

# COVID-19 Resource

## Resources for Older Adults

Updated July 13, 2020

Due to COVID-19, services and programs are changing rapidly. Please contact agencies directly to determine the availability of their individual programs.

Organization	Support/Resource
<b>AARP Foundation Tax-Aide Program</b>	<a href="#">Tax-Aide</a> is providing online methods for the preparation of taxes—at no cost. You can request the help of a volunteer coach in preparing your tax returns.  Some in-person service is also available on a limited basis, check the <a href="#">Site Locator</a> periodically for updates.
<b>360 Communities</b>	Food Shelves and Community Resources. Learn more at: <a href="http://www.360communities.org">www.360communities.org</a>
<b>CAP Agency</b>	Information and Referral for services for older adults. Call for more information: 651-322-3500
<b>CAP Agency – Home Delivered Meals</b>	Senior Dining and Home Delivered Meals. Call for more information: 952-402-9855
<b>Dakota County Resource Guide for Children and Families</b>	<a href="#">Resource Guide</a> for Children and Families in Dakota County
<b>DARTS</b>	Providing free grocery delivery, loop transportation in select cities and home services and outdoor chores. Call 651-455-1560 or <a href="http://www.dartsconnects.org">www.dartsconnects.org</a>
<b>Elder Resource Association (ERA) South of the River</b>	<a href="#">Resource Guide</a> for services for older adults and caregivers
<b>Hastings Family Services</b>	<a href="#">Food shelf</a> and emergency assistance serving residents of Hastings and surrounding areas



Wash your  
hands.



Stay home  
when sick.



Cover your  
cough.



Keep 6 feet  
apart.



Stay  
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<b>Metro Mobility – grocery delivery</b>	Certified Metro Mobility customers can order groceries and household essentials online from a store that has online shopping and local pickup. Metro Mobility will pick up your order and deliver to your house, free of charge. Visit <a href="http://www.metrocouncil.org">www.metrocouncil.org</a> or 651-602-1180
<b>Loaves and Fishes</b>	Resources for <a href="#">takeaway-meals-only dining sites</a>
<b>Lutheran Social Services</b>	Caregiver respite and senior nutrition services: 651-642-5990
<b>Meals on Wheels</b>	Nutritious meals delivered to the home of seniors and individuals with disabilities can be found <a href="#">here</a>
<b>Metropolitan Area Agency on Aging</b>	The website <a href="http://www.helpolderadultsmn.org">www.helpolderadultsmn.org</a> contains a list of community-based services and resources that can be used by older adults and caregivers to support daily living needs and safety at home. You can also call the organization at 651-641-8812.
<b>Neighbors, Inc</b>	Food, clothing and emergency assistance for residents in northern Dakota County: <a href="http://www.neighborsmn.org">www.neighborsmn.org</a>
<b>RX Connect – Senior Linkage Line</b>	Apply for free or reduced priced medications here <a href="http://www.goodrx.com">www.goodrx.com</a> or by calling 1-800-333-2433
<b>Senior LinkAge Line</b>	Finder tool for older adults can be found here: <a href="https://minnesotahelp.info">https://minnesotahelp.info</a> and through the Senior LinkAge Line at 1-800-333-2433
<b>Transit Link – grocery delivery</b>	Transit Link customers can order groceries and household essentials online from a store that has online shopping and local pickup. Transit Link will pick up your order and deliver to your house, free of charge. Visit <a href="#">Transit Link website</a>
<b>West St. Paul - Living Longer and Stronger</b>	<a href="#">Resource directory</a> for older adults in West St. Paul and surrounding communities



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**Stay home when sick.**



**Cover your cough.**



**Keep 6 feet apart.**



**Stay informed.**

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<p><b>Opening store hours specifically for older adults and other vulnerable populations</b></p>	<p>Aldi – 8:30-9:30am on Tuesdays and Thursdays Costco – 8-9am on Tuesdays, Wednesdays and Thursdays Cub – 6-7am Dollar General – first hour of store opening Hy-Vee - 7-8am Kowalski’s Market – 6-8am Lunds and Byerlys – 7-8am Target – first hour of store opening on Wednesdays Walgreens – 8-9am on Tuesdays</p> <p>Whole Foods – Stores will be open one hour early</p>
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For up to date, accurate information, visit the [Minnesota Department of Health \(MDH\) COVID-19](#) webpage, the [Centers for Disease Control \(CDC\) Coronavirus webpage](#), or the [Dakota County COVID-19 webpage](#).

