

Child and Teen Checkups



2018

Child and Teen Checkups (C&TC) in Dakota County



2018
Child and
Teen Checkups
Narrative Report



INTRODUCTION

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit is a federal mandate that provides comprehensive and preventive health care services for children under age 21 who are enrolled in Medicaid. States are required to provide comprehensive services and furnish all Medicaid coverable, appropriate, and medically necessary services needed to correct and improve health conditions, based on certain federal guidelines.

In Minnesota this program is known as the Child and Teen Checkups (C&TC) program. EPSDT is key to ensuring that children and adolescents receive appropriate preventive, dental, mental health, and developmental, and specialty services. Medical providers deliver the direct screening and diagnostic services for eligible children. Local public health agencies under contract with the Department of Human Services provide administrative services that include outreach and follow-up activities to promote participation in screening and follow-up.

HELPING FAMILIES

9,002 Introduction letters to notify families of the importance of well child checkups
- Federal Requirement

41,356 Reminder letters sent to remind families to schedule a Child and Teen Checkup
- Federal Requirement.

Significant increase due to addition of required checkups at 30 months & yearly checkups starting at age 6 (previous requirement was every other year).

13,175 Phone contacts/attempts to provide assistance with scheduling appointments, transportation, interpreters and community resources - Federal Requirement

4,046 Contacts during WIC appointments to educate and assist families eligible for Child and Teen Checkups

68% of WIC clients received a Child and Teen Checkup within 6 months of outreach

75% of families receiving Public Health Nurse home visits had a Child and Teen Checkups within 6 months of outreach

199 pregnant women and children were seen face to face during the last quarter of 2018 during car seat education and C&TC outreach. A new documentation method was added to Ph-Doc (electronic medical record) to document face-to-face outreach. Follow-up to assess outcomes will be implemented in 2019.

HELPING COMMUNITIES

Education Outreach Activities

ELL:

- ▶ ISD 191, 194 & 196: Total 6 classes

ECFE:

- ▶ ISD 192, 194, 196, 199 & Special district 6:
Total 25 classes

Secondary Schools:

- ▶ Dakota Technical College:
Presentation to 2 child development classes
- ▶ Inver Hills Community College Health Fair
- ▶ Rasmussen College: Presentation to 3 classes

Head Start:

- ▶ Outreach at Orientation: 10 classes
- ▶ Oral Health Education: 9 classes

High Schools:

- ▶ Henry Sibley Senior High: Presentation for careers class
- ▶ Tri-District Career Initiative Presentation

Health and Safety Fairs (sponsored by schools):

- ▶ ISD 194: Ready, Set, Achieve Back to School
Event: 440 participants
- ▶ SSD 6: Baby Shower
- ▶ ISD 199: Health and Safety Fair



HELPING COMMUNITY PARTNERS Address Social Determinants of Health



- ▶ Prince of Peace Mission Outpost food and clothing distribution: 62 times
- ▶ Hosanna! Community meal and clothing distribution: 3 times
- ▶ Risen Savior Catholic Community Spanish Resource Fair: 250 participants
- ▶ Kaposia Education Center Food Distribution: 7 times
- ▶ Lincoln Center Food Distribution: 6 times
- ▶ South St. Paul High School Food Distribution: 8 times
- ▶ West Side Community Health Services with SNAP staff: 2 times
- ▶ 360 Communities Back to School event: 125 participants
- ▶ Training for 360 Communities Food Shelf Volunteers: 75 trained
- ▶ Cops in the Park Event – West St. Paul: 360 participants
- ▶ Outreach at residential sites in conjunction with Open Door Mobile Lunch Box: 6 sites
- ▶ Outreach at the Mexican Consulate
- ▶ Participated in Night to Unite at one housing complex: 100 participants
- ▶ West St. Paul YMCA: 15 participants

Safety Camp

- ▶ Collaborated with the cities of Lakeville, Rosemount, and Inver Grove Heights: 300 children participated

Child Passenger Safety

Child and Teen Checkups Outreach to families eligible for Medical Assistance during car seat education and clinics:

- ▶ Car Seat Education and Distribution: 47 classes
- ▶ Car Seat Clinics:
 - 2 Head Start sites: 17 families
 - 2 clinics in partnership with Apple Valley Police and Fire Departments: 25 families



Planning Committees and Collaborative

- ▶ Dakota County Healthy Collaborative
- ▶ Garlough Collaborative
- ▶ Rosemount Service Providers
- ▶ Interagency Early Intervention Committee
- ▶ Engaging the Somali Community
- ▶ Head Start Advisory Committee
- ▶ Mujeres Latinas Network
- ▶ CHW Alliance

