

SHIP 2023 Schools Wellness Community Partner Awards (CPA) Instructions and Application



Dakota County school districts are eligible to apply for SHIP 2023 School Wellness Community Partner Awards funds through Dakota County Public Health with funding from the Statewide Health Improvement Partnership (SHIP) of the Minnesota Department of Health. The Statewide Health Improvement Partnership (SHIP) builds thriving communities by using community-driven solutions, so everyone can live longer, healthier lives. Schools play a critical role in promoting the health and safety by creating opportunities for sustainable change through policy revisions, supporting healthy behaviors and creating environments to support the health and well-being of our students, educators, and school community.

The [Whole School, Whole Community, Whole Child, or WSCC model](#), is CDC’s framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices. **DC SHIP will be utilizing the WSCC model for the SHIP 2023 School Wellness Community Partner Award funding cycle.**

IMPORTANT DATES

Grant Solicitation Period:	February 6 – March 31, 2023
Application Due Date:	March 31, 2023
Review/Selection/Notification:	by April 14, 2023
Estimated Contract Start Date:	June 1, 2023 (or as soon as contract is active)
Project Implementation:	June 1, 2023 – June 14, 2024
Invoices Due:	11/13/23; 3/15/24; 06/30/24
Reporting Document Due:	11/15/24
SHIP School Wellness Meetings	5/17/23; 9/20/23; 1/17/24; 5/22/24; 10/9/24

ELIGIBILITY

SHIP 2023 School Wellness Community Partner Award is open to all 10 public school districts within Dakota County. Each district will be provided a **pre-calculated maximum amount of eligible funding**. This is calculated using our school funding tool. Please connect with your District Wellness Chair and/or email your Public Health Liaison to receive your district’s pre-calculated amount.

Component(s) of the WSCC model that align with SHIP 2023 School Wellness Community Partner Awards:

Local School Wellness Policy Revision

*Note: an update of the local school wellness policy (LSWP) can be included in **any** of the WSCC components below or be a stand-alone priority. DC SHIP can support this process.*

Physical Education and Physical Activity

Nutrition Environment and Services

Health Education

Social Emotional Climate

Physical Environment

- Health Services Counseling, Psychological and Social Services
 Employee Wellness Community Involvement Family Engagement

AWARDS and SELECTION

Complete and email this form to your public health liaison by Friday, March 31, 2023 at 5 P.M.

DC Public Health Liaison contact information listed on page 3.

- **IMPORTANT:** A district may submit up to 3 application forms (one project per application form). *If your district is interested in submitting additional applications, please reach out to your Public Health Liaison.*
- ALL SHIP mini-grant proposals must come from your district (or site’s) Wellness Committee (or a similar functioning committee).
- Applicants must identify a ‘**Project Champion**’ who will be the primary project contact person as well as an identified and authorized contractor signor (e.g. principal, business office staff, administrator)

AWARD EXPECTATIONS

- New and returning districts will be required to sign a new contract agreement with Dakota County.
- All projects must be completed by June 14, 2024.
- Invoices must be submitted at least quarterly and **only after** expenses occur.
- A 10% match is required (note: this can be in-kind, labor, leveraged funds, etc.)
- **Communications:** As a SHIP mini grantee/partner you are required to acknowledge funding support from Dakota County Public Health and the Statewide Health Improvement Partnership on all communication materials. This helps SHIP to continue building a strong statewide and county presence. [SHIP logo guidelines available here.](#)
- This can be accomplished by using the statewide logo and if possible, by including some content about SHIP as a funding source. Example: *“Funding for this project was provided by the Statewide Health Improvement Partnership of Dakota County.”*

EVALUATION

While receiving funds from SHIP, mini grantees/partners are required to complete and submit Final Reporting Forms which are due upon project completion. Please reach out to your public health liaison if you would like a sample.

Success Stories and Photos: Submission of at least one success story, per project, by end of grant cycle. [MDH Success Story Guidelines](#) (Photos with permission, and additional success stories are greatly appreciated).

