



# Social Services

## Support Planner Directory

The following directory is being provided by a group comprised of County Staff and Support Planners for the convenience of clients in need of a Support Planner to assist in CDCS planning. Dakota County is not affiliated with any of the specific providers listed below and cannot provide information as to the quality of the services provided. Up to date contact information is available at [MinnesotaHelp.info® \(https://mnhelp.com\)](https://mnhelp.com).

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## **A1 Support Planning LLC, \$55.00 per hour, All Counties Served**

**Address:** P.O. Box 149, Garfield, MN 56332

**Ph:** 320-815-2051

**Email:** [Dharmarus@outlook.com](mailto:Dharmarus@outlook.com)

**Planner(s):** Dharma Russell

**Additional Details:** I will serve all counties via telephone/video conferencing and will offer options of in person meetings within a reasonable distance of travel.

## **AB&B Services, \$65.00 per hour, All Counties Served**

**Address:** 509 Severn Way, Eagan, MN 55123

**Ph:** 651-955-7748

**Fax:** 651- 222-9174

**Website:** [www.abbservices.net](http://www.abbservices.net)

**Planner(s):** Catie T., Elise F., Cassie D., Nicole A.S., Christine W., Dawn T., Rachele C., Alicia V. Lindsey S., Erika S., Laurie L., Kristyn V., Emily R., Adrienne L., Melanie G., Crystal A., Taylor C., Havilah M., Kelly T., Anna R., Kayla P., Megan S., Amanda S., Deborah P.

**Additional Details:** Over 30 years of experience working with families and individuals with disabilities. Personal parent of an individual with special needs. Experience in person-centered planning and FMS program models.

## **ABCA SP Services, LLC, \$65.00 per hour, Select Counties Served**

“Acceptance Beyond Commitment for People with Abilities Support Planner Services”

**Ph:** 503-396-7090

**Fax:** 763-205-6720

**Email:** koryc76@gmail.com

**Website:** [www.abcaspservices.com](http://www.abcaspservices.com)

**Planner(s):** Skip L., Gina L., Xeng H., Scott P., Brad F., Kerri W., Halena M., Basia M., Angela L., Sandy H.-S., Sarah H., Claudia H., Mahdi A., Jen M.

**Additional Details:** Over 35+ years’ experience in human services, over 18+ years as a Support Planning company. Knowledgeable trainers in person-centered planning, communication/assistive technology, medical, home modifications and behavioral areas. Familiar with CDCS throughout the state (services in over 65+ counties) and the managed care agencies.

## **Ability and Beyond, \$44.00, All Counties Served**

6355 Lake Sarah Heights Drive Greenfield, MN 55373

**Ph:** 763-242-1216

**Fax:** 763-477-6596

**Planner(s):** Tracy Bremel

**Additional Details:** Independent Support Planner who has worked in social services for over 25 years and been a Support Planner for the last 10+ years. I enjoy partnering with individuals and their teams to develop a creative plan that supports their unique needs.

## **The Ability Connection, \$65.00 per hour, All metro counties served**

4127 Hillcrest Road, Wayzata, MN 55391

**Phone:** 612-926-4208

**Mobile:** 612-718-2283

**Fax:** 612-777-9671

**Email:** gena@theabilityconnection.com

**Website:** [www.theabilityconnection.com](http://www.theabilityconnection.com)

**Planner(s):** Gena Elverhoy

**Serving:** All metro counties for in person, conference call band/or video chat. All other counties for conference call and/or video chat.

**Additional Details:** Gena is certified Support Planner and the founder of The Ability Connection. She is the parent of a daughter with autism and a neurodegenerative disorder with severe cognitive challenges. She has supported and advocated for her daughter for many years through Waiver services and CSG and CDCS programs. One of her favorite things about being a support planner is helping connect them with community activities, resources, services, and therapeutic items and services that will help support the unique needs of each child or adult on CDCS and CSG. In addition to this, she can help with new and renewal CDCS & CSG CSP's, Health and Safety Plans, Alternative Treatment forms, Changes and Addendums, Staffing Searches, Job Descriptions, Budget Management, and other services. We can meet and work together in a way that is easiest and most comfortable for you - in person, phone, email, conference call, video chat and text.

### **Ability Focused Collaboration, LLC, \$55.00 per hour, Most Counties in MN**

1410 5th Street SE

New Prague, MN 56071

**Cell:** 612-227-0870

**Fax:** 952-758-9397

**Email:** [JenniferLPickens@aol.com](mailto:JenniferLPickens@aol.com)

**Planner(s):** Jennifer L. Pickens, CDCS Certified Support Planner, Person Centered - Thinking & Planning Facilitator

**Servicing:** Phone and Video, Conferencing is NOW, utilized to safeguard clients from unnecessary exposure to illness/infection.

**Additional Details:** Jennifer has 13+ Years of Personal CDCS Waiver Experience. She specializes in the development of the following plans, (Health & Safety, Daily Care, Emergency, Individualized, Person Centered, Etc) With guidance by the client and their requested key care provider(s) she utilizes the clients ADL's, Assessed Needs, while balancing the What's Important To and Important For Approach. Jennifer is able to develop a plan that supports the clients needs and wishes to provide the opportunity for community integration, involvement, inclusion, independence, support, safety, etc. She has a vast experience with assisting clients and their caregivers in finding and accessing resources that may be available to them based off of their determined needs and goals. It is Jennifer's mission to assist others in accessing the skills, knowledge and support necessary to live their best life!

### **Above & Beyond Abilities, \$55.00 per hour, Select Counties**

4050 Wells Lake Way

Faribault, MN 55021

**Ph:** 507-384-1969

**Email:** [sheana@ababilities.com](mailto:sheana@ababilities.com)

**Website:** [www.ababilities.com](http://www.ababilities.com)

**Planner(s):** Sheana Schlichter

**Additional Details:** Servicing Hennepin, Carver, Ramsey, Scott, Dakota, Rice, Goodhue, Dodge, Olmsted, Mower, Steele, Freebourn, Waseca, Blue Earth, Le Sueur, and Wabasha. Experience in county waiver case management as well as financial worker experience. Highly knowledgeable in county requirements for the CDCS programs,

person-centered approaches, and providers. My background makes me a well-rounded choice for your support planning needs.

