

# Halgantaa?

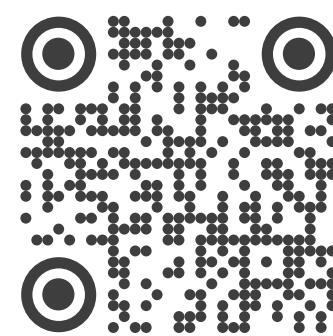
Kaligaa  
ma  
tihid



## Caawinaad waa la heli karaa

Wac **952-891-7171** si aad u hesho taleefoon 24-saac ah iyo taageero fool-ka-fool ah unugta ka jawaabista xasaradaha ee degmada Dakota.

Qoraal "**988**" si aad u hesho taageero 24-saac ah hadda ama booqo [988lifeline.org](http://988lifeline.org) si aad u hesho doorashooyin badan oo wada sheekaysi ah.



East Metro Crisis Alliance

Baadh koodka QR si aad wax badan uga ogato caawimada aad heli karto adiga ama qofka aad jeceshahay.

*Dakota*  
COUNTY