DAKOTA COUNTY PUBLIC HEALTH LIAISON

District	Liaison Contact	Email	Phone
191	Erin Ostrowski	Erin.Ostrowski@co.dakota.mn.us	651 – 554 - 6154
192	Kjirsten Anderson	Kjirsten.Anderson@co.dakota.mn.us	651 – 554 – 6135
194	Erin Ostrowski	Erin.Ostrowski@co.dakota.mn.us	651 – 554 - 6154
195	Sophie Kalow	Sophie.Kalow@co.dakota.mn.us	651 – 554 - 6119
196	Kjirsten Anderson	Kjirsten.Anderson@co.dakota.mn.us	651 – 554 – 6135
197	Kjirsten Anderson (interim)	Kjirsten.Anderson@co.dakota.mn.us	651 – 554-6135

199	Sophie Kalow	Sophie.Kalow@co.dakota.mn.us	651 – 554 - 6119
200	Marguerite Zauner (interim)	Marguerite.Zauner@co.dakota.mn.us	651 – 554 – 5942
SSD6	Sophie Kalow	Sophie.Kalow@co.dakota.mn.us	651 – 554 - 6119
917	Erin Ostrowski	Erin.Ostrowski@co.dakota.mn.us	651 – 554 - 6154

INSTRUCTIONS

Complete Exhibits 1 – 4 and submit by email to your PH Liaison by 5 pm on March 31, 2023.

EXHIBIT 1 - APPLICANT INFORMATION

District name:	Click here to enter text.
District address:	Click here to enter text.
If project is not district wide, please list name(s) of specific school site(s) impacted:	Click here to enter text.
School site(s) address:	Click here to enter text.
Primary contact for this project: (e.g.: Project Champion)	Name: Click here to enter text. Title: Click here to enter text. E-mail: Click here to enter text.
Wellness committee chair/co-chair contact	Name: Click here to enter text. Title: Click here to enter text. E-mail: Click here to enter text.
Who will sign the contract? (e.g.: principal, financial office representative, nutrition services director, etc)	Name: Click here to enter text. Title: Click here to enter text. E-mail: Click here to enter text.
Estimated number of staff impacted by proposed project?	Click here to enter text.
Estimated number of students impacted by proposed project?	Click here to enter text.

EXHIBIT 2 - SCHOOL WELLNESS COMMITTEE TECHNICAL ASSISTANCE

1. USDA - SCHOOL HEALTH ASSESSMENT

Food and Nutrition Services – USDA requires at least once every three years local educational agency’s (LEAs) conduct or complete? an assessment of school wellness. Please identify the year and assessment type (CDC SHI, Alliance for Healthier Generation – Healthy Schools Program, SHAPE etc) your district has completed within the last 3 years to assess school wellness.

Has your district completed a school health assessment within the last 3 years?

Yes No

If yes, please share the following information

Date of assessment: [Click here to enter text.](#)

Type of assessment: [Click here to enter text.](#)

If within the last 3 years your district hasn’t competed an assessment, a school health assessment will need to be completed as part of this funding requirement. Your public health liaison can support the coordination and completion of this assessment.

2. SCHOOL WELLNESS CONSULTANT

Identify below if your district is interested in receiving free, hands-on technical assistance from our DC school wellness consultant. The primary focus of this consultant will be to partner with our DC public school districts (key administrators and staff) and identify and/or re-engage district wellness partners to create a district-level wellness committee and partner with districts to develop a work plan to a build sustainable wellness committee infrastructure which may include but is not limited to: visioning, goal setting, recruitment, communications, health data review, school community engagement and evaluation planning for wellness committee efforts.

Is your district interested in learning more on how the school wellness consultant can support your school/district?

Yes (*interested to learn more*) No

If yes, your public health liaison will connect you with our DC school wellness consultant and begin the conversation of on how to utilize a consultant to support school wellness at your school/district.

EXHIBIT 3 - SHIP 2023 STRATEGY & PROJECT APPLICATIONS

Please refer to Attachment A. for SHIP 2023 Schools Wellness Community Partner Awards allowable expenses.