### **Accessible Support Planning, \$55.00 per hour, All Counties in MN**

15650 Galaxie Ave. #419

Apple Valley, MN 55124

**Ph:** 952-688-7857 Rebecca Jump, Owner

**Fax:** 651-389-9201

**Email:** [rebecca.accessible@gmail.com](mailto:rebecca.accessible@gmail.com)

**Ph:** 651-238-8717

**Email:** [luann.accessible@outlook.com](mailto:luann.accessible@outlook.com)

**Planner(s):** LuAnn Olen, Rebecca Jump, Faiza Ali, Brenda Danielson, Amy Zylstra, Shaula Halberg, Amy Ginter

**Additional Details:** We are a six-person team with tons of experience in CDCS, writing plans, and disability resources. We would love to help you navigate the systems to ensure you have the supports that are important to you.

LuAnn: I have passionately participated on all sides of the meeting table with self-directed services with people for over 25 years including CDCS. I have two college degrees, have been an advocate at PACER center, a behavioral consultant, a social worker/CDCS Coordinator.

Rebecca: I'm a mother to a child with a disability and I like a challenge. I am a certified support planner and have been working with people with disabilities for over 10 years. I will facilitate with social workers and FMS coordinators to make sure your needs are met. Extensive knowledge in PCA, MA, CDCS. Flexible scheduling. Also, can Video Conference meetings.

### **Access North Center for Independent Living, \$60.00 per hour, Select Counties**

1309 East 40th Street

Hibbing MN, 55746

**Ph:** 218-824-5228

**Fax:** 218-824-1421

**Website:** [www.mcanfield@accessnorth.net](http://www.mcanfield@accessnorth.net)

**Planner(s):** Melissa C., Tina Y., Jake K., Kiri B., Chris R., Steve B.

**Additional Details:** Northeastern Counties: Aitkin, Carlton, Cass, Cook, Crow Wing, Koochiching, Itasca, Lake Pine, and St. Louis. Access North has been providing independent living services to people living with disabilities based on consumer choice for more than 30 years.

### **Ali Support Planner, \$45.00-\$55.00 per hour, All Counties**

2104 Park Ave, Suite 110

Minneapolis, MN 55404

**Phone:** 612-703-7799

**Fax:** 612-424-0914

**Email:** [alikhadary@gmail.com](mailto:alikhadary@gmail.com)

**Planner(s):** Alikhadar Yusuf

**Additional Details:** I am an independent Support Planner. I have over 12 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of disability and social service delivery systems, and community resources and services. I write an individualized person-centered plan as well as assist clients and their caregivers in accessing resources, providing advocacy, and monitoring implementation of the waiver. Bilingual: Somali/English.

## **All Love & Care LLC, \$50.00 per hour, All Counties**

8024 55th Ave N  
New Hope, MN 55428  
**Phone:** 612-735-2347  
**Email:** [arwa@alcmn.com](mailto:arwa@alcmn.com)  
**Planner(s):** Arwa Ahmed

**Additional Details:** We at ALC are fluent in Somali and English. We have a strong background in interpretation and translation. We have strong experience working with immigrants to help integrate them into their communities and overcome the language barrier. We have a great understanding of Person- Centered Service Planning, which helps the clients identify their needs and wants. Our goal is to ensure our clients understand Minnesota CDCS more clearly.

## **All-metro support planning LLC, \$40.00-\$50.00 per hour, Metro Counties**

1940 Hazen Street  
Shakopee, MN 55379  
**Phone:** 612-449-8813  
**Email:** [Kocabdi@gmail.com](mailto:Kocabdi@gmail.com)  
**Planner(s):** Abdi Kofiro

**Additional Details:** Rate varies depending on distance of travel from office to individual served. Services all metro counties for in person, conference call or video per personal preferences. All other counties for conference call or video conference.

A Certified Support Planner at All-metro support planning can work with you to develop a community support plan that best meets your personal needs and goals. Provider has years of experience working with people with special needs. Working with this support planner, you will receive help to develop a community support plan, help to set your goals, help to monitor your support, help to recruit support workers, help to purchase services and more.

As a provider, I will be resourceful and respectful to you and your family. support will be available to you when you need it. My code principles are equality and community inclusion. Fluent in English, Somali, and functional in other languages.

## **ASD Play, LLC, \$50.00 per hour, Select Counties**

**Phone:** 612-281-0866  
**Website:** [asdplay.org](http://asdplay.org)  
**Planner(s):** Jeremiah Scheel

**Additional Details:** Hennepin, Ramsey, Carver, Wright, Sherburne, Scott, Dakota, Washington, Chisago, Isanti, Kanabec, St. Louis, Carlton, Pine, Stearns, Meeker, McLeod, Sibley. Tele-appointments are obviously available now as well so really the whole state I am open to.

Since 2015 we have been providing professional solutions to the State of Minnesota and the community. Recently we have added CDCS Support Planning to our services. We are excited to share our strategic planning solutions and results-driven focus we bring to every client with you. We specialize in Autistic youth but have been trained as experts in the CDCS process and can guide you through all your planning needs.

## **Beyle Support Planner, \$55.00 per hour, All Counties**

7101 York Ave S, Suite 355  
Edina MN 55435  
**Phone:** 952-426-1885  
**Cell:** 612-986-4144 (text or calls)  
**Fax:** 612-314-8666 (Secured)

Revised 12/5/2023, SS-Extranet/Staff Resources

**Planner(s):** Liben Ahmed

**Additional Details:**

Bayle Support Planning has over ten years of experience working with individuals eligible for CDCS services. We are native-speaking Somali staff. We specialize in writing person-centered plans. We have helped families understand the program and identify their goals and the resources available. We have a strong background in banking, interpretation, and translation. We speak the Somali language and help communities from East Africa, and greater. Minnesota understands the CDCS program more clearly. We help families overcome language barriers. We have over twenty years of experience interpreting and translating English to Somali languages.

