



AGING IN PLACE IN YOUR COMMUNITY

RESOURCES FOR
DAKOTA COUNTY

GENERAL INFORMATION

AARP
www.aarp.org
1-888-687-2277

Dakota County Library
(Wentworth Library has: “Dementia: A Resource List”)
www.dakotacounty.us/libraries
651-450-2900

DARTS
www.darts1.org
651-455-1560 (hotline)

Metropolitan Area Agency on Aging
www.metroaging.org
651-641-8612

Next Avenue
www.nextavenue.org
News/Information for people over 50

Senior LinkAge Line
www.MinnesotaHelp.info
1-800-333-2433

TRANSPORTATION

DARTS (See TRAC Transportation Options Resource Guide)
www.darts1.org/transportation
651-455-1560

GoDakota
Transportation Resource Guide
www.co.dakota.mn.us (Search: GoDakota)
651-554-6956

Hastings Family Service
(Just Friends program)
www.hastingsfamilyservice.org
651-437-7134

Metro Mobility
(for ADA-certified passengers)
www.metromobility.org
651-602-1111

Metropolitan Council
www.metrocouncil.org
651-602-1000

Neighbors, Inc. (volunteer-driver provider)
www.neighborsmn.org
651-455-1508

Transit Link (Dial-a-Ride service)
www.transitlinktc.org
651-602-5465

Dakota County Public Health Department
Communities for a Lifetime Initiative
1 Mendota Road West, Suite 410
West St. Paul, MN 55118-4771
www.dakotacounty.us (Search: “CFL”)

This list is a general guide to resources and does not imply endorsement by the Dakota County Public Health Department. This information is subject to change.

HEALTH

Alzheimer's Association (24/7 Helpline)
www.alz.org
1-800-272-3900

**Dakota County
Community Living Services**
(Aging & Disability) Intake
www.dakotacounty.us
651-554-6336

Go4Life
(an exercise and physical activity
campaign)
<https://go4life.nia.nih.gov>

Juniper (find a health class near you)
www.yourjuniper.org
1-855-215-2174

Minnesota Health Department
www.health.state.mn.us
1-888-345-0823

NAMI Minnesota
(The National Alliance on Mental Illness)
www.namihelps.org
651-645-2948

Veterans Services
www.dakotacounty.us (Search: Veterans)
651-554-5601

COMMUNITIES FOR A LIFETIME

AARP Livable Communities
www.aarp.org/livable-communities
1-888-687-2277

Center for Community Vitality
www.extension.umn.edu/community
612-624-1222

Communities for a Lifetime Initiative
www.dakotacounty.us (Search: CFL)
651-554-6104

**Dakota County
Volunteering Opportunities**
www.dakotacounty.us (Search: Volunteer)
651-438-4635

MN Lifetime Communities
www.mnlifetimecommunities.org
651-431-2606

MN Senior Corps
www.mnseniorcorps.org
651-310-9443

Vital Aging Network
www.vital-aging-network.org
651-917-4652

ACCESSIBILITY

Access Solutions
www.AccessSolutions.org
952-495-6006

Accessible Homes
www.AccessibleHomesLLC.com
651-450-5629

DARTS – Home Repairs
www.darts1.org
651-455-1560

Lifeway Mobility Minneapolis
www.lifewaymobility.com/offices/mnpls
651-462-3444

Rebuilding Together Twin Cities
www.rebuildingtogether-twincities.org
651-776-4273

DAILY LIVING

Community Action Partnership

www.capagency.org

651-322-3500

Dakota County Assistance

(SNAP Food Support)

www.dakotacounty.us

651-554-5611

Dakota County Community Living

Services Intake (Aging & Disability)

www.dakotacounty.us

651-554-6336

Help at Your Door

www.helpatyourdoor.org

651-642-1892

Living Well at Home (Rapid Screen)

www.mnlivewellathome.org

651-431-2500

Metro Meals on Wheels

www.meals-on-wheels.com

612-623-3363

Minnesota Food Helpline

www.hungersolutions.org

1-888-711-1151

Own Your Future MN

(Long-term care planning)

www.mn.gov/ownyourfuture

1-800-333-2433

HOUSING

Dakota County

Community Development Agency

www.dakotacda.org

651-675-4400

Dakota County Housing Crisis Line

www.dakotacounty.us (Search: Housing assistance)

651-554-5751

Metropolitan Council

www.metrocouncil.org

651-602-1428

Senior Housing Directories

www.seniorhousinginc.org

www.seniorhousingguide.us

Silvernest (Roommate matching service)

www.silvernest.com

1-866-757-6378