepin.....   | Fax-612-348-9095..... | 612-348-3552 |
| Ramsey.....     | Fax-651-266-3715..... | 651-266-4500 |
| Rice.....       | Fax-507-332-6247..... | 507-332-6115 |
| Scott.....      | Fax-612-332-6247..... | 952-445-7751 |
| Washington..... | Fax-651-430-6605..... | 651-430-6457 |



**COUNTY SERVICES**

|  |                           |
|--|---------------------------|
| Apple Valley Family Court.....               | 952-891-7256              |
| Crisis Response Unit (CRU).....              | 952-891-7171              |
| Child Support ... ..                         | 651-554-5909              |
| Child Care Assistance.....                   | 651-554-5611              |
| Community Corrections.....                   | 651-438-8288              |
| Court -Hastings Information.....             | 651-438-8100              |
| Developmental Disabilities (DD).....         | 651-554-6000              |
| Economic Assistance (E&EA and MA).....       | 651-554-5611              |
| Medical Assistance                           |                           |
| Day Care Assistance                          |                           |
| MFIP   |                           |
| Emergency Assistance                         |                           |
| Child Support                                |                           |
| Workforce Center                             |                           |
| <i>Walk In Hours 8-9:45 Monday-Friday</i>    |                           |
| Guardian Ad Litem program.....               | 651-544-6231              |
| Housing (SHU).....                           | 651-554-5611              |
| Jail (lock down 10:30 am until 1:00 pm)..... | 651-438-4800              |
| Juvenile Services Center (JSC).....          | 651-438-4970/651-438-8399 |
| Public Health WSC.....                       | 952-891-7500              |
| Public Health Intake.....                    | 651-554-6115              |
| Public Health NSC.....                       | 651-554-6100              |
| Sheriff.....                                 | 651-438-4700              |
| <b>Social Services WSC.....</b>              | <b>952-891-7400</b>       |
| WIC.....                                     | 952-891-7525              |
| Workforce (NSC).....                         | 651-554-5611              |

**CHRYSALIS CENTER FOR WOMEN**

[www.tubman.org](http://www.tubman.org)  
 4432 Chicago Avenue South  
 Minneapolis, MN 55407  
 612-871-0118

|               |                     |
|---------------|---------------------|
| Mental Health | Education & Support |
|---------------|---------------------|

|   |  |
|---|--|
| Chemical Health<br>Resource Referral<br>Divorce Education | Legal Assistance<br>Volunteer Opportunities<br>Child Care & Short-Term Child Care for On-Site Moms |
|---|--|

**DISABILITY SERVICES**

[www.atmatch.com](http://www.atmatch.com)

*Online eBay-style marketplace where donors and sellers can locate buyers for a wide range of assistive technology and durable medical products. Also provides links to regional and national resources in a variety of related fields.*

[www.admin.state.mn.us/assistivetechology](http://www.admin.state.mn.us/assistivetechology)

*Assistive technology and equipment re-use programs*

The Lazarus Project [www.lazarusprojectmn.org](http://www.lazarusprojectmn.org) .....763-519-1197



**DIVORCE EDUCATION, SUPPORT & MEDIATION SERVICES**

Chrysalis Center for Women [www.tubman.org](http://www.tubman.org).....612-871-0118

Erickson Mediation [www.ericksonmediation.com](http://www.ericksonmediation.com)..... 952-835-3688

Mediation Center for Dispute Resolution .....651-523-2610

Resource Center for Fathers and Families [www.resourcesforfathers.org](http://www.resourcesforfathers.org).....763-783-4938

The Storefront Group (classes & programs) [www.storefront.org](http://www.storefront.org) .....612-861-1675

Parents Forever Classes (U of M Extension)..... 651-748-7295

*\*See legal section of this directory also.*

[www.ourfamilywizard.com](http://www.ourfamilywizard.com)

*Web site used to help divorced families communicate regarding children’s schedules, etc.*

Child custody forms [www.courts.state.mn.us](http://www.courts.state.mn.us)

Dakota County Family Court Self-Help Center.....651-438-8102

*Free legal advice for Dakota County residents who are going through family court but do not have a lawyer. Free 30-minute consultation.*

**DOMESTIC VIOLENCE INTERVENTION AND TREATMENT**

Asian United Crisis Line & House of Peace Woman’s Shelter .....612-724-8823

Casa de Esperanza [www.casadesperanza.org](http://www.casadesperanza.org) . .....651-772-1611

CAC Sexual Assault Advocate [www.communityactioncouncil.org](http://www.communityactioncouncil.org) .....651-452-7466

CAC Sexual Assault Services Hotline .....651-405-1500

Children’s Home Society & Family Services [www.chsfs.org](http://www.chsfs.org) .....952-432-4145

Chrysalis [www.tubman.org](http://www.tubman.org) .....612-871-0118

Cornerstone [www.cornerstonemn.org](http://www.cornerstonemn.org) .....

Harriet Tubman Shelter [tubman.org](http://tubman.org) .....612-825-3333

Lewis House Shelters and Outreach (CAC) [www.communityactioncouncil.org](http://www.communityactioncouncil.org) .....651-437-1291/651-452-7288

Dakota County Order For Protection Info Line.....952-985-1200

Outfront (Same sex DV) [www.outfront.org](http://www.outfront.org)..... 612-824-8434

Womankind (Ridges Hospital) ... .....952-892-2505

**ANGER MANAGEMENT/ THERAPY/GROUPS**

ACP (Anger Management Asmnt and Groups) [www.acp-mn.com](http://www.acp-mn.com) Dave Schmidt .....651-450-0860

Children’s Home Society [www.chsfs.org](http://www.chsfs.org) .....952-432-4145

Domestic Abuse Project [domesticabuseproject.org](http://domesticabuseproject.org) .....612-874-7063

Resource Center for Father’s and Families [www.resourcesforfathers.org](http://www.resourcesforfathers.org).....763-783-4938

Ron Petig (Anger Management) .....952-431-1515  
 Men’s Center (Minneapolis) [www.tcmc.org](http://www.tcmc.org) .....612-822-5892



**ECEC/ECSE**  
**(Early Childhood Family Education & Special Education)**

ECFE ISD 196 - Apple Valley/Eagan/Rosemount [www.district196.org](http://www.district196.org).....952-431-8340  
 ECSE ISD 196 ..... 952-431-8700  
 ECFE ISD 191- Eagan/Burnsville/Savage [www.communityed191.org](http://www.communityed191.org) .....952-707-4150  
 ECSE ISD 191 ..... 952-707-4052  
 ECFE ISD 192 - Farmington [www.farmington.k12.mn.us](http://www.farmington.k12.mn.us) ..... 651-460-3200  
 ECSE ..... 651-463-5066  
 ECFE ISD 200 - Hastings [www.hastings.k12.mn.us](http://www.hastings.k12.mn.us) .....651-480-7000  
 ECFE ISD 199 - IGH [www.sspps.org](http://www.sspps.org) .....651-457-9418  
 ECFE ISD 195 – Randolph [www.randolph.k12.mn.us](http://www.randolph.k12.mn.us) .....507-263-2151  
 ECFE ISD 194 – Lakeville.....651-403-8313  
 ECSE..... 952-469-7191  
 ECFE ISD 6 - South St. Paul [www.sspps.org](http://www.sspps.org) .....651-438-0880  
 ECSE age 3-5 .....651-457-9496  
 ECSE Ages 0-3 .....651-306-3606  
 ECFE ISD 197 West St. Paul [www.comed.isd197.org](http://www.comed.isd197.org) .....651-405-2638  
 Inter Agency Early Intervention Committee of Dakota County .....651-554-6115



