

# Apple Valley - Private Well Sampling in 2024

The purpose of community focused sampling is to provide all county residents using a private well for drinking water a chance to test their well water for common contaminants. This report contains a summary of the results from private wells located in the City of Apple Valley in Dakota County, Minnesota. Water samples were tested for the presence of geologically derived contaminants manganese and arsenic, as well as human-related contaminants lead, chloride, and nitrate.

### **Study Approach**

The County offered water testing opportunities to 30 private well owners in Apple Valley, of which 16% (5 of 30) participated. Residents were asked to collect a water sample from both an outside untreated spigot and an inside primary drinking water tap. All outside samples were tested for manganese, arsenic, nitrate, and chloride. If the outside sample result exceeded 3.0 mg/L for nitrate, 0.05  $\mu$ g/L for arsenic, or 90  $\mu$ g/L for manganese, then the sample collected from the inside tap was tested for that chemical. In addition, all inside tap samples were analyzed for lead.

Chemical	# of Well Samples	# of Detects	Drinking Water Guideline (DWG)	# of Samples above DWG	Mean (Average) Result	Maximum Result
Outside Arsenic μg/L	5	1	10 μg/L – No safe amount	0	0.428	2.14
Outside Chloride mg/L	5	5	250 mg/L*	0	66.96	106
Outside Manganese (Infant < 1yr) μg/L	5	5	100 µg/L	2	156.35	488
Outside Manganese (All Others) μg/L	5	5	300 μg/L	1	156.35	488
Outside Nitrate mg/L	5	3	10 mg/L	0	2.38	5.78
Coliform Bacteria	5	2	Absent*	2	-	-
Inside Arsenic µg/L	1	1	10 μg/L – No safe amount	0	2.24	2.24
Inside Lead µg/L	4	2	15 μg/L – No safe amount	0	1.32	0.66
Inside Manganese (Infant < 1yr) μg/L	3	2	100 µg/L	1	86.85	260
Inside Manganese (All Others) μg/L	3	2	300 μg/L	0	86.85	260
Inside Nitrate mg/L	1	1	10 mg/L	0	0.31	0.31

mg/L milligrams of chemical per liter of water equivalent to parts per million (ppm)

µg/L micrograms of chemical per liter of water equivalent to parts per billion (ppb)

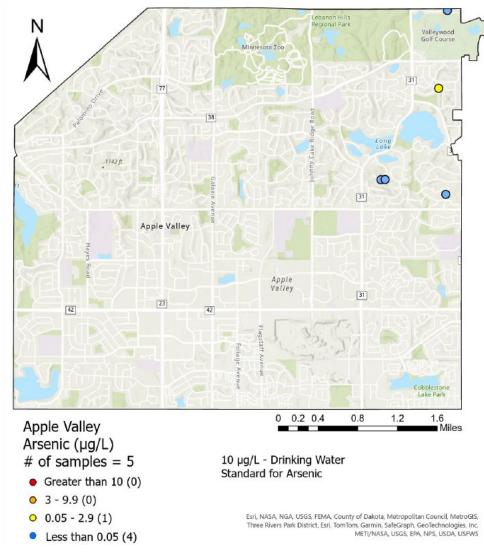
< less than (result is below the level that the laboratory can report)

Absent means no coliform bacteria were detected in your water sample

# Arsenic

Arsenic occurs naturally in rocks and soil and dissolves into groundwater. Arsenic in drinking water is linked to increased risk of cancers of the bladder, lungs, liver, and other organs. High levels of arsenic in drinking water can also contribute to cardiovascular and respiratory disease, reduced intelligence in children, and skin problems, such as lesions, discoloration, and the development of corns. The drinking water guideline for arsenic is 10  $\mu$ g/L, but the US Environmental Protection Agency goal for arsenic in drinking water is 0  $\mu$ g/L since prolonged exposure to any level of arsenic can increase the risk of cancer.

- Arsenic was found in 20% (1 of 5 wells) of the outside samples and in 100% (1 of 1 wells) of the inside samples. None of the inside sampled wells exceeded the drinking water guideline of 10 μg/L.
- There were not enough samples submitted to evaluate statistical significance of the data.





### Manganese

Manganese occurs naturally in rocks and soil and dissolves into groundwater. Our bodies need a small amount of manganese to maintain health, and we get enough manganese from the foods we eat. However, research indicates that children and adults who drink water with high levels of manganese for a long time may develop problems with memory, attention, and motor skills. Infants are more vulnerable to the effects of manganese. For infants who drink well water or formula made with well water, manganese should not exceed 100  $\mu$ g/L. For everyone else, the level of manganese should not exceed 300  $\mu$ g/L. Non-health related problems (metallic taste and staining plumbing fixtures) may occur above 50  $\mu$ g/L.

