

## For an assessment

Scan the code or visit [www.dakotacounty.us](http://www.dakotacounty.us) and search *aging and disability*. You can also call 651-554-6336.



Tell staff about yourself and then decide if you would like an assessment scheduled.

A community living specialist will meet with you to complete a free MnCHOICES assessment.

The MnCHOICES assessment is a way to share your goals, needs and what you want for support.

## After the assessment

You will receive a written plan with information about options for services and support.

The goals of services are to support independent living, good health, safety and community involvement.

## Additional Resources

### Dakota County Crisis Response Unit 952-891-7171

A 24-hour hotline to help with mental health crisis support, family education and community resources referrals.

### Dakota County Public Assistance 651-554-5611

Provides food, medical, cash and emergency financial assistance and child care information. Find forms at [www.dakotacounty.us](http://www.dakotacounty.us), search *public assistance*.

### Disability Hub 1-866-333-2466

Free service for people with disabilities that provides resources to help manage health, benefits, housing and more.

### Senior Linkage Line 1-800-333-2433

Free service connecting older adults and their families with the help they need.

### Veterans Linkage Line 1-888-546-5838

Free service that assists military veterans and their families in receiving benefits.



### Dakota County Social Services

1 Mendota Road W. Suite 300

West St. Paul, MN 55118

Walk-in hours 8 a.m.–4 p.m. Monday–Friday



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2024

# Community Living Services

## Resources for People with Disabilities and Older Adults



## Supporting independence



Social Services

# Service funding that may be available to you

## For people with disabilities or older adults who use Medical Assistance

### Community First Services and Supports

Access either of these services:

- Receive help with daily activities and routines for independent living through provider agencies.
- Customized help with daily activities and support needs. Manage your own budget to hire staff and buy supplies and equipment.

### Home Care Services

For people who need home health aide and/or skilled nursing support.



Program eligibility includes meeting service and financial requirements. Certain income and asset requirements may apply.

## Services and case management for people with disabilities or older adults who use Medical Assistance

### Brain Injury Waiver

For children and adults who have a brain injury and may otherwise need nursing facility or hospital care.

### Community Alternative Care Waiver

For children and adults who are chronically ill and may otherwise need hospital care.

### Community Alternatives for Disabled Individual Waiver

For children and adults who may otherwise need nursing facility care.

### Developmental Disability Waiver

For children and adults who have an intellectual or developmental disability.

### Elderly Waiver

For people age 65 and over who need help with personal care or household tasks in their own home, or help paying for services in an assisted living community.

## Other services for people with disabilities or older adults

### Alternative Care

For people age 65 and over who need help with personal care or household tasks. This is a cost-sharing program that includes case management.

### Essential Community Supports

A limited menu of services for people age 65 and over who can arrange for their own health and safety needs. This program includes case management.

### Family Support Grant

Cash grants for people under the age of 25 with a disability who live in their family home.

### Developmental Disabilities (Rule 185) Case Management

Provides help for people who have an intellectual or developmental disability to get community supports and services.

### Semi-Independent Living Services

Services to build independent living skills for adults who have an intellectual or developmental disability.

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