Timeline for completion of project:

Contracted timeline: project begins June 1, 2023 – project ends by June 14, 2024

1) Briefly describe your project: *(see attachment A, as needed)*

1. Select the component(s) of the WSCC model that align with project goal:

Local School Wellness Policy Revision

*Note: an update of the local school wellness policy (LSWP) can be included in **any** of the WSCC components below or be a stand-alone priority. DC SHIP can support this process.*

Physical Education and Physical Activity Nutrition Environment and Services

Health Education Social Emotional Climate Physical Environment

Health Services Counseling, Psychological and Social Services

Employee Wellness Community Involvement Family Engagement

a. **Project goal(s):** [Click here to enter text.](#)

b. **List core activities and general timeline for project implementation of project**
(June 2023 – October 2024): [Click here to enter text.](#)

2) How will this project:

a) **Help meet a need of your school, district, and/or community** (please include quantitative or qualitative data, if relevant)?

[Click here to enter text.](#)

b) **Foster a healthy and equitable school environment which considers the needs of all children as the central focus of education?** (e.g.: use data to identify gaps, removing system barriers to student success, prioritizing voices, revising policies and practices, redistributing resources, collaboration with community partners, cultivating positive relationships, integrating school practices and services to serve all students, etc).

[Click here to enter text.](#)

c) **Will your project focus on a specific population and/or group who experience greater barriers to achieving good health?** Yes No

[Click here to enter text.](#)

3) **Who else from the school district will be involved in planning, implementing and/or supporting the project?** (e.g.: wellness committee representatives, students, specific staff/teachers, cultural liaisons or family advocates, Diversity/Equity/Inclusion directors etc.)

[Click here to enter text.](#)

- 4) **How do you plan to communicate/share-out this project in your school community?** (e.g. social media, district website, in school announcements, staff newsletters, bulletin boards, parent communications, etc.)
Click here to enter text.
- 5) **Share your ideas for how this effort will be sustained after this award/project period.** (e.g. district policy will be updated to reflect current/new practices, staff will incorporate new skills into their teaching methods, additional funding by school or other grant, community partnerships, etc.)
Click here to enter text.
- 6) **What would *success* look like for this proposed project in creating sustainable change in your school, district, and/or community?**
Click here to enter text.

*Examples of what **success** might look like:

- *Revise/update district's policy to include a comprehensive commercial tobacco-free K-12 school model policy.*
- *Plan and develop a Walking School Bus route which allows 25 students to walk safely to school 3x per week with staff supporting the initiative by alternating days to lead the route.*
- *Creation of a calm room at the high school and new policy/procedures which were adopted by district to support the well-being of the students*
- *Provide staff professional development (PD) training to all district staff on trauma-informed practices during a PD day with goal of 100 staff attending training*

EXHIBIT 4 - PROPOSED PROJECT BUDGET

Budget Item	Brief Description <i>(Include description of how time and/or purchases will be utilized and how request was calculated)</i>	TOTAL \$ Requested
District Staff Project Champion Staff Time (Max of 2 champions per site or project) (Max \$250 (gross income) per person, per site (\$500 Total) per cycle)	Name/Position: [Redacted] Name/Position: [Redacted]	\$ [Redacted]
Staff time and/or sub time <i>(to attend approved trainings)</i>	[Redacted]	\$ [Redacted]
Training Fees <i>(may be virtual or in-person)</i>	[Redacted]	\$ [Redacted]
School Wellness Consultant Time <i>(approximation)</i>	[Redacted]	\$ [Redacted]
All other Materials/Supplies/Equipment/Curriculum	[Redacted]	\$ [Redacted]
Other	[Redacted]	\$ [Redacted]
TOTAL MINI-GRANT REQUEST		\$ [Redacted] (Total of above)
<i>Estimated in-kind (10% minimum of total mini-grant request)</i>	[Redacted]	\$ [Redacted]
TOTAL PROJECT BUDGET (Total mini-grant request + <i>Estimated in-kind</i>)	[Redacted]	\$ [Redacted] (Total of mini-grant request + <i>Est. in-kind</i>)

