

COMMUNITY LACTATION RESOURCES



Dakota County Public Health has lactation professionals available to help educate and support families on their breastfeeding journey.

- Family Home Visiting 651-554-6115
- Women, Infants & Children (WIC) 952-891-7525

HOSPITALS AND CLINICS

- Health Partners & Park Nicollet Lactation..... 612.333.2229
www.healthpartners.com (search lactation)
- M Health Woman’s Care Service Line..... 651.232.3147
mhealthfairview.org
- Northfield Hospitals and Clinics 507.646.1216
www.northfieldhospital.org
- Regina Lactation Services – Allina Health 651.404.1221
www.allinahealth.org (search lactation)
- Regions Lactation Support Center..... 651.254.2380
www.regionshospital.com (search lactation)
- The Mother Baby Center 651.241.6250
& Children’s Hospital
www.themotherbabycenter.org

CLASSES/SUPPORT GROUPS

- AMMA Parenting Center 952.926.2229
www.ammarentingcenter.com
- Baby Cafe (check for location)
www.babycafeusa.org/
- Regions Hospital..... 651.293.8176
Partners in Breastfeeding
- Everyday Miracles 612.353.6293
www.everyday-miracles.org/
- Northfield Baby Talk 507.664.3750
- Bloom (St. Paul & Minneapolis) 612.564.0879
www.bloom.com
- Enlightened Mama (St.Paul) 952.457.3834
www.enlightenedmama.com

ONLINE RESOURCES

- National Women’s Health Information Center
www.womenshealth.gov (en Español y en Ingles)
- Breastfeeding and Parenting www.kellymom.com
- La Leche League Locator www.llli.org
- Minnesota Department of Health
www.health.state.mn.us (search “Breastfeeding”)
- WIC Program, Texas Department of Health
www.breastmilkcounts.com
24/7 Lactation Line 1-855-550-6667
- Minnesota Breastfeeding Coalition
www.mnbreastfeedingcoalition.org/individuals-families
- Centers for Disease Control
www.cdc.gov/breastfeeding/index.htm

- Check with your clinic or hospital for other classes or support groups available.
- Find a lactation consultant near where you live:
www.ilca.org (search Find a Lactation Consultant)

Dakota County Public Health Department
1 Mendota Road W., Suite 410
West St. Paul, MN 55118-4771
651-554-6100



Public Health
Prevent. Promote. Protect.
Dakota County