**EDUCATION/VOCATION/JOB SKILLS**

Hubert H. Humphrey Job Corps [huberthumphrey.jobcorps.gov/home.aspx](http://huberthumphrey.jobcorps.gov/home.aspx) .....651-642-1133  
 Minnesota Job Bank [www.mnworkforcecenter.org](http://www.mnworkforcecenter.org) .....651-259-7114  
 Minnesota Workforce Centers [www.mnworkforcecenter.org](http://www.mnworkforcecenter.org) .....800-438-5627  
 SOAR [www.mnsoar.com](http://www.mnsoar.com).....952-432-8190  
 Tree Trust [www.treetrust.org](http://www.treetrust.org) .....651-644-5800  
 Twin Cities Help Wanted [www.twincitieshelpwanted.com](http://www.twincitieshelpwanted.com)  
 Woman Venture [www.womenventure.org](http://www.womenventure.org) .....651-646-3808

**Employment for Persons with Disabilities**

Courage Center Vocational Services [www.courage.org](http://www.courage.org).....763-520-0564  
 Chrestomathy of Dakota County [www.chrestomathyinc.org/directionscdc.htm](http://www.chrestomathyinc.org/directionscdc.htm) .....952-882-9105  
 Life Works [www.lifeworks.org](http://www.lifeworks.org) .....651-686-0405  
 Minnesota Rehabilitation Services-Work Force Center West St. Paul .....651-554-5955  
 Midwest Special Services (DT&H) [www.mwsservices.org](http://www.mwsservices.org) .....651-454-9010  
 Minnesota Life College (adult disabilities) [www.mnlifecollege.org](http://www.mnlifecollege.org) .....612-869-4008  
 Outreach Services for Minnesota, Inc. [www.outreachservices.com](http://www.outreachservices.com) .....  
 ProACT [www.proactinc.org](http://www.proactinc.org).....651-686-0405

**COMMUNITY COLLEGES AND TECHNICAL COLLEGES**

Dakota County Technical College [www.dctc.mnscu.edu](http://www.dctc.mnscu.edu) .....651-423-8000/877-937-3282  
 Hennepin County Technical College [www.hennepintech.edu](http://www.hennepintech.edu) .....952-995-1300

|   |                           |
|---|---------------------------|
| Inver Hills Community College <a href="http://www.inverhills.edu">www.inverhills.edu</a> .....              | 651/-450-8500             |
| Metropolitan State University & other state colleges <a href="http://www.mnscu.edu">www.mnscu.edu</a> ..... | 651-296-8012/888-667-2848 |
| Minneapolis Technical College <a href="http://www.mctc.mnscu.edu">www.mctc.mnscu.edu</a> .....              | 612-659-6000              |
| Normandale Community College <a href="http://www.normandale.mnscu.edu">www.normandale.mnscu.edu</a> ..      | 952- 487-8210             |
| St. Paul Technical College <a href="http://www.saintpaul.edu">www.saintpaul.edu</a> .....                   | 651/846-1600              |
| University of Minnesota <a href="http://www1.umn.edu">www1.umn.edu</a> .....                                | 612-625-5000              |



**ENERGY ASSISTANCE**

|  |  |
|--|--|
| CAC <a href="http://www.communityactioncouncil.org">www.communityactioncouncil.org</a> .....                   | 952-985-5300                             |
| CAP Agency <a href="http://www.capagency.org">www.capagency.org</a> .....                                      | 651-322-3500                             |
| Hastings Family Service <a href="http://www.hastingsfamilyservice.org">www.hastingsfamilyservice.org</a> ..... | 651-437-7134                             |
| Heat Share (Salvation Army) <a href="http://heatshare-mn.org">heatshare-mn.org</a> .....                       | 612-789-2858                             |
| Neighbors Inc <a href="http://www.neighborsmn.org">www.neighborsmn.org</a> .....                               | 651-455-1508                             |
| St. Paul Foundation <a href="http://www.saintpaulfoundation.org">www.saintpaulfoundation.org</a> .....         | <b>SW access only</b> ..... 651-224-5463 |

**FATHER’S RESOURCES**

|   |                           |
|---|---------------------------|
| Father’s Adoption Registry <a href="http://www.health.state.mn.us/divs/chs/registry/top.htm">www.health.state.mn.us/divs/chs/registry/top.htm</a> ..... | 651-201-5994/888-345-1726 |
| MELD - Young Dads Program 15-25 <a href="http://www.meld.org">www.meld.org</a> .....  | 612-332-7563              |
| Memorial Blood Centers (Paternity Testing).....   | 612-871-3300              |
| Men’s Line <a href="http://www.themenscenter.com">www.themenscenter.com</a> .....   | 612-379-6367              |
| Resource Center for Father’s and Families <a href="http://www.resourcesforfathers.org">www.resourcesforfathers.org</a> .....                            | 763-783-4938              |
| Young Fathers Program (Wade Johnson).....   | 651-486-2881 ext. 217     |

**FETAL ALCOHOL**

|  |              |
|--|--------------|
| Thunder Spirit Center-Chrysalis <a href="http://www.tubman.org">www.tubman.org</a> ..... | 612-871-0118 |
| U of M Pediatric Specialty Clinics Dr. Pinian Chang.....                                 | 612-626-6777 |



**FINANCIAL (BUDGETING, CLASSES)**

|  |              |
|--|--------------|
| CAC Ways to work Program <a href="http://www.communityactioncouncil.org">www.communityactioncouncil.org</a> .....          | 952-985-4050 |
| Chrysalis <a href="http://www.tubman.org">www.tubman.org</a> .....   | 612-871-0118 |
| Dakota County Extension Service (budgeting) ....   | 651-480-7700 |
| Family Means-Consumer Credit Counseling Program <a href="http://www.familymeans.org">www.familymeans.org</a> .....         | 651-439-4840 |
| Hastings Family Service <a href="http://www.famserve.org">www.famserve.org</a> .....                                       | 651-437-7134 |
| Hunger Solutions MN <a href="http://www.hungersolutions.org">www.hungersolutions.org</a> .....                             | 651-486-9860 |
| Mothers and Children Food Program (MAC) <a href="http://www.ceap.com/family/mac.php">www.ceap.com/family/mac.php</a> ..... | 651-484-8241 |
| Neighbors South Saint Paul <a href="http://www.neighborsmn.org">www.neighborsmn.org</a> .....                              | 651-455-1508 |
| The Village Family Service Center <a href="http://www.thevillagefamily.org">www.thevillagefamily.org</a> .....             | 800-450-4019 |