SHIP 2023 Dakota County School Wellness

Community Partner Award using the CDC Whole School, Whole Community, Whole Child (WSCC) Model Framework

The Statewide Health Improvement Partnership (SHIP) builds thriving communities by using community-driven solutions, so everyone can live longer, healthier lives. Schools play a critical role in promoting the health and safety by creating opportunities for sustainable change through policy revisions, supporting health behaviors and creating environments to support the health and well-being of our students, educators, and school community. Doing this creates sustainable and long-lasting impact. Research shows a link between the health outcomes of young people and their academic success. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices.



The [Whole School, Whole Community, Whole Child, or WSCC model](#), is CDC's framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement and the importance of evidence-based school policies and practices. **DC SHIP will be utilizing the WSCC model for the SHIP 2023 School Wellness Community Partner Award funding cycle.**

ALLOWABLE EXPENSES ACROSS ALL SHIP SCHOOL WELLNESS STRATEGIES:

- **Project Champion (district staff time):** Up to \$250 per person per calendar year with a max of \$500 per site and/or project. May be used for time spent on project planning, assessments, community engagement (e.g. with school administrators, students, staff, families), implementation of the effort, communication, final report completion, etc.
- **Substitute teacher or non-teacher staff time:** for staff to attend trainings that link to project.
- **School Wellness Consultant time:** district may decide to contract with an external wellness consultant to provide content expertise. Please see page 4 for additional resources.
- **Evidence-Based Curriculum:** Must be pre-approved by public health liaison and directly related to your project goal.
- **Training Costs or Fees:** To attend trainings or host onsite training.
- **Materials/Supplies/Equipment:** In some cases, there is a maximum amount allowed for materials, supplies or equipment. Please see table below for more detail and examples.
- **Educational/promotional materials:** ONLY to support a policy, systems- or environmental change related to the proposed project. Examples include design, production, and printing of items such as banners or other items that can be re-used annually, not applicable for one-time flyers or handouts.

SCHOOL PARTNERS WILL NEED TO COMPLETE A SCHOOL HEALTH ASSESSMENT AS PART OF FUNDING REQUIREMENT THIS CYCLE. Food and Nutrition Services – USDA requires local educational agency's (LEAs) to assess school wellness at least once every three years. Please identify within your School Wellness Community Partner Award (CPA) application the year and assessment type (CDC SHI, Alliance for Healthier Generation – Healthy Schools Program, SHAPE etc) your district has completed within the last 3 years to assess school wellness. **NOTE:** if the district hasn't completed an assessment within the past 3 years, a school health assessment will need to be completed as part of this funding requirement. Your public health liaison can support the coordination and completion of this assessment.

SCHOOL WELLNESS CONSULTANT Please identify in the SHIP 2023 School CPA application if your district is interested in receiving this free, hands-on technical assistance from our DC school wellness consultant. The primary focus of this consultant will be to partner with our DC public school districts and identify and/or re-engage district wellness partners to create a district-level wellness committee and partner to develop a work plan to a build sustainable wellness committee infrastructure.

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD COMPONENTS

DC SHIP 2023 CPA allowable funding options are outlined under the red headers within each of the 10 components of the WSCC model.

COMPONENT 1: PHYSICAL EDUCATION AND PHYSICAL ACTIVITY

Schools can create an environment that offers many opportunities for students to be physically active throughout the school day. A well-designed physical education program provides the opportunity for students to learn key concepts and practice critical skills needed to establish and maintain physically active lifestyles throughout childhood, adolescence and into adulthood.