Oral Health

Task Force Goal: Foster collaboration between dental providers, non-dental providers, and the community to improve dental access and to improve oral health for the children in Dakota County

Examples of Progress to Plan 2018:

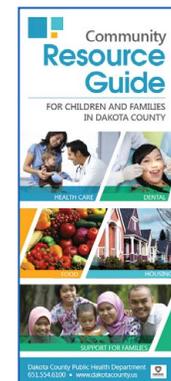
- ▶ Collaborated with 2 colleges to provide education and lift the lip training to parents at partner schools, for WIC clinic participants and families at Mission Outpost. 1092 parents and children received education, toothpaste and toothbrushes for WIC participants.
- ▶ Task Force members coordinated yearly oral health screening and follow-up for 2 schools with a high percentage of free and reduced lunch.
- ▶ Ongoing sharing of resources and opportunities for collaboration between task force members.

C&TC Message in Print

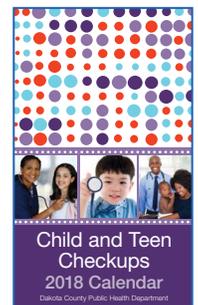
- ▶ Zerkalo Russian Newspaper and Directory with MAG partners
- ▶ 2018 Pocket Calendar – distributed by WIC staff, family home visiting and at community events
- ▶ Community Resource Guides (hard copy and online): Utilized within the Public Health Department, County Partners, Community Partners, Hospitals, Medical Clinics and Faith Communities
- ▶ Dakota County Website – 2,133 views of the Child and Teen Checkups page



Russian Ad



Community Resource Guide



Pocket Calendar

HELPING PROFESSIONALS

Child and Teen Checkups outreach and resource information

Dakota County

Public Health:

- ▶ New Employee Orientation Fair
- ▶ Updates to staff in Family Health Home Visiting, Disease Prevention Control, Emergency Preparedness and WIC
- ▶ Orientation to Child and Teen Checkups for 8 student groups

Community Corrections:

- ▶ Orientation to 8 staff

Economic Assistance:

- ▶ Orientation to C&TC and department resources for 70 Economic Assistance Staff



Dakota County Schools

- ▶ School Nurse Conference Call for all school districts: 17 participants
- ▶ Outreach to staff in 4 school districts and 1 secondary school
- ▶ Interagency Early Intervention Committee – Training for members

Dental Providers

- ▶ Outreach to 16 Dental Clinics – 35 staff trained

Child and Teen Checkups Metro Action Group Trainings

- ▶ Fairview Clinics Regional Managers
- ▶ Fairview/Health East Billing Staff
- ▶ Allina Corporate Staff
- ▶ HealthPartners/Park Nicollet Corporate staff

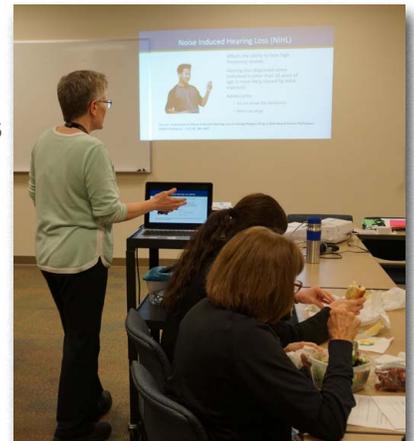
Conferences

Provided staffing at tables or presented to professionals:

- ▶ South of the River Mental Health Summit
- ▶ Asthma Training hosted by Dakota County and presented in collaboration with MDH: 2 sessions
- ▶ Minnesota AAP Hot Topics Conference
- ▶ Minnesota Academy of Family Physicians Conference
- ▶ SNOM (School Nurses of Minnesota) Conference
- ▶ South of the River IEIC Conference

Medical Clinics

- ▶ Annual Visits to 36 clinics that provide care to children eligible for Medical Assistance
- ▶ Training on specific components for staff in 6 clinics
- ▶ Consulted with corporate staff at one clinic system to assure changes to documentation system met requirements for Child and Teen Checkups



Fairview Hospital

- ▶ Training for 15 Birthing Center staff

Faith Community

- ▶ Outreach to staff serving 11 congregations

HELPING INTERNAL PARTNERS - COLLABORATION

WIC Outreach

- ▶ Baby Babble Breastfeeding and Resources support: 10 sessions

Foster Care

- ▶ Annual Foster Care Meeting Presentation – 68 providers attended

Dakota County Library

- ▶ Storytime Presentation – 4 sessions
- ▶ El Dia de Los Ninos – 230 participants

Dakota County Library and Transportation Department

- ▶ Resource and Activity table for families attending “Big Trucks” - 3 libraries

Dakota County Social Service

- ▶ South of the River Special Needs Resource Fair – 50 participants