**FURNITURE**

|   |              |
|---|--------------|
| Bridging <a href="http://www.bridging.org">www.bridging.org</a> (Referral DCSS clients only)..... | 952-888-1105 |
| Family Pathways Eagan Thrift Store .....  | 651-452-7739 |

|   |              |
|---|--------------|
| Light House Community Church <a href="http://www.worldwidelighthouse.com">www.worldwidelighthouse.com</a> .....       | 651-423-2566 |
| Neighbors Inc. Furniture Match Program (No. Dakota County) <a href="http://neighborsmn.org">neighborsmn.org</a> ..... | 651-455-1508 |
| Prince of Peace Church <a href="http://www.princeofpeaceonline.org">www.princeofpeaceonline.org</a> (Pat McEwan)..... | 952-898-9310 |
| Twin Cities Free Market <a href="http://www.twincitiesfreemarket.org">www.twincitiesfreemarket.org</a> .....          |              |
| Victory Value Store-Burnsville <a href="http://www.chapvaluestore.com">www.chapvaluestore.com</a> .....               | 952-890-8222 |



**FOOD/MEALS/NUTRITION EDUCATION**

CAC Food Shelf (see Community Organizations for listings)

|  |              |
|--|--------------|
| Community of Hope Church <a href="http://www.cohlc.org">www.cohlc.org</a> .....  | 651-322-5679 |
| Dakota County WIC Program.....   | 952-891-7525 |
| Eagan Resource Center at Mount Calvary Church <a href="http://www.eaganrc.org">www.eaganrc.org</a> .....                             | 651-686-0787 |
| Edge Church .....  | 952-693-5008 |
| Fare for All <a href="http://www.fareforall.org">www.fareforall.org</a> .....  | 800-582-4291 |
| Hastings Family Service Inc. <a href="http://www.hastingsfamilyservice.org">www.hastingsfamilyservice.org</a> .....                  | 651-437-7134 |
| Metro Senior Services-Meals on Wheels <a href="http://www.meals-on-wheels.com">www.meals-on-wheels.com</a> .....                     | 612-623-3363 |
| Mothers and Children & Seniors Food Program (MAC) <a href="http://www.ceap.com/family/mac.php">www.ceap.com/family/mac.php</a> ..... |              |
| .....  | 651-484-8241 |
| Neighbors <a href="http://www.neighborsinc.org">www.neighborsinc.org</a> .....   | 651-455-1508 |
| U of M Extension Nutrition Education Program (Dakota County) <a href="http://www.extension.umn.edu">www.extension.umn.edu</a> .....  |              |
| .....  | 651-480-7700 |
| WIC.....   | 952-891-7525 |

**Community Meals**

|   |              |
|---|--------------|
| Episcopal Church of the Nativity-Burnsville <a href="http://www.nativityepiscopal.net">www.nativityepiscopal.net</a> .....                | 952-435-8687 |
| Farmington Lutheran Church <a href="http://www.farmingtonlutheran.org">www.farmingtonlutheran.org</a> .....                               | 651-463-4100 |
| Grace Lutheran Church-Apple Valley <a href="http://www.glcovav.org">www.glcovav.org</a> .....   | 952-432-7273 |
| Hosanna Lutheran Church-Lakeville <a href="http://www.hosannalc.org">www.hosannalc.org</a> .....  | 952-435-3332 |
| Mount Calvary Lutheran Church-Eagan <a href="http://www.mtcalvary.com">www.mtcalvary.com</a> .....  | 651-454-2344 |
| River hills United Methodist Church-Burnsville <a href="http://home.comcast.net/~riverhillsumc">home.comcast.net/~riverhillsumc</a> ..... | 952-890-2515 |

**GLBT**

|  |                            |
|--|----------------------------|
| District 202 <a href="http://www.dist202.org">www.dist202.org</a> .....  | 612-871-5559               |
| GLBT KIDS: Abuse Intervention Network.....   | 877-452-8543               |
| Gender Education (transgender issues).....   | 763-424-5445               |
| Face to Face (counseling) for GLBT Youth in St. Paul <a href="http://www.face2face.org">www.face2face.org</a> .....                  | 651-772-5555               |
| United Communities (family and children’s service counseling) GLBT Friendly <a href="http://www.puc-mn.org">www.puc-mn.org</a> ..... |                            |
| .....  | 612-339-9101               |
| PFLAG <a href="http://www.pflag.org">www.pflag.org</a> .....   | 612-825-1660               |
| Out front <a href="http://www.outfront.org">www.outfront.org</a> .....   | 612-822-0127/800- 800-0350 |
| Rainbow Families (GLBT parent support) <a href="http://www.rainbowfamilies.org">www.rainbowfamilies.org</a> .....                    | 651-644-4848               |

**HEADSTART**

|   |              |
|---|--------------|
| Cap Agency <a href="http://www.capagency.org">www.capagency.org</a> ..... | 651-322-3500 |
|---|--------------|

**HOUSING**



|   |              |
|---|--------------|
| CAP Agency Housing/Homeless Prevention <a href="http://www.capagency.org">www.capagency.org</a> ..... | 651-322-3500 |
| CDA <a href="http://www.dakotacda.org">www.dakotacda.org</a> .....                                    | 651-675-4400 |
| Community Neighborhood Housing <a href="http://www.communitynhs.org">www.communitynhs.org</a> .....   | 651-292-8710 |

|  |              |
|--|--------------|
| Craigs List <a href="http://Minneapolis.craigslist.org">Minneapolis.craigslist.org</a>                                   |              |
| Dakota County Supportive Housing Unit (SHU) ..   | 651-554-5751 |
| Habitat for Humanity Homeowner & Foreclosure Prevention Program <a href="http://www.tchabitat.org">www.tchabitat.org</a> |              |
| .....  | 612-331-4090 |
| Homeline Tenants Rights <a href="http://www.homelinemn.org">www.homelinemn.org</a>                                       | 612-728-5767 |
| Housing Link <a href="http://www.housinglink.org">www.housinglink.org</a>  | 612-522-2500 |
| Minneapolis Housing Service.....   | 612-673-3003 |
| MHFA (Minnesota Housing Financing) <a href="http://www.mhfa.state.mn.us">www.mhfa.state.mn.us</a>                        | 651-296-8215 |
| Roommate Referral Service <a href="http://www.twincitiesroomates.com">www.twincitiesroomates.com</a>                     | 612-827-5565 |
| SMRLS Housing Advocacy <a href="http://www.smrls.org">www.smrls.org</a>  | 952-402-9890 |
| South Saint Paul HRA <a href="http://www.sspfra.org">www.sspfra.org</a>  | 651-554-3271 |
| The Bridge for Runaway Youth (Counseling Services) <a href="http://www.bridgeforyouth.org">www.bridgeforyouth.org</a>    | 612-377-8800 |