SHIP 2023 PROJECT FUNDING OPTIONS

- Safe Routes to School** – use your school or district’s [Safe Routes to School Comprehensive Plan](#) to identify the program or strategy to implement with this funding cycle. Eg: arrival and dismissal materials/supplies, incentives for walk to school day, materials/supplies for bike rodeo, signage/stickers for events.
- Outdoor classroom** with a review/update of the local school wellness policy to encourage sustainable programming. Dakota County Outdoor Classroom starter kit. Your PH Liaison can provide you a list. *Maximum of \$2,000 for materials and equipment per site.*
- OTHER:** School identified training or project which aligns with district wellness goals focused on physical activity.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP has a long-standing, working relationship with city planners, parks directors and school staff through Active Living Dakota County (ALDC) which focuses on active living, green ways, and safe routes to school. Fall 2022 DC Public Health launched an optional Safe Routes to School Community of Practice; a convening of school and community partners to expand knowledge, resources and community collaboration across the County in the scope Safe Routes to School. Learn more contact Sophie Kalow at Sophie.Kalow@co.dakota.mn.us.

COMPONENT 2: NUTRITION ENVIRONMENT AND SERVICES

The school nutrition environment provides students with opportunities to learn about and practice healthy eating. Healthy eating has been linked in studies to improved learning outcomes and helps ensure that students are able to reach their potential.

SHIP 2023 PROJECT FUNDING OPTIONS

- Second chance or share tables/carts** where students can leave unopened, unwanted food to be redistributed to other students.
- Materials and supplies** to support taste-testing of new, healthier offerings or summer feeding programs.
- Healthy food learning opportunities** Eg: supplies/materials for taste tests, culturally relevant cooking class with lesson plan.
- School agriculture** Eg: starter kit for school garden
- OTHER: OTHER:** School identified training or project which aligns with district wellness goals around healthy eating.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP has a long-standing, working relationship with school partners to support healthy eating and food access efforts. Learn more on Health Eating and Food Access within the County, contact Erin Ostrowski at Erin.Ostrowski@co.dakota.mn.us.

COMPONENT 3: HEALTH EDUCATION

Health education, based on an assessment of student health needs and planned in collaboration with the community, ensures reinforcement of health messages that are relevant for students and meet community needs. Students might also acquire health information through education that occurs as part of a patient visit with a school nurse, through posters or public service announcements, or through conversations with family and peers.

SHIP 2023 PROJECT FUNDING OPTIONS

- **Community tobacco and vaping prevention staff training** provided FREE by DC Health Promotion Staff. Contact Kjirsten.Anderson@co.dakota.mn.us to learn more and schedule a staff training.
- Review and update/adopt **Comprehensive K-12 School Commercial Free Tobacco Policies** - The Public Health Law Center's K-12 School Model Commercial Tobacco Policy is a national resource for states, school districts, and schools that are creating or strengthening a commercial tobacco policy. Presenters will provide an overview of the key features of a comprehensive K-12 school policy, with special focus on examples of alternatives to suspension and expulsion for student violations that put the health and well-being of the child first.
- **Health Education Curriculum Assessment Tool (HECAT)** - HECAT online is a free, interactive tool that allows you to work collaboratively in teams to complete projects related to curriculum analyses, comparing strengths and weaknesses of multiple curricula, and developing a **scope and sequence (S&S)** for health education.
- **Implementation support of curricula** (e.g.: alcohol and other drug use and abuse, healthy eating/nutrition, mental and emotional health, personal health and wellness, physical activity, safety and injury prevention, sexual health, tobacco use, and violence prevention).
 - **CURRICULA HIGHLIGHT: BE REAL. BODYKIND BODY IMAGE CURRICULUM FOR HIGH SCHOOLS** -- According to the 2019 Minnesota Student Survey, students are bullied more for weight or size and physical appearance than for gender expression, race, religion or physical disability. This curriculum is aligned with the CDC's WSCC framework and was **piloted at Brooklyn Center Community High School**.
- **OTHER:** School identified training or project which aligns with district wellness goals focused on health education.

DEEPENING SCHOOL WELLNESS BEYOND SHIP FUNDING

SHIP partners with DC Public Health teams to support health education within our school districts. Your Public Health Liaison can connect you with the proper contact to learn more.

