

Crisis and Recovery Center



Dakota County and Guild, a mental health service provider, have partnered to create the Crisis and Recovery Center. The center provides a welcoming place for adult mental health services including assessment, support and short-term residential treatment and stabilization.

The Crisis and Recovery Center is located adjacent to the county's Northern Service Center in West St. Paul. The site is near public transit, government services, shopping, community support programs and other amenities important to people who are accessing mental health services.

Residential services are operated by Guild. All services offered are trauma-informed and focus on recovery. On-site staff include licensed mental health professionals, registered nurses, peer support specialists, therapeutic recreation specialists and a house manager. For more information about Guild, visit guildservices.org.

The center provides three service models:

- Intensive Residential Treatment Services (IRTS) — Treatment for adult mental health disorders in a structured, supportive environment that includes up to a 90-day stay with a focus on recovery.
- Crisis Residential Services (CRS) — Short-term services for adults in acute crisis that include a stay from 1-10 days.

- Place to Go — Mental health assessment and support services for adults experiencing a crisis. This new service was identified as a need in Dakota County's existing crisis services continuum.

The 16,000-square-foot center includes 16 bedrooms with adjoining bathrooms, along with office space, laundry facilities, two kitchens, a shared living room, therapeutic and meditation rooms, and more. The space is fully accessible.

The building design follows the state's guidelines to meet sustainability goals for water, green space, energy, indoor environment, materials and waste.

PROJECT FUNDING

State bonding	\$6 million
Minnesota Department of Human Services grant	\$3.46 million
Federal ARPA funds	\$4.64 million
Total	\$14.1 million





Building highlights

SITE

- Located next to Dakota County Northern Service Center.
- On-site storm water treatment system.
- Four electric vehicle charging stations.
- Bike rack and proximity to public transportation.

EXTERIOR DESIGN FEATURES

- Triple pane windows, above code minimum thermal insulation and acoustic design.
- Standing seam metal roof on sloped roof.
- Exterior cladding mix is low maintenance; thermally modified wood siding is sustainably harvested.

MECHANICAL AND ELECTRICAL

- Building has a geothermal heating and cooling system.
- Majority of building systems are electric, including all-electric commercial kitchen appliances.
- LED lighting throughout and lighting control programming.
- Solar panels on the roof to meet on-site power generation requirements (approx. 5.2 kW).



INTERIOR DESIGN FEATURES

- The overall design followed trauma-informed design principles to create a calming space to promote well-being, healing and safety for all users.
- Interior finish materials are durable and easy to maintain and clean.
- Furnishings are health care-grade, for increased life span and cleaning capabilities.
- Clear wayfinding with direct views to the exterior for easy orientation.
- Emphasis on offering multiple views to the exterior to connect with nature and to provide natural light into the interior spaces.
- Nod to Guild's existing South St. Paul facilities with natural wood throughout the building.
- Use of murals to evoke healing, calmness, and a positive response through color and form.

Learn more: www.dakotacounty.us, search *crisis and recovery*