## HOMELESS SHELTERS

### **Families with Children**

|   |                           |
|---|---------------------------|
| 410 Shelter-People Serving People (PSP) <a href="http://www.peopleservingpeople.org">www.peopleservingpeople.org</a>                | 612-332-4500 ext. 201     |
| Dakota Woodlands- Eagan (women and children) <a href="http://www.dakotawoodlands.org">www.dakotawoodlands.org</a>                   | 651-456-9110              |
| Families Moving Forward (North Commons Interfaith) <a href="http://www.familiesmovingforward.org">www.familiesmovingforward.org</a> |                           |
| .....   | 612-529-2185              |
| Marie Sandvik Shelter (male children<5 or females) <a href="http://www.mariesandvikcenter.org">www.mariesandvikcenter.org</a>       |                           |
| .....   | 612-870-9617/612-871-0095 |
| Sharing and Caring Hands (families w/ 2+ children) <a href="http://www.sharingandcaringhands.org">www.sharingandcaringhands.org</a> | 612-338-4640              |
| St. Anne's Place (women w/children H Co. voucher required) <a href="http://www.stannesplace.org">www.stannesplace.org</a>           | 612-521-2128              |
| The Family Place – St. Paul <a href="http://www.ccsmp.org">www.ccsmp.org</a>  | 651-225-9354              |

### **Men**

|   |              |
|---|--------------|
| Branch II (men only, \$3/night for bed or secure waiting area) – Minneapolis <a href="http://www.ccsmp.org">www.ccsmp.org</a> |              |
| .....   | 612-338-8093 |
| Dorothy Day Center-St. Paul <a href="http://www.ccsmp.org">www.ccsmp.org</a>  | 651-293-1919 |
| Harbor Lights.....  | 612-338-0113 |
| Mary Hall (Emergency Shelter Catholic Charities) <a href="http://www.ccsmp.org">www.ccsmp.org</a>                             | 612-664-8500 |
| Our Savior's - South Minneapolis <a href="http://www.oshousing.org">www.oshousing.org</a>                                     | 612-872-4193 |
| Simpson Housing Services – Minneapolis <a href="http://www.simpsonhousing.org">www.simpsonhousing.org</a>                     | 612-874-8683 |
| St. Stephen's Housing <a href="http://www.ststephensmpls.org">www.ststephensmpls.org</a>                                      | 612-874-0311 |
| Union Gospel Mission - Saint Paul <a href="http://www.ugmtc.org">www.ugmtc.org</a>  | 651-292-1721 |

## HEALTH CARE

### **Dental Care \*MA**

|  |                           |
|--|---------------------------|
| Blue Plus Delta Dental <a href="http://www.deltadentalmn.org">www.deltadentalmn.org</a>                      | 651-406-5907/800-774-9094 |
| Community University –Health Care (CUHCC) <a href="http://www.ahc.umn.edu/cuhcc/">www.ahc.umn.edu/cuhcc/</a> | 612-638-0770              |
| Helping hands <a href="http://www.westsidetchs.org">www.westsidetchs.org</a>                                 | 651-224-7561              |
| Indian Health Board <a href="http://www.ajoic.org/healthcare.html">www.ajoic.org/healthcare.html</a>         | 612-721-9827              |
| Medica Choice Care-Delta Dental <a href="http://www.deltadentalmn.org">www.deltadentalmn.org</a>             | 651-406-5919/800-459-8574 |
| Metropolitan Dental Care <a href="http://www.metrodentalcare.com">www.metrodentalcare.com</a>                | 612-866-0616              |
| Open Cities Health Center <a href="http://www.ochealthcenter.com">www.ochealthcenter.com</a>                 | 651-290-9200              |
| Time Wise Medical <a href="http://www.timewisemedical.com">www.timewisemedical.com</a>                       | 952-435-6447              |

### **Sliding Fee or MA Dental Clinics**

|  |              |
|--|--------------|
| 2003 Health Resources Directory Diverse Cultural Communities   |              |
| <a href="http://www.health.state.mn.us/divs/idepc/refugee/directory.html">www.health.state.mn.us/divs/idepc/refugee/directory.html</a>       |              |
| Children's Dental Service - NE Mpls. (MA & sliding fee) <a href="http://WWW.childrensdentalservices.org">WWW.childrensdentalservices.org</a> |              |
| .....  | 612-746-1530 |
| Sharing and Caring Hands.....  | 612-596-3463 |
| The Neighborhood Health Care Network <a href="http://www.nchn.org">www.nchn.org</a>  | 270-925-5611 |

Union Gospel Mission St. Paul [www.ugmstpaul.org](http://www.ugmstpaul.org) .....651-292-1721

### **Family Planning Clinics**

Amnion Crisis Pregnancy Center (Pro-life) [www.amnioncpc.org](http://www.amnioncpc.org)  
 Crisis Line: ..... 952-898-4357  
 Business Line:.....952-898-4350  
 Family Tree Clinic, Inc (Saint Paul, Low Cost) [www.familytreeclinic.org](http://www.familytreeclinic.org)..... 651-645-0478  
 Face to Face health and Counseling Service Inc. (St. Paul) [www.face2face.org](http://www.face2face.org) .....651-772-5555  
 Inver Hills Health Services .....651-450-8524  
 Planned Parenthood [www.ppmsd.org](http://www.ppmsd.org)  
 Burnsville.....952-890-0940  
 Highland Park.....651-698-2401  
 St. Paul .....651-489-1328  
 Teenage Medical Services-Mpls.....612-813-6125  
 Total LifeCare Centers (Pro-Life) [www.totallifecare.org](http://www.totallifecare.org) .....651-457-1195

### **Medical Assistance Plans (Customer Service)**

Blue Plus (Customer Service) [www.bluecrossmn.com](http://www.bluecrossmn.com).....651-662-5545  
 Health Partners (Customer Service) [www.healthpartners.com](http://www.healthpartners.com) .....952-967-7998  
 Medica (Customer Service) [www.medica.com](http://www.medica.com) .....952-992-2322  
 U Care Minnesota (Customer Service) [www.ucare.org](http://www.ucare.org).....612-676-3200  
 Social Security [www.ssa.gov](http://www.ssa.gov) .....800-772-1213

### **Low Cost Medical Clinics**

Community-University Health Care Center (CUHC) - Mpls [www.ahc.umn.edu/cuhcc](http://www.ahc.umn.edu/cuhcc)612-638-0700  
 Dakota County Public Health Child and Teen Checks .....651-554-6100  
 Diamondhead Clinic for Youth-Burnsville (CAC) [www.communityactioncouncil.org](http://www.communityactioncouncil.org)...952-985-5300  
 La Clinica  
 St. Paul... .....651-222-1816  
 Minneapolis.....612-738-7700  
 MN AIDS Line [www.mnaidsproject.org/aidsline/](http://www.mnaidsproject.org/aidsline/) ..... 800-248-AIDS  
 MN Health Care Insurance Info Line.....651-297-3862  
 Open Cities Health Center [www.ochealthcenter.com](http://www.ochealthcenter.com).....651-290-9200  
 Planned Parenthood [www.plannedparenthood.org](http://www.plannedparenthood.org)  
 Minneapolis: .....612-874-1420  
 St. Paul: .....651-489-1328  
 \*Diamondhead Education Ctr. Tuesdays & Thursdays 1:00-430  
 St. Mary's Health Clinics (low cost) [www.stmaryshealthclinics.org](http://www.stmaryshealthclinics.org) .....651-690-7029  
 Westside Community Clinic [www.westsidechs.org](http://www.westsidechs.org) .....651-222-1816