**Dawn D. Bly, \$75.00 per hour, All Counties**

Education Consultant/Certified Support Planner

704 3rd Street NE

Fosston, MN 56542

**Phone:** 218-280-0575

**Email:** [dawndbly@mnsupportplanner.com](mailto:dawndbly@mnsupportplanner.com)

**Planner(s):** Dawn D. Bly

**Additional Details:** Over 28 years of experience working with families and individuals with disabilities. I'm a parent of an individual with special needs. I have worked in education for over 28 years. I'm willing to serve all counties via telephone/video conferencing and will offer options for personal meetings within a reasonable distance of travel. (Located in Northwest Minnesota)

**Breeze Support Planners, LLC, \$60.00 per hour, Select Counties**

St Paul, MN

**Phone:** 651-398-1232

**Email:** [brenda.schurhamer@gmail.com](mailto:brenda.schurhamer@gmail.com)

**Planner(s):** Brenda Schurhamer

**Additional Details:** 7 county metro and others by arrangement, except Hennepin Co.

30 + years in Social Services, 20 years case management experience specializing in working with individuals who receive waiver services. Experience with CDCS & CSG Support Plans as a case manager for 20 years and as a Supervisor for 6 years. Knowledgeable of a large variety of resources. Available for phone, video conferencing or in-person meetings depending on preferences of individuals and families.

**Certified CDCS Support Planner Services, \$50.00 per hour, Select Counties**

7251 Hidden Valley Pond S.

Cottage Grove, MN 55016

**Cell:** 651-247-6225

**Fax:** 651-702-6814

**Planner(s):** Stacey Vogeles, J.D.

**Additional Details:** Metro Counties and others by special arrangement up to 100-mile radius from St. Paul, except Hennepin Co. Stacey is the parent of three daughters; her youngest is medically fragile with severe physical and cognitive delays and requires nursing level of care. Stacey has been using CDCS services personally for over 8 years, and specializes in writing nursing-level of care children Support Plans, and finding services unique to each child such as: music therapy, art therapy, hippo therapy, etc.

**Chasing Dreams Support Planning, LLC, \$60.00 per hour, All Counties**

2915 S. Wayzata Blvd, Suite 310

Minneapolis, MN 55405

**Phone:** 612-346-2805

**Fax:** 612-545-4544

**Email:** [abby@chasingdreamssupport.com](mailto:abby@chasingdreamssupport.com) and [taylor@chasingdreamssupport.com](mailto:taylor@chasingdreamssupport.com)

**Website:** [www.chasingdreamssupport.com](http://www.chasingdreamssupport.com)

Revised 12/5/2023, SS-Extranet/Staff Resources



**Planner(s):** Abby Dreger, Taylor Cathey

**Additional Details:** Combined experience of 20 years, working with individuals using waivers and helping those with disabilities find the resources and support they need. Experience in waiver case management, direct service provider, waiver reassessments, and person-centered planning and writing. We will work hard for you and your family and will be a reliable member of your team.

### **Cindy Cherry-Gill Certified Support Planner, \$60.00 per hour, All Counties**

555 10th Ave N.

South St. Paul, MN 55075

**Phone:** (651) 468-8654

**Email:** [ch3rry.5678@gmail.com](mailto:ch3rry.5678@gmail.com)

**Planner(s):** Cindy Cherry-Gill

**Additional Details:** I love working with families, and using person centered thinking to develop creative and successful plans geared to help you live your BEST LIFE! After assessing your strengths, needs and wishes - the goal is to find resources and creative solutions for home & auto modifications, developing a care team, education & skill development, employment opportunities, music, art and hippo therapies, community activities and transition-age supports to find you an independence level that brings you joy and security. I have 3 degrees, in chemistry, communications and business. Much of my career was submitting regulatory documents to the FDA which fostered strong writing and documentation skills, medical terminology, HIPAA requirements and critical thinking skills. I believe in leadership through service, and am committed to continuous follow through with you, social workers, vendors and FMS services to help you achieve your BEST PLAN. We can work and communicate in a way that makes you most comfortable – in person, phone, email, text, video, or conference call.

### **Choosing Home Support Planning, \$60.00 per hour, Select Counties**

PO Box 189

Motley, MN 56466

**Phone:** (320) 360-7737

**Web:** [www.choosinghome.net](http://www.choosinghome.net)

**Planner(s):** Carolyn Ouradnik, Elissa R., Carolyn O., Jessica R., Kelly Jansson.

**Additional Details:** I am an independent Support Planner who is committed to providing the most creative and positive future planning ideas. My years of experience encompass Support Planning, work as a Trainer with U of M /DHS for Person-Centered Thinking, and the ability and training to develop complete individual Person-Centered Plans. My focus began as a parent, work with educational teams, Support Planning and 10 yrs. experience in county-based systems. I 'meet' people and individuals where they are in their planning, life and vision. Experienced in finding resources, accessibility items, employment skill development / education ideas and items, training and education for individuals, families and support staff.

### **CMG Solutions, \$55.00-\$60.00 per hour, Select Counties**

4375 Kady Avenue NE

St. Michael, MN 55376

**Phone:** (612) 704-8623

**Planner(s):** Carmen Gretton

**Additional Details:** Wright, Sherburne, Ramsey, No new in Henn. Co., Others by special arrangements. I am an independent Support Planner. I am the mother to 3 children, one with severe autism who has been on a waiver utilizing CDCS for 6 years. I specialize in families with special needs children and finding services that best meet their needs.

### **Creating Possibilities Support Planning, \$60.00 per hour, All Counties**

148 Long St

Mankato, MN 56001

Revised 12/5/2023, SS-Extranet/Staff Resources

**Phone:** 507-508-7836

**Email:** [lmosenden@creatingpossibilities.net](mailto:lmosenden@creatingpossibilities.net)

**Planner(s):** Lori Mosenden

I have worked in the disability field for over 25 years and been a certified support planner for the past 10 years. I enjoy developing a creative, person-centered plan to meet the specific needs of clients & their families. I also have personal experience as a mother of a son with a Traumatic Brain Injury diagnosis.

