

COVID-19 Checklist

Cleaning and Disinfecting Alternatives

Ways to Disinfect When Everyday Supplies Run Out

Minnesotans can use the following suggestions for preventive cleaning against COVID-19 if everyday supplies, such as cleaning wipes or cleaning sprays, run out.

Use a diluted household bleach solution if appropriate for the surface:

- › Mix 5 tablespoons (1/3 cup) of bleach per gallon of water; or 4 teaspoons of bleach per quart of water.
- › Follow the manufacturer's instructions for application and proper ventilation.
- › Do not use if bleach product is past its expiration date.
- › **NEVER** mix bleach with ammonia or other household cleaners.

Use an alcohol solution with at least 70% alcohol:

- › Mix 2 parts rubbing alcohol to 1 part water in a spray bottle.
- › Wear disposable gloves when cleaning and disinfecting surfaces.
- › Discard gloves after use, or, if reusable gloves are used, they should be dedicated only for cleaning and disinfecting surfaces for COVID-19 and no other purposes.
- › Clean hands immediately after gloves are removed.

Make homemade baby wipes:

- › Use clean paper towels in a container that will keep them moist.
- › Add 2 cups water, 2 tablespoons of the baby wash you use, and 1 tablespoon of baby oil.



Always keep all cleaning products and solutions out of the reach of children.

Call Poison Control if you think a child has ingested any cleaning products or solutions: 1-800-222-1222.

For up to date, accurate information, visit the Minnesota Department of Health (MDH) [Prepare and Prevent: COVID-19](#) webpage, or the Centers for Disease Control (CDC) [Coronavirus webpage](#).



Wash your hands.



Stay home when sick.



Cover your cough.



Keep 6 feet apart.



Stay informed.