## **HOSPITALS**

Abbott NW [www.abott.northwestern.com](http://www.abott.northwestern.com) .....612-863-4111  
 Adolescent Psyche .....612-863-4037  
 Children's Hospital Of St. Paul [www.Childrensmn.Org](http://www.Childrensmn.Org).....651-220-6000  
 Children's Medical Center of Minneapolis.....612-813-6100  
 Fairview [www.fairview.org](http://www.fairview.org)  
 Ridges .....952-892-2070  
 Riverside .....612-672-6000  
 Adolescent Psyche.....612-273-6062  
 Southdale .....952-924-5000  
 University Campus [www.fairview-university.fairview.org](http://www.fairview-university.fairview.org) .....612-273-3000  
 Hennepin County Medical Center [www.hcmc.org](http://www.hcmc.org) .....612-873-3000  
 Midwest Children's Resource Center.....651-220-6750 ext. 2  
 Mercy-Unity - Coon Rapids [www.regionshospital.com](http://www.regionshospital.com) .....763-236-6000  
 Methodist North Memorial [www.northmemorial.com](http://www.northmemorial.com) .....763-520-5200

|   |              |
|---|--------------|
| Regions Hospital - St. Paul <a href="http://www.regionshospital.com">www.regionshospital.com</a> .....  | 651-254-3456 |
| Regina – Hastings <a href="http://www.reginamedical.org">www.reginamedical.org</a> .....                | 651-480-4100 |
| St. Francis - Shakopee <a href="http://www.stfrancis-shakopee.com">www.stfrancis-shakopee.com</a> ..... | 952-428-3000 |
| St. Joseph's <a href="http://www.stjosephs-stpaul.org">www.stjosephs-stpaul.org</a> .....               | 651-232-3000 |
| United <a href="http://www.unitedhospital.com">www.unitedhospital.com</a> .....                         | 651-241-8000 |

**IMMIGRATION WEBSITES**

|   |              |
|---|--------------|
| US Citizenship and Immigration Services (formerly INS) <a href="http://www.uscis.gov">www.uscis.gov</a> .....         | 800-375-5283 |
| Migrant & Immigrant Legal Services (SMRLS) <a href="http://www.mnlegalservices.org">www.mnlegalservices.org</a> ..... | 651-222-5863 |
| Immigrant Law Center <a href="http://www.immigrantlawcentermn.org">www.immigrantlawcentermn.org</a> .....             | 651-291-0110 |



**INFORMATION AND REFERRAL**

|  |              |
|--|--------------|
| First Call for Help <a href="http://www.211firstcall.org">www.211firstcall.org</a> ..... | 211          |
| Russian .....  | 651-698-9167 |
| Spanish .....  | 651-291-0211 |
| Hmong, Vietnamese, Laotian ....  | 612-721-4852 |
| Parent Warmline .....  | 612-813-6336 |



**LEGAL RESOURCES**

|   |              |
|---|--------------|
| Child Custody, Child Support and other Legal Instructions and Forms <a href="http://www.courts.state.mn.us">www.courts.state.mn.us</a>          |              |
| Chrysalis <a href="http://www.tubman.org">www.tubman.org</a> .....  | 612-871-0118 |
| Dakota County Family Court Self-Help Center <a href="http://www.co.dakota.mn.us/courts">www.co.dakota.mn.us/courts</a> .....                    | 651-438-8102 |
| <i>*Free legal advice for Dakota County residents who are going through family court but do not have a lawyer. Free 30-minute consultation.</i> |              |
| Immigrant Law Center <a href="http://www.immigrantlawcentermn.org">www.immigrantlawcentermn.org</a> .....                                       | 651-641-1011 |
| Legal Assistance of Dakota County <a href="http://www.dakotalegal.org">www.dakotalegal.org</a> .....  | 952-431-3200 |
| Minnesota Disability Law Center <a href="http://www.mndlc.org">www.mndlc.org</a> .....  | 612-334-5970 |
| Migrant & Immigrant Legal Services (SMRLS) <a href="http://www.smrls.org">www.smrls.org</a> .....   | 651-291-2837 |
| Neighborhood Justice Center <a href="http://www.njcinc.org">www.njcinc.org</a> .....  | 651-227-4703 |
| Resource Center for Fathers & Families <a href="http://www.resourcesforfathers.org">www.resourcesforfathers.org</a> .....                       | 763-783-4938 |
| Southern MN Regional Legal Service <a href="http://www.smrls.org">www.smrls.org</a>   |              |
| Shakopee .....  | 952-402-9890 |
| St. Paul .....  | 651-222-5863 |
| U of M Law Clinic <a href="http://www.law.umn.edu/contact/index.html">www.law.umn.edu/contact/index.html</a> .....                              | 612-625-5515 |

**MENTAL HEALTH RESOURCES**

**Sliding Fee, Dakota County Residents**

|  |              |
|--|--------------|
| Associated Clinic of Psychology <a href="http://www.acp-mn.com">www.acp-mn.com</a>                 |              |
| Apple Valley .....   | 952-432-1484 |
| Minneapolis .....  | 612-925-6033 |
| West St. Paul .....  | 651-450-0860 |
| Eagan Counseling Clinic <a href="http://www.eagancounseling.com">www.eagancounseling.com</a> ..... | 651-454-0114 |

**General Counseling Clinics (Insurance)**

|   |              |
|---|--------------|
| Allina <a href="http://www.allina.com">www.allina.com</a> |              |
| Hastings .....  | 651-438-1950 |
| Northfield .....  | 507-663-0237 |

