

## Your child may have been exposed to:

**Pneumonia**

Many different viruses and some bacteria can cause pneumonia (inflammation of the lungs). Pneumonia can be a complication of other illnesses.

If you think your child has pneumonia, tell your childcare provider or call the school.

**Keep your child home from childcare and school** until fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities.

**Do not give aspirin or salicylate-containing medicines to anyone under 18 years of age.**

For more information, call Dakota County Public Health Department at 952-891-7500.

**Symptoms**

Your child may have a runny nose, cough, fever, rapid breathing, and chest pain.

**Spread**

- By sneezing or coughing.
- By touching contaminated hands, objects, or surfaces.

**Contagious period**

Shortly before and while your child has symptoms.

**Call your health care provider**

- If your child has a high fever, sore throat, or cough that does not go away.

Antibiotics do not work for illnesses caused by a virus, including colds and certain respiratory infections.

**Prevention**

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues in the trash.
- Wash hands after touching anything that could be contaminated with secretions from the mouth or nose. Your child may need help with handwashing.
- Do not share anything that goes into the mouth, such as drinking cups, straws, and water bottles.
- Clean and disinfect anything that comes in contact with secretions from the nose or mouth. Use a product that kills germs.
- Do not expose your child to second-hand tobacco smoke. Smoke increases the risk for serious respiratory infections and middle ear infections.

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