

Your child may have been exposed to:**Roseola**

Roseola is a viral rash illness. It is the most common cause of rashes in children 6 months to 2 years of age. Nearly all children will have had roseola infection by the time they are 4 years old.

If you think your child has roseola, tell your childcare provider.

Keep your child home from childcare until the fever is gone and other rash illnesses, especially measles, have been ruled out.

For more information, call Dakota County Public Health Department at 952-891-7500.

Symptoms

Your child may have a high fever that starts suddenly and lasts for a few days. As the fever breaks, a rash may appear on your child's belly, chest, back, and neck. It may later spread to the rest of the body. Even with a rash, your child may still feel alright. Illness may last up to 7 days.

If your child is infected, it may take 9 to 10 days for symptoms to start.

Spread

- By cough or sneezing.
- By touching the secretions from the nose or mouth.

Contagious period

Most likely during the fever and before the rash appears.

Call your health care provider

- If your child has fever and a rash.

Prevention

- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect any objects or surfaces that come in contact with secretions from the nose or mouth. Use a product that kills germs.

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www.dakotacounty.us