|  |              |
|--|--------------|
| Alexander Center for Child Development <a href="http://www.parknicollet.com">www.parknicollet.com</a> .....                                  | 952-993-2498 |
| BHSI Eagan <a href="http://www.bhsimn.com">www.bhsimn.com</a> .....  | 651-662-0800 |
| Burnsville Counseling and Healing Centers <a href="http://www.counselingandhealing.com">www.counselingandhealing.com</a> .....               | 952-435-4144 |
| Center for Grief <a href="http://www.griefloss.org">www.griefloss.org</a> .....  | 651-641-0177 |
| Center for Sexual Health (Program in Human Sexuality) .....  | 612-625-1500 |
| Christian Family Counseling WLCFS .....  | 651-455-0580 |
| CLUES <a href="http://www.clues.org">www.clues.org</a> .....   | 651-379-4200 |
| Courage Center <a href="http://www.courage.org">www.courage.org</a> .....  | 763-520-0520 |
| Community-University Health Care Center (CUHCC) <a href="http://www.ahc.umn.edu/CUHCC/">www.ahc.umn.edu/CUHCC/</a> ..                        | 612-638-0799 |
| Eastern Psychological Services <a href="http://www.easternpsyh.com">www.easternpsyh.com</a> .....  | 612-203-1207 |
| Dakota Valley Psychologists <a href="http://www.d-valley-psych.com">www.d-valley-psych.com</a> .....   | 952-432-3220 |
| Fairview Counseling Centers <a href="http://www.fairview.org">www.fairview.org</a> .....   | 612-672-6999 |
| Fairview University Adolescent Psychiatry .....  | 612-273-8700 |
| Family Attachment Center <a href="http://www.familyattachment.com">www.familyattachment.com</a> .....  | 952-475-2818 |
| Family Means Counseling and MH Services <a href="http://www.familymeans.org">www.familymeans.org</a> .....                                   | 651-439-4840 |
| Family Psychological Services.....   | 651-688-2335 |
| Family Based Counseling, Inc. (Luke Spiegelhoff).....  | 952-201-5315 |
| Father's Resource Center <a href="http://www.resourcesforfathers.org">www.resourcesforfathers.org</a>  |              |
| Blaine .....   | 763-783-4938 |
| Minneapolis .....  | 612-874-1509 |
| Fraser community Service <a href="http://www.fraser.org">www.fraser.org</a> .....  | 612-861-1688 |
| La Familia <a href="http://www.Lafamiliaguidance.org">www.Lafamiliaguidance.org</a> .....  | 651-221-0913 |
| Life Development Resources P.A. <a href="http://www.lifedrs.com">www.lifedrs.com</a> .....   | 952-898-1122 |
| Lutheran Counseling Center – Burnsville <a href="http://www.lutherancounseling.com">www.lutherancounseling.com</a> .....                     | 952-894-4828 |
| Lutheran Social Services Counseling Services <a href="http://www.lssmn.org">www.lssmn.org</a> .....  | 612-879-5320 |
| Minnesota Valley Psychologists <a href="http://www.mnvalleypsychologists.com">www.mnvalleypsychologists.com</a> .....                        | 952-895-9200 |
| Nystrom and Associates (Christian Counseling) <a href="http://www.nystromcounseling.com">www.nystromcounseling.com</a> .....                 | 952-997-3020 |
| Options Family & Behavior Services, Inc <a href="http://www.cdas-options.com">www.cdas-options.com</a> .....                                 | 952-564-3000 |
| PACE Diagnostic & Counseling - W. St. Paul <a href="http://www.pacepediatrics.com">www.pacepediatrics.com</a> .....                          | 651-451-8050 |
| Park Nicollet Mental Health <a href="http://www.parknicollet.com">www.parknicollet.com</a> .....   | 952-993-3307 |
| Professional Counseling and Grief Services .....   | 952-891-2525 |
| Petig, Ron (Anger Management) .....  | 952-431-1515 |
| Robert K. Vucinovich, M.S. (In-Home Therapy).....  | 612-889-4291 |
| South Suburban Psychological and Counseling Services (Mike Ferrese) <a href="http://www.drmihaelferrarese.com">www.drmihaelferrarese.com</a> |              |
| .....  | 651-454-0684 |
| St. David's Child Development and Family Services <a href="http://www.stdavids.net">www.stdavids.net</a> .....                               | 952-939-0396 |
| Thad Wilderson and Associates .....  | 651-225-8997 |
| Twin Cities Play Therapy Center <a href="http://www.twincitiesplaytherapycenter.com">www.twincitiesplaytherapycenter.com</a> .....           | 651-452-2305 |
| Washburn Child Guidance <a href="http://www.washburn.org">www.washburn.org</a> .....   | 612-871-1454 |
| Wilder Child Guidance Clinic <a href="http://www.wilder.org">www.wilder.org</a> .....  | 651-642-4001 |
| West Metro Learning Connections Inc. <a href="http://www.wmlearningconnections.com">www.wmlearningconnections.com</a> .....                  | 952-474-0227 |

*\*Autism Spectrum Disorders and Related Conditions service*

### **Support Groups, Advocacy, Websites**

|   |              |
|---|--------------|
| American Academy of Child and Adolescent Psychiatry <a href="http://www.aacap.org">www.aacap.org</a> .....          | 202-966-7300 |
| Attention Deficits Support Services <a href="http://www.ldaminnesota.org">www.ldaminnesota.org</a> .....            | 952-922-8374 |
| Autism Society of MN <a href="http://www.ausm.org">www.ausm.org</a> .....   | 651-647-1083 |
| Children and Adults with Attention Deficit Disorders (CHADD) <a href="http://www.chadd.org">www.chadd.org</a> ..... | 952-922-5761 |
| ADHD Education and Support, Shepard of the Valley Church, Apple Valley.....   | 952-322-2176 |
| Minnesota Assoc for Children's Mental Health... <a href="http://www.macmh.org">www.macmh.org</a> .....              | 651-644-7333 |
| Mental Health Association of Minnesota <a href="http://www.mentalhealthmn.org">www.mentalhealthmn.org</a> .....     | 612-331-6840 |
| NAMI Minnesota <a href="http://www.namihelps.org">www.namihelps.org</a> .....                                       | 651-645-2948 |

### **Day Treatment & Intensive MH Services/ARHMS Providers**

|  |              |
|--|--------------|
| Adolescent Short Term Treatment Program <a href="http://www.eagancounseling.com">www.eagancounseling.com</a> ..... | 651-365-8222 |
|--|--------------|

|   |              |
|---|--------------|
| Eagan Counseling Clinic <a href="http://www.eagancounseling.com">www.eagancounseling.com</a> .....                                | 651-454-0114 |
| Da Trac & STAT (Adult MH)   |              |
| Adolescent Program  |              |
| Horizons (CSP) (ARHMS) (DBT Group)  |              |
| Fairview Riverside Day Treatment (Youth).....   | 612-672-6600 |
| Fraser Child and Family Center <a href="http://www.fraser.org">www.fraser.org</a> .   | 612-331-9413 |
| GUILD South (Intensive Residential Treatment-Adult) <a href="http://www.guildincorporated.org">www.guildincorporated.org</a> .... | 651-455-6800 |
| Mental Health Resources (CSP & ARHMS) <a href="http://www.mhresources.com">www.mhresources.com</a> .....                          | 651-681-9366 |
| New Chance (Corrections involvement only).....  | 651-438-8399 |
| Nystrom & Associates, LTD <a href="http://www.nystromcounseling.com">www.nystromcounseling.com</a> .....                          | 952-997-3020 |
| Options Family Behavioral Services (TBI/MI) <a href="http://www.cdas-options.com">www.cdas-options.com</a> .....                  | 952-564-3000 |
| Pathways Counseling Center .....  | 651-641-1555 |
| People Incorporated (ARHMS & Dual Disorder) <a href="http://www.peopleincorporated.org">www.peopleincorporated.org</a> .....      | 651-774-0011 |
| Thomas Allen (SILS & ARHMS) <a href="http://www.thomasalleninc.com">www.thomasalleninc.com</a> .....                              | 651-450-1802 |
| Wrap Around (Youth).....  | 952-891-7400 |
| Youth Transition Program (YTP) .....  | 651-423-8503 |

**Hospitals/Regional Treatment Centers**

|  |                           |
|--|---------------------------|
| Anoka Metro Regional Treatment Center <a href="http://www.anoka-metroregionaltreatment.lbu.com">www.anoka-metroregionaltreatment.lbu.com</a> ..... | 763-576-5500              |
| Brainerd Regional Human Service Center.....  | 218-828-2201              |
| Wilmar Regional Treatment Center .....   | 320-231-5100              |
| Minnesota Care (Health Insurance).....   | 800-657-3672/651-297-3862 |