### **Creatively Home, LLC, \$50.00 per hour, Select Counties**

6350 21st Ave SW

Pequot Lakes, MN 56472

**Phone:** 952-239-9083

**Email:** [creativelyhome@gmail.com](mailto:creativelyhome@gmail.com)

**Planner(s):** Carolyn Olijnek

**Additional Details:** Able to serve areas of MN with emphasis on Central and Northern areas. Able to meet in person, through video conferencing, or via phone. With nearly 30 years of experience in education and 15 years as a parent of a child with special needs, I am committed to a person-centered approach. As an independent support planner, I work with the participant and team to listen and plan creative solutions for the most fulfilling living.

### **DBS Support Planner, \$50.00 per hour, Metro Counties**

2626 East 82nd St. Suite 200

Bloomington MN 55425

**Phone:** 612-961-2491

**Fax:** 612-437-4462

**Email:** [kofiroali@gmail.com](mailto:kofiroali@gmail.com)

**Planner(s):** Ali Kofiro

**Additional Details:** At DBS Support Planner LLC, you will find a multilingual support team who fluently speaks Somali, Oromo, Amharic, and English. Our team is highly trained in writing person centered plans and has detailed knowledge of working with individuals with disabilities and can advise on the best available options. Ali Kofiro is a certified Support Planner and the founder of DBS. He is also a licensed counselor and has spent more than 15 years as a counselor working with those who are in need. Being both professional Support Planner and a licensed counselor makes Ali uniquely qualified to handle CDCS waiver services.

### **Excellence In Action, \$50.00 per hour, All Counties**

Certified CDCS Support Planner and Person-Centered Planner Facilitator

1334 Washburn Ave N

Minneapolis, MN 55411-2841

**Phone:** 612-558-5956

**Email:** [eia.cdcs@gmail.com](mailto:eia.cdcs@gmail.com)

**Planner(s):** Bonnie Jean Smith

**Additional Details:** All Counties: [Metro Counties and all others by special arrangement] - in person, through video chat or conference call. 20+ years' experience writing Support Plans and IEP Plan's that are driven by each individual's personalized choice and control over their Independence, Productivity, Self - Determination, Integration, and Inclusion. Also a parent of two young adults with developmental disabilities.

### **First Choice LLC, \$55.00 per hour, All Counties**

17252 182nd Ave NW

Big Lake, MN 55309

**Phone:** 763-370-5309

**Email:** [levi@first-choicellc.com](mailto:levi@first-choicellc.com)

**Website:** [www.1st-choicellc.com](http://www.1st-choicellc.com)

**Planner(s):** Levi Conti

**Additional Details:** All Counties: in person, through video chat or conference call. I am an Independent Support Planner who has two children on different waiver programs. I have experience in CDCS and all waiver types. I am passionate about creating a plan that is person centered for individuals and take pride in working hard to plan supports that help individuals achieve the life they desire. I am flexible with creating meetings in a manner that best meets your needs whether in person, through video chat or conference call.

### **Five Arrows Support Planning Amanda Rueter, \$55.00 per hour, All Counties**

241 Creekside Drive  
Eagle Lake, MN 56024

**Phone:** 507-382-9196

**Email:** [amandarueter5@gmail.com](mailto:amandarueter5@gmail.com)

**Planner(s):** Amanda Rueter

**Additional Details:** Five Arrows Support Planning serves all counties in Minnesota via telephone or zoom. At Five Arrows Support Planning I strive to bring professionalism and understanding to each client I serve. As the mother of two children who receive CDCS services, I know how overwhelming it can be to navigate, not only the needs of your child/family member, but also the ins and outs of all the services they may be eligible for. I also bring the experience I gained being a former elementary teacher. My goal will always be to help you best meet the needs of your family member and help answer your questions and solve problems along the way.

### **Flex-Pac, Inc., \$68.00 per hour, Most Counties**

1202 Cherrywood Dr NE  
New Prague, MN 56071

**Phone:** 952-758-3485

**Cell:** 952-297-7866

**Email:** [chrisbudgethelp@yahoo.com](mailto:chrisbudgethelp@yahoo.com)

**Planner(s):** Christine Loose, Elisabeth A., Kerry V., Angela G., Julie G. O., Ana K., Laura G., Jason B., Melissa M., Taylor H., Mary K., Essy D., Amber C., Whitney T. & Laura Z.

**Additional Details:** Flex-Pac, Inc. was founded by Christine Loose, mother of a son with autism who has been working in the field for over 17 years. Flex-Pac has support planners with specialties in the areas of: home modifications, cognitive/physical impairments, Autism, adult mental health and transition-age supports. We work with and have experience with all waiver types. Several support planners also have experience as lead agency employees and have an excellent understanding of how to write a person-centered CDCS plan with the individuals they serve.

### **For You, Support Planning LLC, \$55.00 per hour, Select Counties**

**Phone:** 320-808-6320

**Email:** [kristinablehr@outlook.com](mailto:kristinablehr@outlook.com)

**Planner(s):** Kristina Blehr

Flexible. Over 10 years of experience working with families and individuals with disabilities. Settings have included Direct Care staff, Supervisor of a group home, and Service Coordinator at an FMS. Training and experience with Person-Centered Planning and writing. I enjoy the one on one with the families and individuals that I serve.

### **Harmony at Home, LLC, \$55.00 per hour, All Counties**

PO Box 453  
Frazee, MN 56544

**Cell:** 218-371-1647

**Email:** [harmonyathomellc@outlook.com](mailto:harmonyathomellc@outlook.com)

**Planner(s):** Elissa Hisgun

**Additional Details:** I am an independent Support Planner who is dedicated to providing person centered planning for individuals of all ages on CDCS and CSG. I have both personal and professional experience working with individuals with disabilities and the elderly. I love to work with families to help brainstorm unique supports to help individuals maintain their health and safety as well as allowing them to continue to live at home.