- Manganese was found in 100% (5 of 5 wells) of the outside samples and in 66% (2 of 3 wells) of the inside samples.
- Manganese in outside samples was detected in 2 wells above the drinking water guideline for infants under 1 year of age of 100 μg/L, and 1 well above the drinking water guideline for all others of 300 μg/L.
- Of the inside samples, 1 well was above the drinking water standard for infants of 100 µg/L, and no wells were above the standard for all others of 300 µg/L.
- There were not enough samples submitted to evaluate statistical significance of the data.

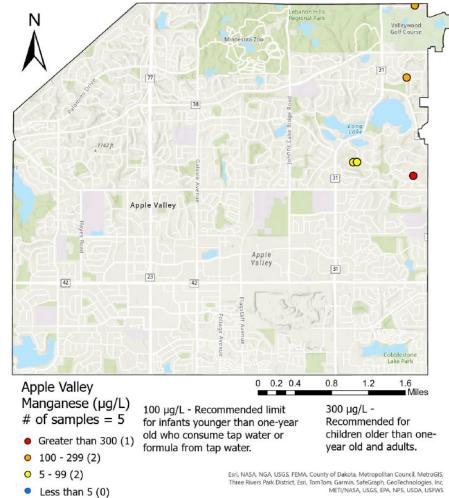


Figure 1. Manganese results in untreated water from outside spigot

# Nitrate

Nitrate occurs naturally at very low levels. Nitrate in groundwater is usually associated with human activities including row crop agriculture, septic systems, and animal feedlots. In Dakota County, the major source is fertilizer used on agricultural crops, which leaches to the drinking water aquifers. A nitrate level above 10 mg/L in drinking water can be harmful to infants under six months old. Infants that consume water or formula mixed with water that is high in nitrate may develop "blue baby syndrome" (methemoglobinemia), a life-threatening condition. Adults may be susceptible to methemoglobinemia if they have certain health conditions. Always test for nitrate before giving well water to an infant. The presence of nitrate is a strong indication that herbicides or herbicide breakdown products are also present. Importantly, both nitrate and herbicides can be reduced using a water treatment device such as a reverse osmosis system (RO). Carbon filtration alone can reduce herbicide concentrations.

- Nitrate was detected in 60% (3 of 5 wells) of the outside samples; 0% exceeded the drinking water guideline of 10 mg/L.
- There were not enough samples submitted to evaluate statistical significance of the data.

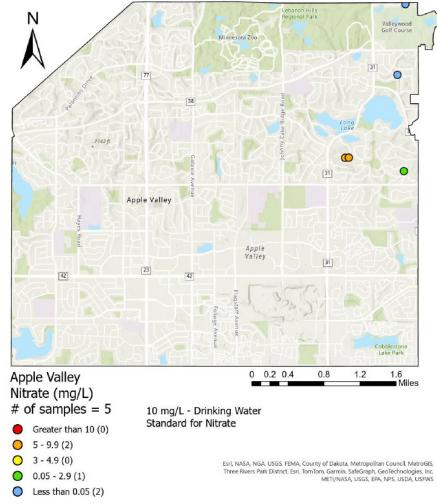


Figure 2. Nitrate results in untreated water from outside spigot

# Chloride

Chloride occurs naturally in the rocks and soil across Dakota County at very low levels. High levels of chloride in groundwater indicate contamination from the application of road salt, potash fertilizer, water softener brine discharge into septic systems, or deicing salt applied to sidewalks and parking lots. Elevated chloride can potentially leach metals, like lead, from plumbing into the drinking water. There is no health-based guideline for chloride, but the USEPA recommends levels no higher than 250 mg/L to avoid undesirable tastes (saltiness). Chloride detected in well water indicates that the well is vulnerable to surface contamination.

- Chloride was found in 100% (5 of 5 wells) of the outside samples, no wells exceeded the guideline of 250 mg/L.
- There were not enough samples submitted to evaluate statistical significance of the data.

