

# School Violence Resources

The shooting at the Annunciation Catholic School and additional shootings in Minnesota and across the United States, have evoked a range of emotions and concerns for safety. In response to these events, Dakota County Public Health and the School Safety Coalition compiled a list of various resources that have been shared from local and national leaders. Please use the below links to support your ongoing work in supporting students and ensuring physical and psychological safety within schools.

## For conversations with students and families

### Minnesota Department of Education

Minnesota Department of Education's [Responding to Trauma and Tragedy](#) page offers guidance on talking with students about difficult events, recognizing signs of distress, and connecting with additional state and national support. They also have the following MDE created materials:

- [Guidance for Schools on Supporting Students during Traumatic Events](#)
- Engaging in Sensitive Conversations ([Video](#)) ([PDF](#))
- [Restorative Practices \(Video\)](#)
- [Circle to Talk about Traumatic Events and Tragedies](#)

### Minnesota Association for Children's Mental Health

MACMH has a page on [Community Gun Violence Resources](#) that includes specific resources following the Annunciation Catholic School shooting.

- [What Now? Guide to the First Days and Weeks After the Annunciation Shooting](#)
- [Crisis Care for Annunciation](#)

### National Association of School Psychologists

NASP has a wide range of [school violence resources](#). Including [Talking to Children About Violence: Tips for Families and Educators](#)

### National Child Traumatic Stress Network

[NCTSN](#) has developed resources to help children, families, and communities navigate what they are seeing and hearing, and find ways to cope together. Their [school shooting resources](#) include:

- [Parent Guidelines for Helping Youth After Mass Violence](#)
- [I Don't Know How to Address Worries About My Child's Safety at School](#) (webinar)
- [Talking to Children: When Scary Things Happen \(En Espanol\)](#)
- [Helping Youth After Community Trauma: Tips for Educators \(En Espanol\)](#)
- [Creating Supportive Environments: When Scary Things Happen \(En Espanol\)](#)
- [Coping After Mass Violence](#)
- [Age-Related Reactions to a Traumatic Event \(En Espanol; ASL\)](#)
- [Once I Was Very Very Scared](#) – children's book for young children

### **National Mass Violence and Victimization Resource Center**

NMVC's [Virtual Resiliency Center](#) provides resources to help individuals and communities recover from mass violence. They also have a helpful [Timeline of Activities to Promote Mental Health Recovery](#)

### **Center for Resilience and Well-Being in Schools**

[CRW](#)'s Talking to Youth About Scary Events and Violence page offers some great resources on how to talk about tragedies and violent events with your children.

### **Disaster Helpline**

SAMHSA has a [Disaster Distress Helpline](#) – call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

## **For School Administration, Policy and Practice Considerations**

### **National Center for School Safety**

Offers tools for creating space to process emotions, easing the transition back into daily routines, and building long-term support systems. Some highlights are:

- [Returning to School After a Crisis Guide](#)
- [Trauma-Informed, Resilience-Oriented Schools Toolkit](#)

### **Safe and Sound Schools**

Offers a wide range of tools to help communities address immediate needs, strengthen safety protocols and plan for long-term recovery:

- [Planning and Preparedness Toolkit](#)
- [Supporting Recovery Toolkit](#)

### **Center for the Study of Traumatic Stress**

A specific webpage with [resources in the aftermath of the Annunciation Catholic School Shooting](#) has been created. Included there are helpful resources for school leaders including:

- [Grief Leadership: Leadership in the Wake of Tragedy](#)
- [Leadership Communication: Anticipating and Responding to Stressful Events](#)
- [Workplace and Organization Management After Disaster](#)