### **Harry Meyering Center, \$60.00 per hour, Most Counties**

**Phone:** 507-387-8281 (office) or 507-225-5030 (direct phone)

**Fax:** 507-345-1696 (direct fax)

**Email:** [ebritz@harrymeyeringcenter.org](mailto:ebritz@harrymeyeringcenter.org)

**Website:** [www.harrymeyeringcenter.org](http://www.harrymeyeringcenter.org)

**Planner(s):** Emily Britz, Kailey Kiecker, Jen Drganc

**Additional Details:** Most counties (can be in person, zoom or by phone). Harry Meyering Center is a premier Support Planning service provider. Our staff have over 15 years of experience in Self-Directed Services including managing services for our own family members. We believe in a person-centered approach to services that includes choice, socially valued roles, and respectful communication. We produce detailed plans that will get approved by your lead agency the first time. Our Support Planners are responsive and available for consultation. We provide hundreds of resources to help you reach your dreams and focus on independence.

### **JMC Professional Support Services, LLC, \$60.00 per hour, All Counties**

10811 143rd Ave SE

Becker, MN 55308

**Phone:** 612-816-9051

**Email:** [Jmcservices77@gmail.com](mailto:Jmcservices77@gmail.com)

**Planner(s):** Julie Crane

**Additional Details:** I am an independent Certified Support Planner and currently serve all counties, and all waiver types. I offer telephone and/or virtual conferencing for all meetings. I also offer in person meetings if that is preferred, as long as they are within a 60-mile radius. My goal is to write person centered plans that will best fit my clients personal needs and goals. I am determined to help my clients find the resources that will help them thrive in their communities, as well as help them navigate the CDCS process.

### **Just 4 U Support Services, LLC, \$50.00 per hour, Select Counties**

5436 Irving Avenue North

Brooklyn Center, MN 55430

**Phone:** (612) 408-6837

**Planner(s):** Angela Shonoiki

**Additional Details:** Anoka, Hennepin, Ramsey. I am an independent certified support planner. I have over 12 years' experience working with individuals with a disability and their families on the CDCS program. I provide everyone with quality service and great communication.

### **Krengel Support Planning, \$55.00 per hour, All Counties**

**Phone:** 651-243-0616

**Email:** [Jennifer.Krengel.SP@gmail.com](mailto:Jennifer.Krengel.SP@gmail.com)

**Planner(s):** Jennifer Krengel

I have 20 years' experience working with the disability community. The last 3 years I have worked as a Service Coordinator at an FMS as well as a Certified Support Planner, gaining a lot of knowledge about Self Directed Services.

### **Let's Dream LLC, \$55.00 per hour, All Counties**

**Phone:** 218-464-2385

**Email:** [letsdreamllc@gmail.com](mailto:letsdreamllc@gmail.com)

**Planner(s):** Cheyenne Wilson

I am able to meet virtually or in person. I am a trained in person centered planning as well as person centered coaching. Past experience as a case manager and MnCHOICES Assessor gives me a well-rounded understanding of the CDCS program.

### **Life of My Own, LLC, \$50.00 per hour, All Counties**

2205 Shenandoah Ln N #114

Plymouth, MN 55447

**Phone:** 612-267-1519

**Fax:** 763-444-1837

**Email:** [betty@lifeofmyown.net](mailto:betty@lifeofmyown.net)

**Planner(s):** Betty Peterson

**Additional Details:** Over 20 years' experience in disability field, autism certification, and special ed background. Flexible scheduling. 9 years exp. with plan development. Willing to work statewide. Video conferencing (need only webcam and med. quality internet).

### **Life Planning, \$65.00 per hour, Select Counties**

18125 Tulane St NE Columbus MN 55025

**Phone:** 651-464-1621

**Fax:** 651-982-1522

**Planner(s):** Marta Bradshaw

**Additional Details:** Anoka Washington Isanti Chisago Pine Kanabec Benton; Other Northern Counties by Special Arrangement. Able to meet in person, through video conferencing, or via phone. I am an independent Support Planner. I have over 30 years of healthcare experience with special needs population of all age levels. Personally, I have 2 disabled children, 1 with autism and one with multiple disabilities. Both receive waived services. I work closely with Social Workers and Fiscal Management Services to ensure Client expectations and needs are met.

### **Mahad Support Planner LLC, \$60.00 per hour, All Counties**

**Phone:** 320-316-5364

**Email:** [hellomahad81@gmail.com](mailto:hellomahad81@gmail.com)

**Planner(s):** Mahad Mohamed

**Additional Details:** Mahad Support Planner has years of experience working with individuals eligible for CDCS services. Well-trained in writing person-centered community support plans. Have more knowledge and understanding in waived programs. Fluent in Somali, Oromo, and English language. We help families to more understand the programs, and identify their goals, and tell them other CDCS options available in order to achieve a greater independence.

### **MFT Services, LLC, \$55.00 per hour, All Counties**

355 Transit Avenue

Roseville, MN 55113

**Phone:** 651-484-2654 or 651-728-1448

**Fax:** 651-484-2654

**Email:** [mftaoservices@gmail.com](mailto:mftaoservices@gmail.com)

**Planner(s):** May Thao

**Additional Details:** Over 15 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of school and social service delivery systems, and community resources and services. Bilingual: Hmong/English.

## **Mighty Fortress Housing, \$55 per hour, Select Counties**

431 Egret Blvd NW  
Coon Rapids, MN 55448

**Phone:** 480-587-3250

**Email:** [amber@mightyfortreshousing.org](mailto:amber@mightyfortreshousing.org)

**Planner(s):** Amber Griffin, Certified Support Planner, Bachelor of Arts in Human Service and Community Organization, Certified Peer Support Specialist, Person Centered Training, 20 Years of experience in the Human Service Field

**Additional Details:** Free Consultation. Minimum of 8 hours initial year. Service fee packages ask for more info. In Person and virtual – 7 county Metro Area, Milles County and Isanti County. Virtual- all other counties.

You Matter! Your needs and the quality of your everyday matter! Amber Griffin is an excellent human service professional working creatively to meet the needs of the people she serves. Amber will educate and assist you in navigating the challenges of finding non-traditional services to improve your life. Amber believes that your strengths are more important than your barriers. Remote and In person services available.