**MENTOR PROGRAM**

|  |              |
|--|--------------|
| Big Brothers and Big Sisters for the Greater Twin Cities <a href="http://www.bbbs.org">www.bbbs.org</a> .....      | 651-789-2400 |
| CAC Community Connections <a href="http://www.communityactioncouncil.org">www.communityactioncouncil.org</a> ..... | 651-322-5113 |
| Kids'N Kinship <a href="http://www.kidsnkinship.org">www.kidsnkinship.org</a> .....                                | 952-892-6368 |
| Mentoring Partnership of MN <a href="http://www.mentoringworks.org">www.mentoringworks.org</a> .....               | 612-370-9100 |
| MOMS Program <a href="http://www.momsprogram.org">www.momsprogram.org</a> .....                                    | 952-890-5072 |



**PARENTING CLASSES, GROUPS, AND IN-HOME**

|  |              |
|--|--------------|
| Circle of Parents – Prevent Child Abuse Minnesota <a href="http://www.pcamn.org/index.php">www.pcamn.org/index.php</a> ..... | 651-523-0099 |
| Dakota County Healthy Families (Must be open to Dakota County PHN) .....   | 952-891-7873 |
| Dakota County Follow Along Program (child development program) .....   | 651-554-6178 |
| Dakota County Extension Office, Rose Allen - Family Relations Specialist .....   | 651-480-7745 |
| Eagan Counseling Clinic <a href="http://www.eagancounseling.org">www.eagancounseling.org</a> .....                           | 651-454-0114 |
| Hosanna Church, Lakeville <a href="http://www.hosannalc.org">www.hosannalc.org</a> .....                                     | 952-435-3332 |
| <i>*Grandparents as Parents, Parenting Single, Divorce Care, Young Parents</i>   |              |
| Info U <a href="http://www.extension.umn.edu/info-u">www.extension.umn.edu/info-u</a> .....                                  | 800-525-8636 |
| ISD 196 <a href="http://www.district196.org">www.district196.org</a> .....   | 651-423-7700 |
| MELD - Minneapolis <a href="http://www.meld.org">www.meld.org</a> .....  | 612-332-7563 |
| Options Family & Behavioral Services, Inc <a href="http://www.cdas-options.com">www.cdas-options.com</a> .....               | 952-564-3000 |
| Parent Support Network <a href="http://www.parentsupport.net">www.parentsupport.net</a> .....                                | 612-492-9001 |
| Parents Warmline (non-crisis resource) .....   | 612-813-6336 |
| Prevent Child Abuse of MN (Circle of Parents Groups) <a href="http://www.pcamn.org/index.php">www.pcamn.org/index.php</a> .. | 651-523-0099 |
| Resource Center for Fathers and Families <a href="http://www.resourcesforfathers.org">www.resourcesforfathers.org</a> .....  | 763-783-4938 |
| Shoulder to Shoulder-Parenting of Teens <a href="http://www.shouldertoshoulder.org">www.shouldertoshoulder.org</a> ..        | 211          |
| South Suburban Psychological & Counseling (Parent Training/Education)  |              |
| <a href="http://www.drmmichaelferrarese.com/">www.drmmichaelferrarese.com/</a> .....   | 651-454-0684 |
| Storefront (co-parenting/divorce class) <a href="http://www.storefront.org">www.storefront.org</a> .....                     | 612-861-1675 |

**Helpful Websites Regarding Parenting**

- I Am Your Child [www.iamyourchild.org](http://www.iamyourchild.org)
- Over Indulgence Parenting (How much is enough) [www.overindulgence.info/](http://www.overindulgence.info/)
- Parenthood Web [www.parenthoodweb.com](http://www.parenthoodweb.com)
- Parents place [www.parentsplace.com](http://www.parentsplace.com)
- Positive Parenting [www.positiveparenting.com](http://www.positiveparenting.com)
- The Children, Youth and Family Consortium [www.cyfc.umn.edu](http://www.cyfc.umn.edu)
- The National Parenting Center [www.tnpc.com](http://www.tnpc.com)



**RECREATION & ENRICHMENT**

**Community Education Programs (check phone numbers)**

|  |                           |
|--|---------------------------|
| Burnsville/Eagan/Savage <a href="http://www.communityed191.org">www.communityed191.org</a> .....               | 952-707-4150              |
| Community Education <a href="http://www.district196.org/ce">www.district196.org/ce</a> .....                   | 651-423-7920              |
| Farmington <a href="http://www.farmington.k12.mn.us">www.farmington.k12.mn.us</a> .....                        | 651-463-5000              |
| Hastings <a href="http://www.hastings.k12.mn.us">www.hastings.k12.mn.us</a> .....                              | 651-480-7000              |
| Lakeville <a href="http://www.comed.isd197.org">www.comed.isd197.org</a> .....                                 | 952-232-2150              |
| MacPhail Center for Music (Apple Valley Location) <a href="http://www.macphail.org">www.macphail.org</a> ..... | 612-321-0100              |
| Randolph <a href="http://www.randolph.k12.mn.us">www.randolph.k12.mn.us</a> .....                              | 507-645-4773/507-263-2151 |
| South St. Paul/Grove Heights <a href="http://www.sspps.org">www.sspps.org</a> .....                            | 651-457-9400              |
| West St. Paul <a href="http://www.isd.197.org">www.isd.197.org</a> .....                                       | 651-681-2389              |

**Park and Recreation Programs**

|   |              |
|---|--------------|
| Apple Valley Park and Recreation <a href="http://www.ci.apple-valley.mn.us">www.ci.apple-valley.mn.us</a> .....                         | 952-953-2300 |
| Apple Valley Teen Center .....  | 952-953-2385 |
| Burnsville Recreation Department <a href="http://www.Burnsville.org">www.Burnsville.org</a> .....                                       | 952-895-4500 |
| Dakota County Parks Department <a href="http://www.co.dakota.mn.us.com">www.co.dakota.mn.us.com</a> .....                               | 952-891-7000 |
| Burnsville Athletic Club <a href="http://www.eteamz.com/bacsports">www.eteamz.com/bacsports</a> .....                                   | 952-895-4425 |
| Eagan Art House (Dakota Center for the Arts) .....  | 651-686-9134 |
| Eagan Park and Recreation <a href="http://www.cityofeagan.com">www.cityofeagan.com</a> .....  | 651-675-5000 |
| Farmington Park and Recreation <a href="http://www.ci.farmington.mn.us/P&amp;R_HP.htm">www.ci.farmington.mn.us/P&amp;R_HP.htm</a> ..... | 651-280-6800 |
| Farmington Youth Athletic Assoc. <a href="http://www.farmingtonsports.org">www.farmingtonsports.org</a> .....                           | 952-985-FYAA |
| Hastings Park and Recreation <a href="http://www.ci.hastings.mn.us">www.ci.hastings.mn.us</a> .....                                     | 651-480-2350 |
| Hastings Youth Athletic Association <a href="http://www.hyaa.info">www.hyaa.info</a> .....  | 651-437-8838 |
| Inver Grove Heights Park and Rec. <a href="http://www.ci.inver-grove-heights.mn.us">www.ci.inver-grove-heights.mn.us</a> .....          | 651-450-2500 |
| Lakeville Center for the Arts.....  | 952-985-4640 |
| Lakeville Park and Recreation <a href="http://www.ci.lakeville.mn.us">www.ci.lakeville.mn.us</a> .....                                  | 952-985-4600 |
| Mendota Heights Athletic Association.....   | 651-454-0433 |
| Mendota Heights Park and Recreation <a href="http://www.mendota-heights.com">www.mendota-heights.com</a> .....                          | 651-452-1850 |
| Rosemount's Park and Recreation <a href="http://www.ci.rosemount.mn.us">www.ci.rosemount.mn.us</a> .....                                | 651-322-6000 |
| South St. Paul's Park and Recreation <a href="http://www.southstpaul.org">www.southstpaul.org</a> .....                                 | 651-554-3200 |
| W. St. Paul's Park and Recreation <a href="http://www.ci.west-saint-paul.mn.us">www.ci.west-saint-paul.mn.us</a> .....                  | 651-552-4150 |