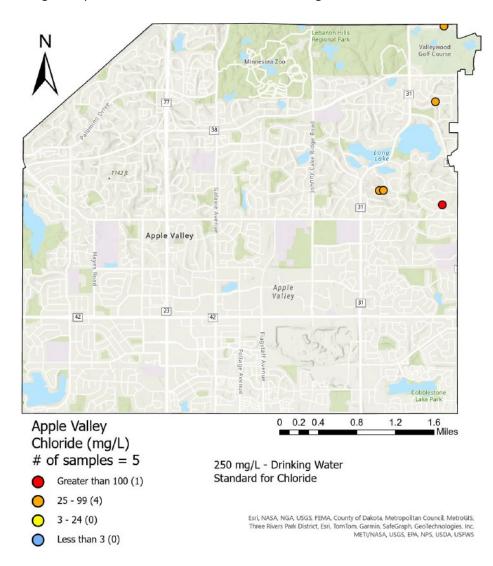


Figure 3. Chloride results in untreated water from outside spigot

## Lead

Lead rarely occurs naturally in groundwater. Lead can leach into drinking water from lead pipes; lead solder on copper pipes; and brass faucets, fittings, and valves (including those advertised as lead-free). Brass fixtures, including fixtures that don't look like brass, such as chrome plate brass products, can contribute lead to drinking water. The USEPA federal drinking water guideline for lead is 15  $\mu$ g/L, however, there is no safe level of lead. Lead exposure usually has no obvious health symptoms and can go unrecognized. Health concerns include impaired physical and mental development, hearing problems, and damage to the brain, kidneys, red blood cells, and nervous system. Pregnant women, infants, and children under six years of age are at the highest risk. The federal "Reduction in Lead in Drinking Water Act" (2014) reduced the amount of lead allowed in water systems and plumbing products by changing the definition of "lead free" from 8% lead content to not more than 0.25% lead in drinking water plumbing components.

#### **Results and findings**

All samples collected from the inside primary drinking water tap were tested for lead. Lead was detected in 50% (2 of 4) of the samples. No samples exceeded 15 µg/L, the drinking water guideline for lead; however, no amount of lead is safe to drink. When purchasing a water treatment device look for one that is certified to reduce lead.

### **Coliform Bacteria**

While most coliform bacteria do not cause disease, their presence suggests there may be disease causing microorganisms in your water. It is not practical to test water for every disease-causing microorganism, but it is easy to test for a group of indicator bacteria called total coliform bacteria. These bacteria are good indicators of sanitary protection of the well and water system because they are everywhere on the surface of the ground, but do not usually occur past a few feet into the soil. If they show up in a water test, they can indicate that surface contamination has gotten into the water and that disease-causing microorganisms may be present. Just as disinfection kills most disease-causing microorganisms, it also kills coliform bacteria. All samples were also tested for E.coli bacteria, specifically, a potentially disease causing form of coliform bacteria.

#### **Results and findings**

• All samples collected from the outside spigot were tested for coliform bacteria. Coliform bacteria was detected in 40% (2 of 5) of the samples. No samples with coliform bacteria present had E.coli bacteria detected.

# If drinking water has elevated levels of chemicals, do the following:

- ✓ Prepare infant formula with bottled water.
- ✓ **<u>Do not boil</u>** drinking water. Boiling water may concentrate contaminants, but it is effective at killing bacteria.
- <u>Identify</u> and, if possible, <u>remove</u> sources of contamination near the well. Fertilizers, animal wastes and sewage systems should be located far from the well and managed to avoid contamination. The top of the well should be at least 12 inches above the surrounding dirt or landscaping.
- Install a NSF, UL, or WQA certified water treatment system and maintain it annually. No single treatment process can remove all substances in water. If there are several substances you want removed from your water, you may need to combine treatment processes. The MN Dept. of Health website has information on water treatment at <a href="http://www.health.state.mn.us">http://www.health.state.mn.us</a> search water treatment.
- Continue sampling. Test your drinking water after you install treatment because there is often no other way to know if a treatment system is working properly. To test for common chemicals of concern, you can have a water test kit mailed to you by requesting one online at www.co.dakota.mn.us search well testing.
- ✓ A <u>Coliform Bacteria</u> test is recommended annually for private wells.

### We can help

- Dakota County may have a copy of your original well record on file if the well was drilled after 1975. The well record can tell you the aquifer your well is tapping and assist a well contractor who may do future work on your well. To request your well record, go to: <a href="https://www.co.dakota.mn.us">www.co.dakota.mn.us</a>, Search Well Information
- If you choose to install a new well and will no longer be using your existing well, the old well will need to be sealed by a MN licensed well contractor. Dakota County may have grant funds available (usually 50% of the cost to seal the well). The application is located at: <a href="http://www.co.dakota.mn.us">www.co.dakota.mn.us</a>, Search Well Sealing Grant.

### **Further testing**

Request a sample kit online from Dakota County at <u>www.co.dakota.mn.us</u>, Search: *Water Test*. Available tests include Coliform Bacteria, Nitrate, Arsenic, Manganese, Lead, and Fluoride.

### Contact

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