COMPONENT 4: SOCIAL AND EMOTIONAL CLIMATE

Social and Emotional Climate refers to the psychosocial aspects of students' educational experience that influence their social and emotional development. A positive social and emotional climate is conducive to effective teaching and learning. Such climates promote health, growth, and development by providing a safe and supportive learning environment.

SHIP 2023 PROJECT FUNDING OPTIONS

- **Trauma-Informed Training:** Trauma-informed trainings and programs emphasizes physical, psychological and emotional safety for students, families and staff and helps trauma survivors rebuild a sense of control and empowerment. Becoming "trauma-informed" means recognizing that people often have many different types of traumas in their lives.
- **Trauma-Informed Skills for Educators (TISE)**. TISE is a self-paced, user-friendly e-learning course designed to help K-12 educators recognize trauma and support students who may be affected by trauma. **Training Fee: \$24.95 per license** for the entire TISE e-learning course, including modules, materials, activities and resources.
- **Becoming Trauma-Informed: A primer for educators**. Online, self-guided training with 8 CEUS designed for K12 teachers, staff, and administrators, higher-ed faculty, and student affairs staff. You will learn the basic

understanding of psychological trauma and its impact in both K-12 and higher education and strategies for intervention. Learners will be able to recognize and respond to signs of traumatic stress and know where to find additional help when necessary. **Training Fee: \$125 per registrant**

- **Cultural Competency for Educators:** This PELSB-approved course meets licensure renewal requirements for K-12 educators in Minnesota who need to complete cultural competency training. Online, self-guided training with 16 CEUs designed for MN teachers, principals, superintendents, and educational support staff. **Training Fee: \$160 per registrant**
- **Restorative Practice or Restorative Circles:** Minnesota Department of Education has created a School Climate Center with resources on implementing restorative practices in schools, including an implementation guide, administrator's guide, facilitator's toolkit, trainer's guidance for working with schools and an appendix with resources and tools. **Cost dependent on trainer or program.**
- **Chill Zones** with review/update of local school wellness policy to encourage sustainable programming. *Maximum of \$2000 for materials and supplies per site.*
- **OTHER:** School identified training or project which aligns with district wellness goals focused on mental health and well-being.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOLS WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP has a long-standing, working relationship with school partners to support mental health, well-being and suicide prevention efforts. DC Public Health has launched a Mental Health and Resiliency Community of Practice; a regular opportunity for educators to learn and reflect together about promoting mental health in our school communities using the [Classroom WISE training](#) from the National Center for School Mental Health. Learn more on Mental Health and Well-Being within the County, contact Natalie Vasilj at Natalie.Vasilj@CO.DAKOTA.MN.US.

COMPONENT 5: PHYSICAL ENVIRONMENT

A healthy and safe physical school environment promotes learning by ensuring the health and safety of students and staff. The physical school environment encompasses the school building and its contents, the land on which the school is located, and the area surrounding it.

SHIP 2023 PROJECT FUNDING OPTIONS

- **Water access in schools** – hydration station installations 1 per site with funding capped at \$1500 with station cost, cannot pay for installation/services
- **Suicide Prevention Training:** Minnesota Department of Health uses a public health approach to prevent suicides by supporting and coordinating state-funded suicide prevention activities and state suicide prevention plan, providing technical assistance and data to support community-based prevention programs. MDH created a list of suicide prevention trainings are available for community groups and are delivered by certified trainers.
- **OTHER:** School identified training or project which aligns with district goals to focused on school environment.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP partners with DC Environmental Team to support school waste reduction and recycling (including sorting tables) along with safe vaping disposal. Your Public Health Liaison can connect you with the proper contact to learn more about these environmental efforts.

COMPONENT 6: HEALTH SERVICES

School health services intervene with actual and potential health problems, including providing first aid, emergency care and assessment and planning for the management of chronic conditions. These services are also designed to ensure access and/or referrals to the medical home or private healthcare provider. Health services connect school staff, students, families, community, and healthcare providers to promote the health care of students and a healthy and safe school environment.