## **Minding Emergence, LLC, \$50.00 per hour, Select Counties**

4412 W Lake Harriet Pkwy, Ste A  
Minneapolis, MN 55410

**Phone:** 218-522-0167

**Email:** [jodib@mindingemergence.com](mailto:jodib@mindingemergence.com)

**Planner(s):** Jodi Beckstrom

**Additional Details:** Eleven Metro Counties (Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Ramsey, Scott, Sherburne, Washington, and Wright); Any Greater Minnesota County by special arrangement. I am a family member of two people who live/have lived with disabilities; one person with downs syndrome, the other with a quadriplegic disability – both fabulous human beings. Professionally, I have worked in community multi-sector collaboration for children and family services for over 20 years. Most recently, I worked in disability services with Hennepin, Anoka, Dakota & Ramsey counties. I am trained in Person-Centered Thinking & Planning, concentrating on a person's strengths. I am also a trained facilitator and certified in individual change management.

## **Minnesota Disability Support Alternatives (MNDSA), \$55.00 per hour, All Counties**

**Phone:** 651-317-4679

**Fax:** 651-560-5578

**Email:** [main@mndsa.org](mailto:main@mndsa.org)

**Website:** [www.mndsa.org](http://www.mndsa.org)

**Planner(s):** Kayla B., Sarah D., Nicole C., Peter C., Jessica E., Sharynetta P., Cole C., Addyson M.

**Additional Details:** ALL Minnesota counties, utilizing video or teleconferencing to reach rural areas that have little or no access to support planners. Our staff have over 25 years of experience working with disabled individuals and their families. All of us either qualify as disabled ourselves or have a family member with a disability. This combination of professional and personal experience ensures that all our services are provided with a unique perspective. We believe that it is important for EVERYONE to have access to high quality support planning.

## **Minnesota Support Planning, LLC, \$45.00-\$60.00 per hour, All Counties**

Licensed School Counselor/Licensed Social Worker

**Phone:** 651-789-4528

**Cell:** 952.594.0050

**Email:** [abdifatah.kofiro@outlook.com](mailto:abdifatah.kofiro@outlook.com)

**Planner(s):** Abdifatah Kofiro

**Additional Details:** Rate varies depending on distance of travel from office to individual served. Over 4 years of experience working with individuals with disabilities. Have experience working with both CCB and AC-EW CDCS.

Revised 12/5/2023, SS-Extranet/Staff Resources

Have in depth knowledge and understanding in waived programs and supports to help individuals achieve greater independence in the community. We are also fluent in Somali.

### **MKS Support Planning Services, LLC, \$50.00 per hour, All Counties**

**Phone:** 320-250-9831

**Email:** [MKSpPlanning23@gmail.com](mailto:MKSpPlanning23@gmail.com)

**Planner(s):** Melissa Schlueter

**Additional Details:** My name is Melissa Schlueter, I wanted to take a minute to introduce myself. I am a new Independent Support Planner with 17+ years of experience in advocating for children and other vulnerable populations to ensure each individual's rights and passions are protected. I am an expert at finding creative solutions to ensure the health and safety of individuals while helping create unique support plans which focus on reaching individual goals. I have a paraprofessional background which allows me to share a new perspective in understanding and managing undesirable reactions from individuals, while also remaining open-minded in all situations. I am passionate about helping others as I find it to be fulfilling and rewarding. I am flexible, patient and am currently accepting new clients in all MN counties.

### **Neal Support Planning Services, \$50.00 per hour, All Counties**

**Phone:** 320-291-2383

**Email:** [jasonjessicaneal@msn.com](mailto:jasonjessicaneal@msn.com)

**Planner(s):** Jessica Neal

**Additional Details:** 20 plus years of work with individuals with disabilities, waivers, and county services. Knowledgeable with medical terminology as well experienced in the emergency medical field. Personally experienced as a parent of medically complex children, individuals with ASD, FAS, RAD.

### **Kassim Osman, \$55.00 per hour, Metro Counties**

919 12th Ave SE unit 214

Minneapolis, MN 55414

**Phone:** 612-272-8031

**Email:** [Kamundu96@gmail.com](mailto:Kamundu96@gmail.com)

**Planner(s):** Kassim Osman

**Additional Details:** Disability advocate for over 10 years and experience in the provision and management of county service such as CDCS and other support services. Possesses strong work ethics and recognized for the ability to deliver results.

### **PCK Planning LLC, \$55.00 per hour, Select Counties**

**Phone:** 612-405-0462

**Email:** [pckplanning@gmail.com](mailto:pckplanning@gmail.com)

**Planner(s):** Kelly Jansson

**Additional Details:** Wright, Meeker, Sherburne, and Stearns County In person, virtual or phone visits. Serving all other counties virtually or by phone. I am a parent of a child that is on a CADI waiver and we have been utilizing the CDCS option for over 8 years. I also have years of experience in the special educational field. I provide exceptional customer service and assist all my families to find the resources they need to create healthy, safe lives while striving for feelings of fulfillment and joy. I take great pride in creating person centered plans that are unique to each individual, while creating positive relationships for all involved.

### **Planwrite, LLC, \$60.00 per hour, All Counties**

6532 Sumter Ave N

Brooklyn Park, MN 55428

**Phone:** 763-442-0512

**Email:** [Planwritelc@gmail.com](mailto:Planwritelc@gmail.com)

**Planner(s):** Jessica Richter

All counties served by telephone or virtual and many served in person. Not serving Hennepin County at this time. Available to meet in person, virtually or by telephone. I have a Master's Degree in Child and Family Studies and previously worked in public education for over 20 years with children and their families in special education and general education. I am personable, positive and timely and I love to work with people of all ages on CDCS waivers.

### **Polly Owens, \$50.00 per hour, Select Counties**

3315 42nd Avenue SE

Rochester, MN 55904

**Phone:** 507-259-0824

**Fax:** 507-289-0090

**Email:** [smilinglemur8825@gmail.com](mailto:smilinglemur8825@gmail.com)

**Planner(s):** Polly Owens

**Additional Details:** Olmsted, Dodge, Winona, Wabasha, Mower, Houston, Fillmore, Rice, Goodhue, Freeborn, Steele, Dakota, Hennepin, Ramsey. I have been a support planner for 10 years and have over 30 years' experience assisting individuals in directing their supports. I am an experienced person-centered planning facilitator, trainer, and advocate with a passion for helping individuals live their best life.

