

Parenting is a
difficult job —
especially with
young children.



We can help.

If you live in Dakota County, a parent of a child age 10 and younger, and need support with parenting challenges, help may be available.

We focus on your strengths and needs and connect you to community resources.

Dakota
COUNTY

We offer short-term help and can connect you and your family to:

- Financial assistance.
- Food support.
- Housing.
- Transportation.
- Mental health and substance use services.
- Domestic violence advocacy.
- Early childhood programs.

Getting help — even for a short period of time — can make a big difference.

Call Children and Family Services Intake: 952-891-7459 and request

Parent Support Outreach Program services.

If you are pregnant and using alcohol or drugs, ask about our **Safe and Healthy Start Program.**



Children and Family Services

14955 Galaxie Ave.

Apple Valley, MN 55124

www.dakotacounty.us, search *parent support*

Dakota County has partnered with early learning programs ECFE and ECSE, Head Start, Dakota County Public Health including WIC, and 360 Communities Lewis House to make referrals to this program with consent from the parent and a signed release of information.