

COVID-19 Checklist

Community and Faith-Based Organizations

Top 5 Things You Can Do to Prepare for COVID-19

All Minnesotans are being asked to practice social distancing whenever possible. However, many faith-based and community organizations offer important mental health and social supports that benefit the community. All organizations are being encouraged to take the following actions to help minimize the spread of COVID-19 in their community.

- › Implement a plan to hold remote or virtual meetings, gatherings, and congregation services.
 - Review religious practices and consider ways they could occur to reduce the transmission of illness, especially practices that involve the sharing of common items or close contact with other individuals.
- › Cancel or reschedule events with more than fifty people—especially for groups at greater risk, such as older adults or people with chronic health conditions.
- › Engage other community leaders and establish a process to help with grocery delivery, other household tasks, and reduce the feelings of isolation and loneliness of people who are staying home while sick or to avoid exposure to COVID-19.
- › Continue to distribute only reputable education, resources, services, and updates to staff and members.
 - Visit the Minnesota Department of Health or Centers for Disease Control websites for current recommendations and resources.
- › Engage with stigmatized groups and speak out against negative behaviors to help counter discrimination against people who are sick. Also watch out for potential language, cultural, and disability barriers when communicating with members or congregants.

For up to date, accurate information, visit the Minnesota Department of Health (MDH) [Prepare and Prevent: COVID-19](#) webpage, or the Centers for Disease Control (CDC) [Coronavirus webpage](#).



**Wash your
hands.**



**Stay home
when sick.**



**Cover your
cough.**



**Keep 6 feet
apart.**



**Stay
informed.**