### **Personal Planning LLC, \$55.00 per hour, All Counties**

**Phone:** 320-391-1043

**Email:** [personplan@embarqmail.com](mailto:personplan@embarqmail.com)

**Planner(s):** Janet Steinbrecher

I love working with families to write a plan that best fits their needs. I have person centered training, have worked with individuals with disabilities for 5 years, and have been a support planner for a year and a half. I have enjoyed the families I have submitted plans for very much and would love to continue serving more families.

### **PLAID Professional Services, \$50.00 per hour, All Counties**

PO Box 201

Pennock, MN 56279

**Phone:** 320-212-2222

**Email:** [PLAIDproservices@gmail.com](mailto:PLAIDproservices@gmail.com), [tammib@PLAIDProServices.net](mailto:tammib@PLAIDProServices.net)

**Website:** [www.PLAIDProServices.net](http://www.PLAIDProServices.net)

**Planner(s):** Tammi Buska (previously Boedigheimer)

**Additional Details:** I am an Independent Support Planner committed to providing quality services in assisting individuals in developing a Person-Centered plan that supports positive living, independence, and quality of life. Personally, I am a parent of three disabled young adults, two with severe autism who use CDCS and one with a traumatic brain injury. I am a nationally certified guardian, person-centered trained, PCA certified, have a master's degree in psychology and behavior analysis, and over 20 years' experience working with systems that support people with disabilities (e.g. educational teams, county services, etc.). My combined knowledge as an involved parent of kids with severe disabilities, supporting other families in various ways, advocating for excellence and higher expectations, and all my education can give individuals confidence in my abilities to serve them well as a support planner. My goal will be to learn what individual want in life and do my best to help them develop a plan that supports their goals, dreams, and expectations so they thrive and achieve living a life they desire. I can meet with you in-person, through video chat, or by phone; whichever is most convenient for you.

### **Professional Services Group, \$55.00 per hour, Metro Counties**

2520 W. Larpenteur Ave., #100

Lauderdale, MN 55113

**Phone:** 612-250-9590



**Planner(s):** Mohamed Yarow

**Additional Details:** All metro counties, Stearns, Sherburne, Rice, Olmstead, and Blue Earth.

### **Professional Support Planning Services, LLC, \$55.00 per hour, All Counties**

**Phone:** 320-309-5255

**Fax:** 320-338-7165

**Email:** [PSPStoday@gmail.com](mailto:PSPStoday@gmail.com)

**Planner(s):** Kellie Pennie

**Additional Details:** I am a parent of a child that is on a TBI-NB waiver and we have been utilizing the CDCS option for over 7 years. I provide exceptional customer service and assist all my clients to find the resources they need to create healthy, safe lives while striving for feelings of fulfillment and joy. I take great pride in creating person centered plans that are unique to each individual, while creating positive relationships for all members of my client's team.

### **Remarkable Care Planning LLC, \$50.00 per hour, Select Counties**

2500 Nathan Ln N. #131

Plymouth, MN 55441

**Phone:** 612-366-5336

**Email:** [remarkablecareplanning@yahoo.com](mailto:remarkablecareplanning@yahoo.com)

**Planner(s):** Dakisha L. Whitson

**Additional Details:** Metro Area

### **Southeastern Minnesota Center for Independent Living (SEMCIL), \$45.00 per hour, Select Counties**

2720 N. Broadway

Rochester, MN 55906

**Phone:** 612-703-2647

**Fax:** 651-454-2773

**Planner(s):** Mitchel Paulson and Larry More

**Additional Details:** Serving Rochester and southeast Minnesota.

### **Southern Minnesota Independent Living Enterprises and Services (SMILES), \$60.00 per hour, Select Counties**

709 So. Front St., Suite 7

Mankato, MN 56001

**Phone:** 507-345-7139

**Fax:** 507-345-8429

**Web:** [www.SMILESCIL.org](http://www.SMILESCIL.org)

**Planner(s):** Erica Rewitzer, Tricia Garza, and Bethany Miller

**Additional Details:** Blue Earth, Nicollet, Le Sueur, Sibley, Brown, Waseca, Faribault, Martin, and Watonwan Counties. SMILES has been providing independent living services to people with disabilities for more than 20 years.

### **Southwestern Center for Independent Living (SWCIL), Select Counties**

109 S. Fifth Street, Suite 700

Marshall, MN 56258

**Phone:** 507-532-2221

**TTY:** 507-532-2221

**Fax:** 507- 532-2222

**Web:** [www.SWCIL.com](http://www.SWCIL.com)

Revised 12/5/2023, SS-Extranet/Staff Resources

**Planner(s):** Linda Halbur, Program Mgr., LSW

**Additional Details:** Cottonwood, Jackson, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Rock, and Yellow Medicine Counties. SWCIL has been providing independent living services to people with disabilities based on consumer choice for more than 25 years.

### **A Spark of Inspiration LLC, \$50.00-\$53.00 per hour, Select Counties**

**Phone:** 763-260-0182 for new planning requests.

**Email:** [Lana@spark2hope.org](mailto:Lana@spark2hope.org)

**Website:** [www.spark2hope.org](http://www.spark2hope.org)

**Planner(s):** Lana, Sarah, Amie, Patti

**Additional Details:** Sherburne Wright Anoka Benton Stearns Mille Lacs Todd Meeker Hennepin; Other counties by consideration. We provide phone, virtual or in person meetings.

We provide support planning services and resources to families, helping them build plans with needed services, supports, and goods that meet their health and safety needs. We work with clients on creating goals to help maintain health, safety and increase skills and independence. The team has planners with lead agency experience, nursing, several years combine experience working with vulnerable populations and family members with medical/ special needs. We love providing education so that clients/ families can make the best choices for their needs.

