#### Your child may have been exposed to:

Haemophilus Influenzae Type b (Hib) Haemophilus influenzae type b (Hib) bacteria can cause a number of serious illnesses. It is not related to influenza or "stomach flu". Infection with Hib is extremely rare if your child has received the Hib vaccine.

**If you think your child has Hib,** tell your childcare provider.

Keep your child home from <u>childcare</u> until he/she has been treated and is healthy enough for routine activities.

For more information, call Dakota County Public Health Department at 952-891-7500.

#### Symptoms

Your child may have a fever with any of these conditions.

<u>Meningitis</u> - Your child may be tired, fussy and not want to eat. They may also have a stiff neck, vomiting, and headache.

<u>**Cellulitis</u>** - May have swollen skin, usually on the cheek or around the eye. Your child may also have an ear infection on the same side.</u>

**<u>Epiglottitis</u>** - It may be hard for your child to swallow and to breathe. Your child may be tired.

If your child has been infected, it may take 2 to 4 days for symptoms to start.

## Spread

- By sneezing or coughing.
- By touching hands, surfaces, or objects contaminated with secretions from the nose or mouth.

### **Contagious period**

Until 24 to 48 hours after effective treatment begins.

### Call your health care provider

• If anyone in your home has symptoms of Hib. Your doctor may want to test for the bacteria and provide treatment.

# Prevention

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues in the trash.
- Wash hands after touching anything that could be contaminated with secretions from the nose or mouth. Your child may need help with handwashing.
- Clean and disinfect anything contaminated with secretions from the nose or mouth. Use a product that kills germs.
- In Minnesota, all children between the ages of 2 months and 5 years who are in a licensed childcare setting must have Hib vaccine or a legal exemption.

For more information, call Dakota County Public Health Department at 952-891-7500.

www.dakotacounty.us

