



AGING IN PLACE IN YOUR COMMUNITY

RESOURCES FOR DAKOTA COUNTY

GENERAL INFORMATION

AARP

www.aarp.org
1-888-687-2277

Dakota County Library

www.co.dakota.mn.us/libraries
651-450-2900

DARTS

www.dartsconnects.org
651-455-1560

Trellis

(Metropolitan Area Agency on Aging)
www.trellisconnects.org
651-641-8612

Next Avenue

(news/information for people over 50)
www.nextavenue.org

Senior LinkAge Line

www.MinnesotaHelp.info
1-800-333-2433

TRANSPORTATION

DARTS (individual rides, Loop service,
grocery delivery)

www.dartsconnects.org/resources
651-455-1560

GAPP Service, Inc.

(volunteer driver)
www.Gappservicesinc.com
952-953-9299

GoDakota

Transportation Resource Guide

www.co.dakota.mn.us (search: GoDakota)
651-554-6956

Just Friends Transportation

(volunteer driver, Hastings)
www.hastingsfamilyservice.org
651-437-7134

Lyft (rideshare)

www.lyft.com

Metro Mobility

(for ADA-certified passengers)
www.metromobility.org
651-602-1111

**Dakota County Public Health Department
Communities for a Lifetime Initiative
1 Mendota Road West, Suite 410
West St. Paul, MN 55118-4771
www.dakotacounty.us (Search: "CFL")**

This list is a general guide to resources and does not imply endorsement by the Dakota County Public Health Department. (This information is subject to change.)

TRANSPORTATION, continued

Metro Transit (fixed route service)

www.metrotransit.org

612-373-3333

MN Valley Transit Authority

(fixed route service)

www.mvta.com

952-882-7500

Neighbors, Inc. (volunteer driver)

www.neighborsmn.org

651-455-1508

Transit Link (dial-a-ride service where no fixed route service)

www.transitlinktc.org

651-602-5465

Travel Training (help you understand your transportation options)

www.co.dakota.mn.us

(search: getting around the county)

651-554-6322

Email: TravelTraining@co.dakota.mn.us

Uber (rideshare)

www.uber.com

HEALTH

Alzheimer's Association (24/7 Helpline)

www.alz.org

1-800-272-3900

Dakota County Community Living

Services Intake (aging & disability)

www.co.dakota.mn.us

651-554-6336

Juniper

(health, wellness, falls prevention classes)

www.yourjuniper.org

1-855-215-2174

Minnesota Health Department

www.health.state.mn.us

1-888-345-0823

MNsure

(state health insurance)

www.mnsure.org

651-539-2099

NAMI Minnesota

(The National Alliance on Mental Illness)

www.namihelps.org

651-645-2948

Veterans Services

www.co.dakota.mn.us (search: veterans)

651-554-5601

COMMUNITIES FOR A LIFETIME

AARP Livable Communities

www.aarp.org/livable-communities

1-888-687-2277

Center for Community Vitality

www.extension.umn.edu/community

612-624-1222

Communities for a Lifetime Initiative

www.co.dakota.mn.us (search: CFL)

651-554-6104

Dakota County

Volunteering Opportunities

www.co.dakota.mn.us (search: volunteer)

651-438-4635

MN Lifetime Communities

www.mnlifetimecommunities.org

651-431-2606

MN Senior Corps

www.mnseniorcorps.org

651-310-9443

Vital Aging Network

www.vital-aging-network.org

651-226-9578

ACCESSIBILITY

Age Well at Home

www.agewellathome.com

Accessible Homes

www.minnesotahelp.info

(search: Accessible Homes Modification)

651-450-5629

Dakota County

www.co.dakota.mn.us

(search: Public Assistance)

651-554-5611

DARTS – Home Repairs

www.dartsconnects.org

651-455-1560

Lifeway Mobility

www.lifewaymobility.com

651-462-3444

Livable Home Solutions

www.livablehomesolutions.com

952-463-8779

Rebuilding Together Twin Cities

www.rtmn.org

651-776-4273

DAILY LIVING

Community Action Partnership

(housing, energy assist., services)

www.capagency.org

651-322-3500

Dakota County Community Living Services Intake (aging & disability)

www.dakotacounty.us

651-554-6336

Phone Companions service

www.friendsco.org

612-746-0737

Help at Your Door

www.helpatyourdoor.org

651-642-1892

Living Well at Home

www.mn.gov/dhs/live-well

651-431-2500

Own Your Future MN

(long-term care planning)

www.mn.gov/ownyourfuture

1-800-333-2433

The Silver Closet (household goods to those in “senior” housing)

www.silvercloset.org

612-787-7765

FOOD Support

360 Communities

www.360communities.org

(952)-985-5300

Dakota County Assistance

(SNAP food support)

www.co.dakota.mn.us

search: food programs

651-554-5611

Nutrition Assistance Programs for Seniors (CSFP/NAPS)

www.2harvest.org (search: NAPS)

(651)-484-8241

Minnesota Food Helpline

www.hungersolutions.org

1-888-711-1151

FOOD Delivery Options

Aldi

www.aldi.us (search: grocery delivery)

CUB Foods

www.instacart.com/store/cub/storefront

Help at Your Door

www.helpatyourdoor.org (Search: Services)

651-642-1892

Hy-Vee

www.hy-vee.com

(search: HyVee aisles online)

Metro Meals on Wheels

www.meals-on-wheels.com

612-623-3363

Target

www.target.com

(search: same day delivery)

Walmart

www.walmart.com (search: delivery)

HOUSING**Dakota County CDA**

www.dakotacda.org

651-675-4400

Dakota County Housing Crisis Line

www.dakotacounty.us

(search: housing assistance)

651-554-5751

HomeShare Online (find housemates)

www.silvernest.com

1-866-757-6378

Metropolitan Council

www.metrocouncil.org

651-602-1428

Twin Cities Senior Housing Guide

www.seniorhousinginc.org

The Directory, Care Option Network

www.seniorhousingguide.us