### **Support Broker Services, LLC, \$60.00 per hour, Select Counties**

6536 Kenwood Rd.

St Cloud, MN 56303

**Phone:** 320-282-9331

**Fax:** 320-251-5396

**Planner(s):** Teri Bierman, Jennifer Wahl, Judy Hackett

**Additional Details:** Stearns, Benton, Sherburne, Wright, Mille Lacs, Isanti, Wright, Mille Lacs, Isanti, Crow Wing, others case by case consideration. Former English Teacher and Parent of Child on CAC Waiver. Experienced in Person-Centered Planning and advocacy for individuals with disabilities. Experienced in home/vehicle modifications, nursing level of cares, communication, and behavioral resources.

### **Support Planner Solutions, LLC, \$55.00 per hour, Select Counties**

8088 112th St NW

Annandale, MN 55302

**Phone:** 507-317-3771

**Fax:** 320-323-4450

**Email:** [mhadfield.spsolutions@outlook.com](mailto:mhadfield.spsolutions@outlook.com)

**Planner(s):** Melissa Hadfield

**Additional Details:** Wright, Sherburne, Stearns, Benton, Todd and Meeker counties and other counties by special arrangement. I am an independent Support Planner and parent of 2 children who have been using CDCS waived services since 2012. I strive to help my families find the resources they need to live better lives and thrive at home by establishing personal goals and creating a person centered CDCS plan. I am experienced with nursing level of care, behavioral resources and planning for home modifications.

### **Shanasha Whitson, MA, LSW, MA Community Partnership Collaborative 2.0, \$65.00 per hour, All Counties**

3210 Oliver Avenue North, Suite 3

Minneapolis, MN 55412

**Phone:** 612-481-3577

**Fax:** 612-200-8655

**Email:** [cpc@cpcmn.org](mailto:cpc@cpcmn.org)

**Planner(s):** Shanasha Whitson

**Additional Details:** Shanasha Whitson is a culturally competent and culturally responsive CDCS support planner with an office in North Minneapolis and a satellite office in Crystal Minnesota and Brooklyn Center Minnesota. Shanasha has a bachelor's degree in psychology with a minor in criminal justice and a master's degree in psychology from Saint Mary's University of Minnesota in the areas of licensed professional clinical counseling and licensed alcohol and drug counseling. Shanasha has worked in and around the community for more than 15 years specific to community health and the social determinants of health. Shanasha provides CDCS Support planning services from A-Z. Shanasha works with the LGBTQ, BPOC, families, the Autistic Community, the Elderly, Families from every walk of life and Individuals with specific/unique needs.

### **Winding River Services, LLC, \$60.00 per hour, Select Counties**

1454 97th Ave NW

Coon Rapids, MN 55433

**Phone:** 763-486-9916

**Email:** [elisabeth@windingriverservices.com](mailto:elisabeth@windingriverservices.com)

**Website:** [www.windingriverservices.com](http://www.windingriverservices.com)

**Planner(s):** Elisabeth Adams

**Additional Details:** Anoka Hennepin Ramsey Washington; All other counties by special arrangement. With over 10 years of experience in waiver programs and support planning, Elisabeth specializes in working with individuals with autism and their teams as well as consumers with physical disabilities. She has considerable experience with home and vehicle modifications and behavioral resources. Elisabeth initially came to CDCS as the parent of a child with multiple physical and cognitive disabilities, and she understands the process from both a professional and personal perspective. She brings 20 years of professional writing and education administration experience to her support planning business and is committed to achieving creative and positive person-centered results and plans for her clients.

### **XK Equitable Care Services, \$50.00 per hour, Select Counties**

3610 North 6th Street

Minneapolis, MN 55412

**Phone:** 612-802-6299

**Fax:** 612-802-6299 (please call 1st to connect to fax)

**Email:** [Yenvisetx@gmail.com](mailto:Yenvisetx@gmail.com)

**Planner(s):** Yenviset "Yen" Xiong

**Additional Details:** Counties within 2.5-hour drive of Twin Cities. Over 12 years of support planning experience in providing personalized services to individual person or family in need of independent living services and support by using the person-centered approach or principles to writing the individualized support plan and budgeting. Knowledge and skills in facilitating, coordinating, recruiting workers, referral to community resources, inclusion, obtaining employment, and many other social service spectrum. Certified Global Career Development Facilitator, HIPPA certification, Financial Counselor and Career Counselor Certification, BSW with more than 16 years of work experience in social work practice.

### **Your Direction Support Planning and Services, \$65.00 per hour, All Counties**

10409 Windrose Curve

Elko, MN 55020

**Phone:** 612-222-2378

**Email:** [Stacy@ydsupportplanning.com](mailto:Stacy@ydsupportplanning.com)

**Planner(s):** Stacy Feilen, Alexis, Bryce, Dorothy, Falon, Kaite, Kim, and Teagan

**Additional Details:** We are a group of Independent Support Planners with planners who have worked in social services for over 20 years. Rebranded from Prouty Support Planning in September 2022, we have been support planning for over ten years. We have experience in CDCS and all waiver types. We are passionate about providing services that are person centered, responsive and focused on achieving your goals. We are flexible and

able to arrange meetings in the manner that best meets your needs-- in person, through video chat or conference call.

**Yusra Services, Inc, \$55.00-\$60.00 per hour, Select Counties**

7101 York Ave S, Suite 335

Edina, MN 55435

**Phone:** 952-297-7468

**Fax:** 952-513-4615

**Email:** [hmohamed@yusraservices.com](mailto:hmohamed@yusraservices.com)

**Planner(s):** Hassan D Mohamed, Naomi Mbugua

**Additional Details:** Stern County, St. Louis County, Blue Earth County, Olmstead County, and Kandiyohi County. Yusra Services Inc has years of experience working with individuals eligible for CDCS services. We have helped families understand the program and identify their goals and resources available. We have a strong background in economics, business management, taxes, interpretation and translation. We speak Somali, Oromo, Amharic and Kiswahili languages and help communities from East Africa and greater Minnesota to more clearly understand the CDCS program. We help families overcome language barriers. We have over 20 years experience interpreting and translating English to Somali, Oromo, Amharic and Kiswahili languages (commonly known as the Swahili language).