

COVID-19 Resource

Hotlines, Help Lines and Resource Directories

March 8, 2021

Dakota County COVID-19 Hotline

Dakota County has a public hotline to answer COVID-19 Questions. Interpreters available. 952-891-7834
Monday –Friday, 10 a.m. to 4:00 pm.

Minnesota Department of Health Hotlines: Interpreters Available.

Health Questions

651-201-3920 or 1-800-657-3903 or 1-800-657-3903
Monday- Friday, 9 a.m. to 4 p.m.

School and Child Care Questions

651-297-1304 or 1-800-657-3504
Monday-Friday, 9 a.m. to 4 p.m.

Discrimination Helpline

1-833-454-0148
Monday-Friday, 9: a.m. to 4 p.m.

Stay at Home Violation Complaints

651-793-3746

United Way 211

- Dial 211 or 1-800-543-7709 or 651-291-0211
- Free and confidential
- Available 24-7 in all languages
- Life chat with a referral specialist
- Texting available Monday-Friday 8-7 text your zip code to 898-211



**Wash your
hands.**



**Stay home
when sick.**



**Cover your
cough.**



**Keep 6 feet
apart.**



**Stay
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Minnesota Mental Health & Substance Use Crisis Supports

- Mental Health Crisis Line-**CRISIS(**24747)
- Crisis Text Line-Text MN to 741741 Free Support 24/7
- [The Trevor Project](#) at 866-600-2670
- Minnesota Farm and Rural Helpline 833-600-2670
- National Suicide Prevention Lifeline at 1-800-273-TALK
- Dakota County Crisis Response Unit 952-891-7171
- Gambling Hotline 1-800-333-HOPE
- Veterans Crisis Line 1-800-273-8255

COVID Cares Support Services-833-437-3466

Call 833-HereMN to reach licensed mental health and chemical health personal providing free confidential phone support for Minnesotans experiencing stress during these difficult times. Twenty support calls offered daily 9 a.m.-9:00 p.m.

[CLUES](#)-Comunidades Latinas En Servicio COVID-19 Hotline:

- Call or text 651-768-0000
- 8:30 am – 5 pm/Monday – Friday.
- Serves Latino individual families.

MN Black Community COVID-19 Hotline 651-254-1154

[Hotline for Minnesota Refugees and other immigrants](#)

- 651-318-0989
- Monday – Friday 9 a.m. to 5 p.m.

[Fast Tracker](#)

Fast-Tracker-Is an online data base to look for mental health and substance disorder resources

Minnesota Help Network: www.mnhelp.info

- Minnesota's largest data base of social service programs.
- How to Videos
- Chat Features Monday-Friday 8:00-4:30
- This data base supports three major help lines.



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[Link Vet-1888-LINKVET](#)

Support for Minnesota Veteran's and their families. Available 7 days a week.

[Disability HUB 1-888-333-2466](#)

The Disability Hub helps individuals of all ages connect and navigate local resources.

[Senior Linkage Line 1-800-333-2433](#)

[HelpOlderAdultsMN.org](#) a searchable resource finder tool with up-to-date information on services specific to older adults, tribal elders and caregivers during the COVID-19 pandemic.

Resource Directories

Dakota County Community Resource Guide for Children and Families

- [Community Resource Guide for Children and Families in Dakota County-English](#)
- [Community Resource Guide for Children and Families in Dakota County-Spanish](#)

Dakota County Adult Mental Health Resources

- Dakota County Crisis Response unit 952-891-7171
- [Adult Mental Health Services](#)
- [Adult Services](#)
- [Minnesota Warm Line](#) 651-288-0400 or text "Support" to 85511. Peer to Peer support for mental health recovery. Open Monday-Saturday, 12 pm to 10 pm

Dakota County Early Childhood Resources

- [Early Childhood Resources Directory](#)-English
- [Early Childhood Resource Directory](#)- Spanish

Children's Mental Health Resources

- [Dakota County Mental Health Directory for Children and Youth](#) -English
- [Dakota County Mental Health Directory for Children and Youth](#)-Spanish
- [Dakota County Children's Mental Health](#) Intake 952-891-7459

[Dakota County E-News Community Resources and Events](#)

- Sign-up to receive weekly emails listing resources and events for Dakota County residents



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