**Special Needs Recreation & Socialization Programs**

|   |              |
|---|--------------|
| Courage Center <a href="http://www.courage.org">www.courage.org</a> .....   | 763-520-0473 |
| Come As You Are - South St. Paul .....  | 651-455-1508 |
| Special Olympics Minnesota <a href="http://www.somn.org">www.somn.org</a> .....                                     | 612-333-0999 |
| MacPhail Center for Music (children's music therapy) <a href="http://www.macphailj.org">www.macphailj.org</a> ..... | 612-339-5627 |
| People First .....  | 952-890-3057 |
| River Valley Project Explore (DD Adult).....  | 952-431-8735 |
| West St. Paul Access Project.....   | 651-405-2482 |



**Clubs and Groups**

|  |              |
|--|--------------|
| 4 H Extension Office <a href="http://www.extension.umn.edu">www.extension.umn.edu</a> .....        | 651-480-7700 |
| Boy Scouts <a href="http://www.northernstarbsa.org">www.northernstarbsa.org</a> .....              | 651-224-1891 |
| Camp Fire USA <a href="http://www.Minnesotacouncil.org">www.Minnesotacouncil.org</a> .....         | 651-647-4407 |
| Girl Scouts St. Croix Valley <a href="http://www.girlscoutsrv.org">www.girlscoutsrv.org</a> .....  | 651-227-8835 |
| The Garage (Burnsville Teen Center) <a href="http://www.thegarage.net">www.thegarage.net</a> ..... | 952-895-4664 |
| Noreen Center (West St.Paul) After School and Summer Activities .....                              | 651-905-4091 |

**Recreation/Workout Places**

|   |              |
|---|--------------|
| Burnsville Athletic Club .....  | 952-895-4425 |
| YMCA <a href="http://www.ymcatwincities.org/locations/mnvalley.asp">www.ymcatwincities.org/locations/mnvalley.asp</a> |              |
| Burnsville .....  | 952-898-9622 |
| Eagan .....   | 651-456-9622 |
| West St. Paul .....   | 651-457-0048 |



**SEX OFFENDER TREATMENT**

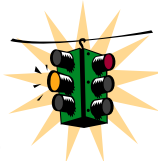
|   |              |
|---|--------------|
| ALFA Human Services... <a href="http://www.alphaservices.org">www.alphaservices.org</a> .....                                       | 612-823-3707 |
| Center for Sexual Health <a href="http://www.med.umn.edu/fp/phs/phsindex.htm">www.med.umn.edu/fp/phs/phsindex.htm</a> .....         | 612-625-1500 |
| Project Pathfinders <a href="http://www.projectpathfinder.org">www.projectpathfinder.org</a> .....                                  | 651-644-8515 |
| Storefront Impact Program (adolescent) <a href="http://www.storefront.org">www.storefront.org</a> .....                             | 612-861-1675 |
| Offender Locator <a href="http://www.info.doc.state.mn.us/publicviewer/main.asp">www.info.doc.state.mn.us/publicviewer/main.asp</a> |              |

**SENIOR SERVICES**

|  |              |
|--|--------------|
| CAP Agency (Meals on Wheels) <a href="http://www.capagency.org">www.capagency.org</a> .....                                | 952-496-2125 |
| Dakota County Public Health Intake <a href="http://www.co.dakota.mn.us">www.co.dakota.mn.us</a> .....                      | 651-554-6115 |
| DARTS <a href="http://www.darts1.org">www.darts1.org</a> .....   | 651-455-1560 |
| Eldercare Rights Alliance <a href="http://www.elderarerights.org">www.elderarerights.org</a> .....                         | 952-854-7303 |
| Senior Linkage Line <a href="http://www.cmcoa.org/html/seniorlinkage.html">www.cmcoa.org/html/seniorlinkage.html</a> ..... | 800-333-2433 |

**STATE OF MINNESOTA & SOCIAL SECURITY**

|  |              |
|--|--------------|
| <a href="http://www.state.mn.us">www.state.mn.us</a>                         |              |
| DHS main number <a href="http://www.dhs.state.mn">www.dhs.state.mn</a> ..... | 651-431-2000 |
| Social Security <a href="http://www.ssa.gov">www.ssa.gov</a> .....           | 800-772-1213 |



**TRANSPORTATION AND CAR REPAIR**

|   |              |
|---|--------------|
| Community Car Care .....  | 952-985-3870 |
| Darts (elderly) <a href="http://www.darts1.org">www.darts1.org</a> .....                      | 651-455-1339 |
| GAPP Service (Dakota Contract).....   | 952-953-9299 |
| General Securities (Social Workers only) <a href="http://www.gssc.net">www.gssc.net</a> ..... | 952-858-5000 |
| Greyhound Bus Depot <a href="http://www.greyhound.com">www.greyhound.com</a> .....            | 800-231-2222 |

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| Hastings Family Service Inc. (Dakota Contract) .....   | 651-437-7134 |
| Hastings Trac & Curb-to-Curb Transportation  |              |
| Main #.....  | 651-437-8722 |
| Curb to Curb 8-4:30 .....  | 651-437-7082 |
| Curb-to-Curb 6am-8am and 4:30-6:00pm .....   | 651-248-3207 |
| Metro Disabilities .....   | 651-636-5000 |
| Metro Transit <a href="http://www.metrotransit.org">www.metrotransit.org</a> .....                     | 612-373-3333 |
| Minnesota Non Emergency Transportation Mnet <a href="http://www.mtm-inc.net">www.mtm-inc.net</a> ..... | 866-467-1724 |
| Minnesota Valley Transit <a href="http://www.mvta.com">www.mvta.com</a> .....                          | 952-882-7500 |
| Neighbors Volunteer Drivers <a href="http://www.neighbors.com">www.neighbors.com</a> .....             | 651-455-5000 |

For Information, Additions, or Updates contact:  
Janell Schilman, IEIC/Collaborative Coordinator  
Dakota County Social Services  
14955 Galaxie Avenue  
Apple Valley MN 55124  
  
952-891-7449  
Email: [janell.schilman@co.dakota.mn.us](mailto:janell.schilman@co.dakota.mn.us)