DEEPENING SCHOOL WELLNESS BEYOND SHIP FUNDING

SHIP partners with DC Public Health (DCPH) to support school health services including school immunization, infectious disease and be a thinking partner on school-based health center interest; serving as a connector with primary care clinics, organizations and provide support in seeking funding to support school-based health work. Learn more on Health Services within the County, contact Beth Reilly, DC School Health Specialist at beth.reilly@co.dakota.mn.us.

COMPONENT 7: COUNSELING, PSYCHOLOGICAL, AND SOCIAL SERVICES

These prevention and intervention services support the mental, behavioral, and social-emotional health of students and promote success in the learning process. School-employed mental health professionals ensure that services provided in school reinforce learning and help to align interventions provided by community providers with the school environment. SHIP is focused on population-level support and trainings.

See Component 4 on Social and Emotional Climate above.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP focuses on population level support and trainings. SHIP partners with DC Social Services to support school counseling, psychological and social services. Your Public Health Liaison can connect you with SEL partners.

COMPONENT 8: EMPLOYEE WELLNESS

Schools are not only places of learning, but they are also worksites. Fostering school employees' physical and mental health protects school staff, and by doing so, helps to support students' health and academic success. They serve as powerful role models for students and may increase their attention to students' health.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

Dakota County works with professional worksites to support employers in the areas of SHIP focus. Lactation Workplace support for schools is a separate project from the SHIP School Wellness Community Partner Award application. Dakota County is offering stipends and assistance to create policies and practices to improve the wellbeing of lactating individuals at your organization. Participating worksites will receive assessment tools, support in establishing a wellness committee, customized goals, metrics and personalized technical assistance. To apply, visit [Dakota County's online application](#). Email Anna Kuczarskyj with questions: Annakuczarskyj@healthsource-solutions.com. Applications will be accepted on an ongoing basis through March 2023 or until all 10 spots are filled.

COMPONENT 9: COMMUNITY INVOLVEMENT

The school, its students, and their families benefit when leaders and staff at the district or school solicits and coordinates information, resources, and services available from community-based organizations, businesses, cultural and civic organizations, social service agencies, faith-based organizations, health clinics, colleges and universities, and other community groups. Schools, students, and their families can contribute to the community through service-learning opportunities and by sharing school facilities with community members.

SHIP 2023 PROJECT FUNDING OPTIONS

- Early Learning Center** programming in collaboration with community partners
- Community Education** programming in collaboration with community partner
- Support **out-of-school-time** programs
- Review local wellness policies** to see how they address physical activity and nutrition before or after school.
- Provide **opportunities for students to be physically active before and after school**—for example, through intramural sports, walking clubs, and active transportation to and from school.

- OTHER:** School identified training or project which aligns with district goals of deepening community work within the school setting.

DEEPENING SCHOOL WELLNESS BEYOND SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

SHIP partners with local community-based organizations to expand healthy eating, physical activity, commercial tobacco-free living and mental health and well-being support within DC public school districts. Your Public Health Liaison be a bridge for community connection.

COMPONENT 10: FAMILY ENGAGEMENT

Families and school staff work together to support and improve the learning, development, and health of student. School staff are committed to making families feel welcomed, engaging families in a variety of meaningful ways, and sustaining family engagement. Families are committed to actively supporting their child’s learning and development. This relationship between school staff and families cuts across and reinforces student health and learning in multiple settings—at home, in school, in out-of-school programs, and in the community.

SHIP 2023 PROJECT FUNDING OPTIONS

- Early Learning Center** programming with student and family focus offerings
- Community Education** programming with student and family focus offerings
- Strengthening family engagement in district school **wellness committee**
- Training (E.g.: Intergenerational **programming**)
- OTHER:** School identified training or project which aligns with district goals of deepening family engagement within the school setting.

DEEPENING SCHOOL WELLNESS WITHIN SCHOOL WELLNESS COMMUNITY PARTNER AWARD FUNDING

Reach out to your Public Health Liaison to develop a family engagement proposal to meet the need of your school community.