COVID-19 Checklist
Cleaning and Disinfecting Alternatives

Ways to Disinfect When Everyday Supplies Run Out

Minnesotans can use the following suggestions for preventive cleaning against COVID-19 if everyday supplies, such as cleaning wipes or cleaning sprays, run out.

Use a diluted household bleach solution if appropriate for the surface:

› Mix 5 tablespoons (1/3 cup) of bleach per gallon of water; or 4 teaspoons of bleach per quart of water.
› Follow the manufacturer’s instructions for application and proper ventilation.
› Do not use if bleach product is past its expiration date.
› **NEVER** mix bleach with ammonia or other household cleaners.

Use an alcohol solution with at least 70% alcohol:

› Mix 2 parts rubbing alcohol to 1 part water in a spray bottle.
› Wear disposable gloves when cleaning and disinfecting surfaces.
› Discard gloves after use, or, if reusable gloves are used, they should be dedicated only for cleaning and disinfecting surfaces for COVID-19 and no other purposes.
› Clean hands immediately after gloves are removed.

Make homemade baby wipes:

› Use clean paper towels in a container that will keep them moist.
› Add 2 cups water, 2 tablespoons of the baby wash you use, and 1 tablespoon of baby oil.

**Always keep all cleaning products and solutions out of the reach of children.**

Call Poison Control if you think a child has ingested any cleaning products or solutions: 1-800-222-1222.

For up to date, accurate information, visit the Minnesota Department of Health (MDH) [Prepare and Prevent: COVID-19](https://www.health.state.mn.us/) webpage, or the Centers for Disease Control (CDC) [Coronavirus webpage](https://www.cdc.gov/coronavirus/2019-ncov/index.html).